

Chalmers-Castle Downs United Church

Guidelines for In-Person Worship

We are excited to have an opportunity to worship again in person. As we get ready to do so, we recognize that you may have questions as to what to expect. Here are a few things to consider:

Pre-registration: Starting Sunday, November 7, we will be resuming in-person worship in our church building with a capacity limit of 50. We are encouraging all those who wish to attend to consider registering in advance to expedite this process on Sunday morning. The admission of people will be done by ushers who will be asking each attendee a series of COVID-19 Screening Questions (see page 3) to establish if all health requirements are met.

Before and after worship: There will be no interaction in the narthex prior to and following the service and no fellowship in the church. Those who wish to visit can do so outside the church building.

Worship Seating: Seating in the sanctuary will be spaced-out as much as possible, and we encourage congregants to sit with their household bubble. Ushers will help guide people to their seats to ensure social distancing.

Worship Liturgy: Our worship services will be as usual including prayers, live music, reading of scriptures, preaching of God's Word. Singing will be permitted. Communion will continue to take place on the first Sunday of each month. Congregants are encouraged to bring their own elements. For those who forget, there will be some provided.

Masks: Masks are mandatory in our church for all people aged 3 and older.

Children's Program: Until further notice there will be no church school. Children are welcomed to attend worship but they have to stay with their parents/guardians at all times.

Live-streamed Services: We will continue to live-stream our worship services at the scheduled time for those who are unable or choose not to attend in-person.

We fully understand that this transition back to in-person gatherings will take some time, and that everyone has different circumstances and comfort levels. Our hope and prayer are that these worship gatherings, whether you join in-person or continue to watch on-line, would help us all grow in our walk with God.

Health and Safety Guidelines

For the safety of your fellow congregants, we encourage you to be vaccinated.

Self-Isolation

- If you are sick or have been in recent contact with anyone with COVID-19, please stay home and self-isolate. It is not safe for you to attend the in-person services.
- If you have travelled internationally, we encourage you upon return to Alberta to self-isolate for 14 days.

Inside the Church

- Hand sanitizer will be provided upon entrance to the church.
- If you do not have a mask, one will be provided at the entrance.
- Ushers will guide the entry into and exit from the building. Note that you will enter via the South entrance (the white door by the lift) and leave as directed by the ushers.

Building Safety Measures

- Please follow the signs within the church to stay socially distanced.
- Washrooms can be used but social distancing must be maintained.
- The kitchen and the chapel are closed at this time.
- The cloak room will not be accessible, so please keep your coats with you.

Disclaimer

During worship, your likeness may be captured in the live-stream video. By attending, you are giving consent to take, own and use images containing your likeness at the discretion in perpetuity for Chalmers-Castle Downs United Church. Your consent shall extend to any individual who is under your care or guardianship. If you do not wish to convey this consent, please contact the church office.

Approved by the Board on October 21, 2021

COVID-19 Screening Questions

1. Have you or anyone in your household had any of the following symptoms in the last 14 days?
 - a) Fever (at or greater than 38°C)
 - b) New or changed chronic cough
 - c) Sore throat that is not related to a known or pre-existing condition
 - d) Runny nose that is not related to a known or pre-existing condition
 - e) Nasal congestion that is not related to a known or pre-existing condition
 - f) Shortness of breath that is not related to a known or pre-existing condition
 - g) Muscle aches that are not related to a known or pre-existing condition
 - h) Fatigue that is not related to a known or pre-existing condition
 - i) Headache that is not related to a known or pre-existing condition
 - j) Loss of (or change in) smell or taste
 - k) Unexplained loss of appetite
 - l) Nausea/vomiting/diarrhea
 - m) Conjunctivitis (pink eye)
2. Have you or anyone in your household been exposed or in close proximity to someone who tested positive for COVID-19 within the last 14 days?
3. Have you or anyone in your household participated in any activities that would have carried a high exposure risk (i.e., activities that you needed to remove your mask for or activities that involve physical contact) in the last 14 days?
4. Have you or anyone in your household traveled outside Canada in the past 14 days?
5. Are you or anyone in your household currently awaiting COVID-19 testing results?

IF “YES” TO ANY OF THE ABOVE, DO NOT ENTER.

Stay home and take the online COVID-19 Screening Assessment
at <https://myhealth.alberta.ca/Journey/COVID-19/Pages/Assessment.aspx>
or call Health Link by dialing 811
for quick and easy advice from a registered nurse 24/7.

Thank you for your efforts in helping keep all of us safe. In keeping with that effort, if you test positive or develop symptoms within 48 hours of attending worship, please call Health Link for guidance. Should you test positive for COVID-19, please let the church office know as soon as possible.

Chalmers-Castle Downs United Church, October 21, 2021