

## **CHECKLIST FOR THE 2022 IASE CONFERENCE PARTICIPANTS BEFORE DEPARTING FROM HOME**

- HEALTH CHECKS – check with your doctor and determine whether you need shots and/or vaccines  
<https://vn.usembassy.gov/u-s-citizen-services/covid-19-information/>
  - Come prepared with Doxycycline or Malorone as a preventative for malaria if you are going in the rural areas. You may also want to get a prescription for Cipro, and other personal medications for more information go to  
<https://www.passporthealthglobal.com/>
  - Make sure your passport is up to date and current;
  - Keep your photocopied passport pages at hand;
  - Check to see if you need a visa and proceed accordingly – You can do an e-visa (many countries are offering this) make sure you indicate the reason for your visit is: TOURIST, also print a copy to carry with you;
  - Bring a copy of your COVID test card and any vaccinations, insurance card and travel insurance;
  - Book your local lodging in HCMC, Vietnam (check out our website for options) indicate on your message that you are part of IASE;
  - Register for the Conference and check for updates (we are offering a hybrid version too)– [www.iase.org](http://www.iase.org)
  - Determine whether or not you want to take part in one of the Local Tours Thursday July 14, 2022 you can sign up during our welcome ceremony;
  - Bring an item for our live and silent auction (money goes for our Marg Csapo Scholarship fund);
  - Bring any children and or adult art you wish to share or display;
  - Our Gala dinner, Wednesday evening at the University (included in your fees) will be a celebration of cultures and achievements, please dress in your native attire;
  - Take an opportunity before departing to learn some basic Vietnamese;
  - Check with your airline about return Covid testing (we are gathering info to have ready once you arrive as to where to take your rapid test);
  - Alert your bank and credit card Company of your travel plans. You can use credit cards to secure cash advances or to get cash at a bureau de change or local bank. You can easily bring US dollars and convert them to Vietnamese Dong once in country;
  - Keep your belongings by your side at all times and try to leave all your valuables in a security deposit box of your hotel;
  - Bring an array of short sleeves, long pants, long skirts or dresses. Also bring sunscreen, a hat, and even an umbrella.
- Footwear should be kept comfortable and sensible;  
-Sunglasses and sunscreen are recommended as the intensity of the sun needs to be taken into consideration;  
-If bringing smartphones, camera and laptops (be prepared to take with you the appropriate converter);  
-Bring hand sanitizer as a precaution.
- For more travel tips go to our website at [www.iase.org](http://www.iase.org)

### **AT THE CONFERENCE**

- If you are staying at the Jazz Urban or other hotels check your site for breakfast (go to our website for more info  
<https://iase.org/17th-biennial-hotels-2022>;
- Lunches are provided every day as part of your registration;
- You should not drink the local water – that also goes for brushing your teeth. Any additional bottled water that you need/require will be available for sale;
- Always be mindful of your personal space. Keep your handbag close and your belongings out of sight. Do not flash large sums of money. After making a withdrawal at an ATM, quickly put your funds away and count them later.
- Before photographing any individuals or groups, make sure you have permission. If denied, move on;
- Tipping is not customary but appreciated in Vietnam;
- WiFi is available at most hotels and at the University site

Cảm ơn and see you soon.