**Marshall County Group Homes, Inc.**

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| **EUMR TEST (ANSWERS)** |

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_ Program: \_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ Hire \_\_\_\_\_\_\_\_ Annual

1. What do the initials EUMR stand for?

A: Educational Understanding of Manual Restraints

B: Emergency Use of Manual Restraint

C: Everyday Use of Manual Restraint

1. What is the purpose of the EUMR policy?

A: To promote service recipient rights

B: To protect the health and safety of persons served during the EUMR

C: To promote appropriate and safe interventions if they are needed

D: All of the above

1. Positive Support Strategies may include:

A: a calm discussion about the persons feelings and alternative methods to handle the situation

B: staff suggesting an activity that the staff enjoys

C: staff offer limited options to avoid conflict

1. Name 2 ways that an individual can act out.
   1. Verbally
   2. Physically
2. Prohibited Procedures include:

A: as a substitute for adequate staffing

B: as punishment, or for staff convenience

C: any other aversive or deprivation procedures

D: All of the above

1. What is the number one thing to remember during a crisis?

Remain Calm

1. Permitted procedures include

A: as a substitute for adequate staffing

B: intervention procedure/restraint

C: chemical and mechanical restraints

1. Emergency use of manual restraint procedures must not be used to:

A: Deny the person visitation with family or legal counsel.

B: Substitute for inadequate staffing when there is not enough staff to deal with behavioral issues.

C: Use prone restraint (that places a person in a face-down position).

D: All of the above

E: None of the above

1. What are the reasons to use a supportive stance when redirecting a person served?

1. non-confrontational

2. stability for self

3. smaller target

1. What is the value of using a team versus intervening alone?

Witness to the resolution. Safety in numbers

1. When should you use non-violent physical crisis intervention?

As a last resort if the safety of the person or others is at risk

1. What is the purpose of gaining knowledge around EUMR and Therapeutic intervention training?

It is mandatory for our licensing. Keeping staff and consumers safe. Provide tools you may need to use for your job in handing emergency situations.

The RPS for each home will demonstrate the following:

1. \_\_\_\_\_\_\_\_\_\_\_\_ Demonstrate Physical escort/walking
2. \_\_\_\_\_\_\_\_\_\_\_\_\_ Demonstrate kick block
3. \_\_\_\_\_\_\_\_\_\_\_\_\_ Demonstrate Hair pull release
4. \_\_\_\_\_\_\_\_\_\_\_\_ Demonstrate bite release
5. \_\_\_\_\_\_\_\_\_\_\_\_\_ Demonstrate choke release
6. \_\_\_\_\_\_\_\_\_\_\_\_\_ Demonstrate Wrist grab release