

The 44 Virtues Memory Aid

Health	Enlightened Wealth	Wisdom	Love
Health-mindedness Cleanliness Moderation Gratitude	Service Honesty Timeliness Generosity Excellence Self-discipline Determination Orderliness Confidence Purposefulness Courage Humility Learning Foresight Creativity Enthusiasm	Wisdom Mindfulness Responsibility Idealism Peacefulness Patience Flexibility Nonattachment Justice Fairness Forgiveness Unity	Love Friendliness Kindness Compassion Courtesy Respect Tolerance Tact Spirituality Trust Optimism Joyfulness