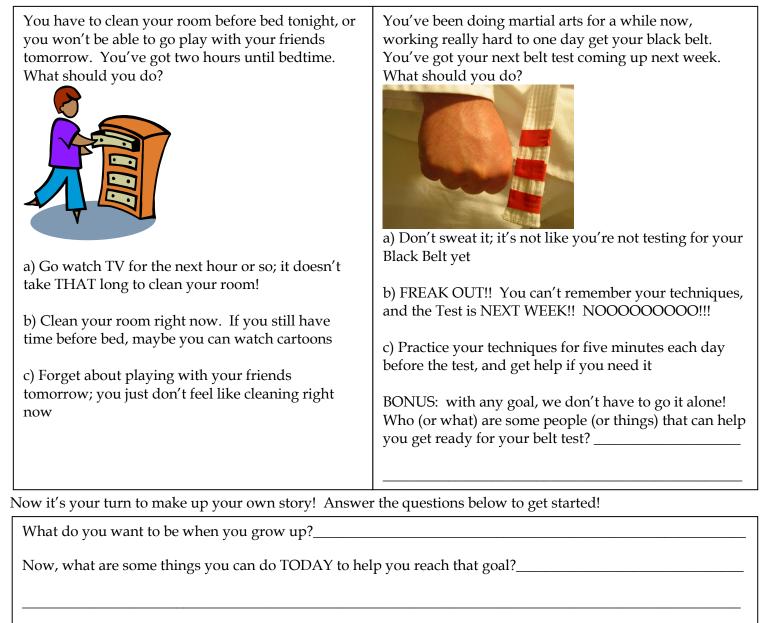
A GOAL is anything you want to do. Want to score a point in soccer? That's a GOAL! Want to get straight A's in school? That's a GOAL, too! Want to president of the United States? Guess what, that's a GOAL!

Any time we go to reach a goal, there are certain things we must do, and distractions we must avoid so we can reach those goals. Read each story below, then circle the choice that would best help you reach the goal each time



Tell me about one GOAL you reached this week: one thing that YOU wanted to do or had to do! Remember, our goals don't all have to be big! Reaching little goals, one at a time, can add up to some very big things!