

Founded in 1965

Meteors Basketball Club Club Rules

1. All training sessions are compulsory. In the event a Player is unable to attend, apologies must be sent to the Coach a minimum of 30 minutes before the session. Players must arrive at gym 10 minutes before training and at least 20 minutes before a game. If a training session is in progress, entry into the gym is only permitted after the session is completed. This applies to Coach's, Players and Parents.

2. Full uniform (Playing Gear) <u>must</u> be worn by all Players to games, Club singlet/ shorts, Club warm up top or Club navy t/shirt, Club hoody and Club tracksuit bottoms (or plain navy tracksuit bottoms). Club singlet must be worn inside shorts by all Players. Uniforms must not be worn to training. All apparel containing the Club logo has to be approved by the Executive Committee.

3. Bad language or behavior will not be tolerated. Respect should be shown to Club Officials, Match Officials, Coaches (Club & Opposition), Players (Club & Opposition), all Parents and Volunteers at all times.

4. Club Members will participate in the running of league/ cup games when requested.

5. All Club Members must support fundraising activities. Bag packing will be held this year and it is compulsory for all members to participate at their designated time. A fine of €30 will be payable if a Club Member fails to turn up.

6. Team selection will be at the discretion of the Coach and the Club Chairperson. The final decision on playing minutes is the reserve of the Coach. Prior to the start of every season there will be trials that all players must attend. From these trials, Teams will be selected.

7. The Club expects Children to play their age group first before playing up an age group. Exception to this rule will only be made if representation is made to the Executive Committee for consideration.

8. All decisions regarding Team and Club affairs must be approved by the Executive Committee.

9. There must be two adult parents present for every training session. Where a Team has a male Coach, a female parent always needs to be present.

10. No photos or videos to be taken where a child from an Opposition Team may be present in the photo or video.



11. Minor/underage players must also be collected from the gym promptly at the end of training; we ask that you wait in the hall until you are collected.

The Executive Committee reserves the right to modify or change these rules as part of their Executive function.

