

Sparks Athletics Tumbling Class Schedule

14750 LaPlaisance Road, Monroe, MI 48161 * (734) 639-2118 * www.sparksignite.com

Sunday

2:00-3:00	Tumble Bugs	\$10
2:00-3:00	Adult Fitness & Tumbling	\$10
3:00-4:00	All Level Tumbling	\$15
3:00-4:00	Boys Only Tumbling	\$15
4:00-5:00	Stunt Class	\$10
4:00-5:00	Special Needs "Tumble Time"	\$15
5:00-6:00	Strength/Flex/Jumps/Motions	\$10
5:00-6:00	8 th -12 th Grade Tumbling	\$15
6:00-7:00	American Ninja Cheerleader	\$10
6:00-7:00	Open Gym with Instructor	\$15

Tuesday

5:00-6:00	Level 1 & 2	\$15
5:30-6:30	Tumble Bugs	\$10
6:30-7:30	Adult Fitness & Tumbling	\$10
7:00-8:00	Tuck/Level 3 & 4	\$15
7:00-8:00	Boys Only Tumbling	\$15
8:00-9:00	Back Handspring Class	\$15
8:00-9:00	All Level Tumbling	\$15

Thursday

5:00-6:00	All Level Tumbling	\$15
5:00-6:00	Strength/Flex/Jumps/Motions	\$10
5:30-6:30	Tumble Bugs	\$10
6:00-7:00	Back Handspring Class	\$15
6:30-8:30	Throwdown Thursday	\$20
7:00-8:00	Tuck/Level 3 & 4	\$15
7:00-8:00	American Ninja Cheerleader	\$10
8:00-9:00	Open Gym with Instructor	\$15

Monday

5:00-6:00	All Level Tumbling	\$15
6:00-7:00	Tumble Bugs	\$10
6:00-7:00	Level 1 & 2	\$15
6:00-8:00	Manic Mondays	\$20
7:00-8:00	Strength/Flex/Jumps/Motions	\$10
7:00-8:00	Front Tumbling	\$15
8:00-9:00	Tuck Class	\$15
8:00-9:00	Open Gym with Instructor	\$15

Wednesday

5:00-6:00	All Level Tumbling	\$15
5:00-6:00	Front Tumbling	\$15
6:00-7:00	Level 1 & 2	\$15
6:00-7:00	Strength/Flex/Jumps/Motions	\$10
7:00-8:00	Stunt Class	\$10
7:00-8:00	Tuck Class	\$15
8:00-9:00	Full Twisters	\$20
8:00-9:00	Open Gym with Instructor	\$15

Prepaid Class Packages

"S" Class Packages (For any \$15 class)

4 Classes = \$40

6 Classes = \$60

8 Classes = \$80

"A" Class Packages (For any \$20 class)

4 Classes = \$65

6 Classes = \$100

8 Classes = \$130

"★" Class Packages (For any \$10 class)

4 Classes = \$30

6 Classes = \$45

8 Classes = \$60

*Athletes may do an hour open gym anytime as long as space permits.