

TITANS SPORTS ACADEMY

COVID-19 Action Plan for Resuming Operations

Following the Guidelines and Protocols from the State's "Gym and Fitness" and the County's mandatory directive for "Programs serving children or youth"

ILLNESS POLICY

- PLEASE STAY HOME if you or someone in your house hold is ill
- Staff will adhere to a 24-hour wellness standard. Should they feel fatigued, or obtain a fever, within 24 hours of a shift, they are required to call-out from the shift

FACE COVERING & CHECK IN POLICY

- Parents dropping off/picking up are encouraged to remain in their vehicles to the extent possible. Parents must wear face covering when outside of their vehicle and/or approaching staff members
- Children must have face covering with them and used when entering, exiting, in common areas, and when needed
- Children ages 4 and up are required to wear face coverings within their stable group
- Temperatures will be checked with a non-contact temperature gun at check in
- Anyone who appears ill or has a temperature above 99.8 will be sent home
- All athletes will be required to wash/sanitize hands before entering facility

BATHROOMS

- Bathrooms/ Hand washing station will be monitored
- Face covering are required when going to the bathroom and in common areas
- Bathroom breaks and hand washing will be staggered to avoid over crowding

CLASS/CAMP STUCTURE

- Kids will be assigned to stable groups of 6 per time frame
- Stable groups will remain with the same coach for the duration of the session
- Children from the same households shall be assigned to the same group, whenever possible
- Classes will be instructed with limited physical contact (no high fives, hugs, or stamps)
- Coaches will guide students by verbal commands and keep skills to a safe level
- Spotting will only occur when a child's safety is a concern
- Markings are placed throughout the facility 6-8 feet apart for activities, waiting in line, and to help keep kids distanced as much as applicable
- Assigned seating are spaced 6-feet apart for children to keep their belongings
- Shared equipment will be limited but can be shared with the same stable group
- Equipment will be cleaned before and after class and at the end of the night
- Classes will be staggered to allow sufficient time for exiting and cleaning
- Water fountain will be closed. Students will need to bring their water bottle
- No parent viewing or visitors at this time

COVID-19 TESTING & REPORTING

- Titans will require children/youth and personnel to get tested as soon as possible after they develop one or more COVID-19 symptoms or if one of their household members or non-household close contacts tested positive for COVID-19
- Parents/guardians and personnel are required to immediately report to administration if participants or personnel test positive for COVID-19 or if one of their household members or non-household close contacts test positive for COVID-19

*Subject to change