

BIOSONG FREESTYLE (November 30, 2022) Biosong

I have been writing words for many years, grasping for some satisfying meaning about the world I live in – and my life. At regular intervals, I found some meaning that satisfied me – not completely, of course, but sufficiently for me to put the words into the public arena. After that I was always wondering whether those words might bring any satisfying meaning to a reader. One of the most helpful things I learned about the human mind was that wonder is the source of our feelings of hope. And with wonder we appreciate the melody and harmony of life's song. So I continue to **wonder** about the **unknown** and that gives me hope and joy.

Over time I have become more aware of how much is unknown and how little I know. Hence I have aimed to convey a **message of hope**. My experience in these latter years of my life (mostly reading) has brought to my attention some hidden dangers within the lifestyle of human beings today that I have felt a need to mention. My reasoning is that the way we use our minds determines the future conditions in which we will live in this world. I feel that the way we use our minds will need to undergo enormous change, and this will, indeed, happen, though I don't know when or in what way, of course.

At my age, I find it preferable to think of the 'big picture' rather than focus on short-term trends within our increasingly machine-like culture and society. We seem to be forgetting some of the qualities that human life entails. Habitual left-brain, therefore inadequate, attention spans that are so evident today are already creating the seeds of their own destruction, thus enabling us to evolve into different ways of using our minds. The mysterious **creativity** that we still treasure is steadily revealing new ways to improve our quality of life.

My faith and hope is based on a lifetime of study of the science and philosophy of life itself – that great gift bestowed on us all. It is a BEING and a BELONGING – we don't have one of those without the other. Selfishness causes destruction, but inevitably, it destroys itself. The cooperative instinct is one crucial cornerstone of the evolution of life. That **evolution** of BELONGING is what ensures our future as a species.

I believe our lives are part of a universal consciousness that is now coming into view in science as well as in age-old spiritual beliefs. This means, to me, that we owe our existence to something larger than ourselves, however we might like to describe that. I have spoken about that to which we BELONG as having three dimensions – our fellow-humans, the natural world we inhabit, and the unknown, larger whole that we respect and worship.

I want to end my informal 'career' as a 'publisher' of my ideas with a metaphor that has meant a lot to me in the last few decades – **biosong** (life-singing). I started using the term around 1990 and acquired the domain name, *biosong.org* in 1996, to take over from my earlier website. As a 'home' for my work it will not exist forever, but I am extremely grateful to have had this vehicle of expression for more than 25 years. Members of the University of the Third Age played a crucial role in that. My heartfelt thanks go out to them.

I will go on reading about and discussing this great gift of mind and life for as long as I can do so. I pray for the ability to put some kindness and love into my inter-subjectivity each day.