

Follow the Shepherd

A fun, energetic activity to
be a leader and to also follow
when being led.

To start, choose a person to be the shepherd who will lead the flock of lambs.

Form a line with everyone standing behind the shepherd leader.

For one minute or so, the shepherd will walk and in the direction he/she would like to go and the rest will follow and do the same as the leader.

To name a few ideas to do as the leader, you can:

clap your hands,
sing a song,
hop on one leg,
snap your fingers,
twirl around etc.

After a minute or so, the shepherd will go to the back of the line to be a little lamb and the next person will be up to shepherd the flock.

Go through the entire line so everyone a chance to be the shepherd.