

<u>Timetable for The Carers Centre LLR – December 2022</u>

Date	Day	Time	Group	Title
1 st	Thursday	11.00 -12.30	Crafty Carers	Christmas Decorations
2 nd	Friday	11.00 – 12.30	Together We Care Carers of Adults	Guest Speaker – Care Home Selection
6 th	Tuesday	10.00 -11.30	Together We Care Parent Carers of U25's	Guest Speaker – Centre for Fun and Families
7 th	Wednesday	10.30 – 12.00	Together We Care North Leicestershire Carers	Have your say about Future Sessions for the TWC Group
7 th	Wednesday	1.00 – 2.30	Together We Care Rutland	Guest Speaker – Citizens Advice Long Term Disabilities and Benefits
7 th	Wednesday	7.30 - 8.30pm	Together We Care Working Carers	Carers Catch-up
8 th	Thursday	11.00 -12.30	Crafty Carers	Tin Can Pen Pots/Planters and Decorated Containers
9 th	Friday	12.30 – 2.00	Together We Care	Carers Christmas Lunch
13 th	Tuesday	10.00 -11.30	Together We Care Parent Carers of U25's	Surviving Christmas as a parent carer
14 th	Wednesday	10.30 – 12.00	Together We Care North Leicestershire Carers	Christmas Fun & Games
14 th	Wednesday	1.00 – 2.30	Together We Care Rutland	Guest Speaker – NHS Partnership Liaison Officer Managing Stress/Mental Health
15 th	Thursday	11.00 – 12.30	Crafty Carers	Christmas Tree decorations
16 th	Friday	11.00 – 12.30	Together We Care Carers of Adults	Coping at Christmas