

## Death as a Teacher for Life Workshop

## with Karen Wyatt MD

January 28, 2017 9:00 am – 5:00 pm \$99

Location: Rio Del Sol Club House Gerald Ford & Avenida Del Sol, Cathedral City, CA

Sponsored by Graceful Passages

This interactive workshop will examine:

- The 7 life lessons you learn by confronting your own mortality
- How life's difficulties can be transformed into spiritual growth
- How to trace your life journey, rewrite your stories and find forgiveness
- Practices for being present and listening to higher wisdom
- Tools for letting go of attachments and expectations

Join us for this enlightening and inspirational event with Dr. Karen Wyatt, a leading voice in the end-of-life movement.

Discover What Really Matters in life and death.



*Register by calling 760-512-0142* 

## Karen Wyatt MD Bio

Dr. Karen Wyatt, bestselling author of the books *The Tao of Death* and *What Really Matters: 7 Lessons for Living from the Stories of the Dying*, spent most of her 25-year career in medicine caring for patients in challenging settings such as nursing homes, hospices, free clinics and homeless shelters. Her work with patients who were facing the end of life inspired her to write *What Really Matters*, which describes the spiritual lessons she learned from her hospice patients.

Dr. Wyatt also hosts End-of-Life University, an online interview series that features conversations with experts who work in all aspects of end-of-life care. She is widely regarded as a thought-leader in the effort to transform the way we care for our dying in the U.S. In addition, she is valued for her application of spiritual principles to illness and healthcare and teaches that in order to live life fully we must each overcome our fear of death and embrace the difficulties that life brings us.

Learn more about her work at <u>www.karenwyattmd.com</u>.

Please send a \$99 check to Dr. Elaine Millam at Graceful Passages, Inc. 48-609 Calle Esperanza La Quinta, CA 92253 www.gracefulpassages.org