

Parenting Discussion Questions

This is by no means a complete list. There are some blank lines for you to add your own questions to the discussions you have with your partner. Let us know what helped you so we can refine our list for future students and readers!

What are some pregnancy/birth/parenting decisions that you want to make that you suspect your family/friends will disagree? How will you be a united front?

How is your relationship with your parents? How do you want to incorporate your child into your family and your partner's family?

How did your parents handle conflict between them? How do you think you want to handle it when it happens in front of your child(ren)?

Were you spanked as a child? How do you feel about it? What do you think you want to do with your children?

Were you tickled as a child? How do you feel about it? What do you think you want to do with your children?

Were you abused as a child? Have you dealt with it? Do you have a sequence in place to help you if you or your partner sees your "triggers" being set off?

How do you feel about yelling? If it is not okay, how would you want to handle it if you do yell?

How do you want to set boundaries for your child(ren)? What have you seen family/friends do to discipline their children? Did it work? What do you want to try for your family?

How do you feel about the value of your word? If you say you will do something with your child, life happens, and you can't follow through – how do you think you will handle it?

What is your favorite family tradition from your childhood? Do you want to incorporate it into your new family? If so, how?

What is your vision for your family? When you put on your magic glasses and envision your child on the day (s)he leaves to live on their own, how will they be equipped?

What does your "perfect" day look like? Can you try to work at least one of those days into every month?

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