**Back On Monday For Two**

**32 Count – Partner Dance – Start in Sweetheart Position, Same Footwork Throughout Unless Stated**

**Choreographed by Alison Biggs ( UK ) & Peter Metelnick ( UK ) & Adapted with kind permission from the choreographers for Partner Dancing by Alan & Sonia Cole**

**Muisic :- Back In Love By Monday by Ray Lynam**

**Start 32counts - approx. 11 secs - he sings 'we can call Mrs Johnstone' come in on the word 'Johnstone' -**

**\*3mins 28secs - 83bpm - Music Available: Amazon –**

**[1-8] R diagonal fwd lock step, L diagonal fwd lock step, R fwd rock/recover, ¼ R, L cross shuffle**

|  |  |
| --- | --- |
|  | 1&2 On right diagonal step R forward, lock left behind right, step R forward |
|  | 3&4 Turning towards left diagonal step L forward, lock R behind L, step L forward**( ENHANCE THE STEP LOCKS TO HELP THE DANCE TRAVEL DOWN LOD )** |
|  | 5&6 Rock R forward, recover on L, turn ¼ right to right stepping on R **(Into Indian Position Gent Behind Lady Arms At Shoulder Height facing OLOD )** |
|  | 7&8 Cross step L over R, step R side, cross step L over R |

**[9-16] ¼ R Monterey, ½ R Monterey, R fwd rock/recover, R back, ½ L, L fwd shuffle**

**( Release Left Hands & Raise Right taking Right Hands/Arms over Gents Head as you Turn Right to face LOD )**

|  |  |
| --- | --- |
|  | 1& Touch R toes to right side, turning ¼ right on R step L together  |
|  | 2& Touch L toes to left side, step L together |
|  | 3& Touch R toes to right side, turning ½ right on R step L together  |
|  | 4& Touch L toes to left side, step L together **( Pick Up Lt Hands Into Sweetheart Position Briefly )** |
|  | 5&6 Rock R forward, recover weight on L, step R back **( Release Lt Hands, Bringing Rt Arms over Ladys Head and down low behind Gents Back To Bring Gent Into Hammerlock )** |
|  | 7&8 Turning ½ left step L forward, step R together, step L forward to face **RLOD****( Rejoin Left Hands in Front)** |

**[17-24] R side rock/recover, R together, L fwd, R heel fwd, R toes back, R fwd, L side rock/recover, L together, R fwd, L heel fwd, L toes back, L fwd**

|  |  |
| --- | --- |
|  | 1&2& Rock R side, recover weight on L, step R together, step L forward |
|  | 3&4 Touch R heel forward, touch R toes back, step R forward |
|  | 5&6& Rock L side, recover weight on R, step L together, step R forward |
|  | 7&8 Touch L heel forward, touch L toes back, step L forward |

**[25-32] R fwd, ½ L pivot turn, R fwd, GENT fwd L/R/L, LADY Full Turn Rt, RT fwd mambo, Lt coaster cross**

**( Release Rt hands & Take Lt Arms over Ladies Head picking Rt hands back up during turn)**

|  |  |
| --- | --- |
|  | 1&2 Step R forward, pivot ½ left, step R forward .**( Release Lt Hands as Lady Turns Rt under Rt Arms )** |
|  | 3&4 **GENT** Step L forward, step R forward, step L forward |

 **LADY** Full Right Turn moving down LOD on L, R, L. under raised Rt Arms

**( Rejoin Left Hands Back Into Sweetheart After Lady Turns )**

|  |  |
| --- | --- |
|  | 5&6 Rock R forward, recover weight on L, step R back |
|  | 7&8 Step L back, step R together, cross step L over R |

**Thank you to Michal for recommending the song.**

**Tel: 01462 735778 Email: alison.biggs1@btinternet.com Find us on Facebook: TheDanceFactoryUK**