

Hell & High Water



Choreographed by : Karen & Nigel Poll - October 2017 pollykaz7@live.co.uk
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Description : 64 count dance, Facing ILOD Lady behind man holding hands behind man's back. Same Footwork throughout
Music: **Hell and High Water by T Graham Brown Album Snapshot**
16 count intro start on the word 'Worry'

Side Shuffle, Rock Back $\frac{1}{4}$ Left, Shuffle Forward, Step Pivot $\frac{1}{2}$ Left

- 1-4 Right Side Shuffle, Rock back Left turning $\frac{1}{4}$ left, Recover Right (facing RLOD, lady on Left side of man)
5-8 Left Shuffle forward, Step forward Right, Pivot $\frac{1}{2}$ turn Left (into Sweetheart Position Facing LOD)

Walk Right, Left, Right Shuffle, Changing Sides, Turn $\frac{1}{4}$ Left, Weave

- 9-12 Walk Right Left, Right Shuffle, (Lady crossing in front of Man)
13-16 Turn $\frac{1}{4}$ Left stepping Forward Left, Right to Right Side, Left behind Right, Right to Right Side
(Man behind Lady facing ILOD)

Cross Rock, Recover, Left Side Shuffle, Rock forward, Recover, Shuffle Back

- 17-20 Cross Rock Left over Right, Recover Right, Left Side Shuffle
21-24 Rock Forward Right, Recover Left, Right Shuffle Back

Rock Back, Turn $\frac{1}{4}$ Left, Recover, Left Shuffle Forward, Turn $\frac{1}{4}$ Walk Right, Left, Right Shuffle (Changing Sides)

- 25-28 Rock Back Left turning $\frac{1}{4}$ turn Left, Recover Right, Left Shuffle Forward (facing RLOD)
29-32 **Man** - Step Forward Right turning $\frac{1}{4}$ Right, Step Forward Left turning $\frac{1}{4}$ Right, Right Shuffle Forward (LOD)
Lady - Step Forward Right turning $\frac{1}{4}$ Left, Step Forward Left turning $\frac{1}{4}$ Left, Right Shuffle Forward
(Keeping hold of hands, keeping Left hands low, Man turning under Right arms,
Lady behind Man, bringing Left arms over Man's head into VW position)

Step Lock Shuffle, Cross Rock, Side Shuffle $\frac{1}{4}$ Turn

- 33-36 Step Forward Left, Lock Right Behind Left, Left Shuffle Forward (LOD) (release Right hands)
37-40 Cross Rock Right, Recover Left, Right Shuffle $\frac{1}{4}$ Right (facing OLOD, Man behind Lady Indian Position)

Rock Forward, Recover, Shuffle Back (Lady Full Turn, Shuffle) Rock Back, Recover, Right Shuffle

- 41-44 **Man** - Rock Forward Left, Recover Right, Left Shuffle back
Lady - Step Forward Left Pivot $\frac{1}{2}$ Right, Shuffle $\frac{1}{2}$ Turn Right
(Lady turning under Left arms)
45-48 Rock Back Right, Recover Left, Right Shuffle Forward

Rock forward, Recover, Shuffle $\frac{1}{4}$, Step Lock Shuffle Forward

- 49-52 Rock Forward Left, Recover Right, Turn $\frac{1}{4}$ Left, Left Shuffle (Sweetheart Position)
53-56 Step Forward Right, Lock Left behind Right, Right Shuffle Forward, (LOD)

Rock Forward, Recover, Shuffle $\frac{1}{2}$ Turn, Step Forward Right, Pivot $\frac{3}{4}$ Left, Side Right, Close Left Beside Right.

- 57-60 Rock Forward Left, Recover on Right, Shuffle $\frac{1}{2}$ Left (RLOD)
61-64 Step Forward Right, Pivot $\frac{3}{4}$ turn Left, Recover Left, Step Side Right, Close Left beside Right.
(Man Turn under Left Arms, drop Left, Pick up Right arms as Lady turns under.
To end Facing ILOD, Lady behind Man).

Start Again