

Reaching Higher



"We all are called to be 'tikkun olam' (Hebrew, meaning actions to improve society and care for others). We are called to be repairers of creation. Thank you for whatever you do to bring joy, light, hope, faith, pardon, and love to your neighbor and to yourself."

~Fred Rogers (Mr. Rogers)

Visit our Website

September Message

Looking UP!

Blessings to you all!!

I'm moved by the fact that we are stepping so quickly into the autumn of the year.





Our Practitioners want to support you in prayer.

Please email your



Was it not just January 1st?!? How quickly Life trips along.

I love how, in this season of energies dropping down into the body of the Earth and our human selves to encourage pause, rest and rejuvenation, that the trees and clouds and birds beckon us to look up. Let us do just that as we are also prompted by our month's themes: Reaching Higher, Transcend and Include, When the Road Gets Rocky, and Still I Rise.

It has been a beautiful year together. I'm so grateful that we, as a community, have stayed connected in as many ways as we have throughout all that occurred collectively on the planet and in our individual lives.

I want to give a shout out to the amazing leadership of CSLSG that has remained focused and dedicated to do what was ours to do to support YOU in your journey to be the essential YOU. The Core Council, the Service Team, the Minister Search Committee, the Practitioners. What a blessed and inspired group has served in front of and behind the scenes. We strive to ease back into more in-person gatherings including an emerging vision of hybrid services and how to allow its manifestation. We have movement brewing!! Do stay tuned.

I am honored to serve beside: Chris McArdle, Sue Fullmer, Gwen Hadley, Starr Starrett, Cheryl Barlow, Allen Stanley, Kelly Kapsar, Anita Schoeff, Mary Klein. You are angels among us.

Please visit our website (cslsg.org) at your earliest convenience. We have added special email links for each individual on our Core Council and our Practitioner team. Our desire is to increase the ways you can make contact and stay connected. From the HOME screen go to our ABOUT page and scroll down to see the photo collection of our leaders. A simple click on a picture of

prayer request to prayer@cslstgeorge.org or leave a message at 435-893-6702



CSLSG Community Care Circle

Let us provide compassionate support with Life's challenges, through calls, cards, and prayer.

Leave a message at 435-893-6702 to engage this free and confidential service



CSLSG Wedding Officiant

Mary Klein, RScP, performs marriages, commitment ceremonies, and wedding vow renewals.

Reply to this email and she will respond to you directly.



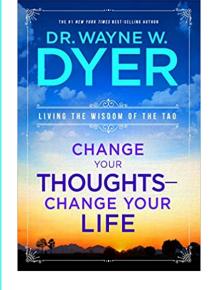
prayer@cslstgeorge.org, and 435-893-6702. (If you have technical difficulties with these new email links, please let us know at our regular email address.)

I see us reaching ever higher in Joy, Love, Integrity, Empathy and Compassion (compassion is empathy in action, to my way of thinking). We live in a complicated world AND we are in it together.

Blessed be. Have a beautiful September!

Marina Anderson

CSLSG Core Council President



CSLSG BOOK CLUB

Change Your
Thoughts, Change
Your Life
by Wayne W. Dyer

NEW BOOK COMING!

Tuesdays at 6-7pm
Email Sue at
suegfullmer
@gmail.com

Breeze online donation

Paypal online donation

Online Sunday Gatherings: Meditation

Guided live at 10:45 am

Inspirational Services

<u>11:00 am</u>

Community Conversation 12:00 pm

You can access each meditation and service on

CSL St. George Facebook page. https://www.facebook.com/CSLSG/live/

Meditation and service will simultaneously stream on YouTube. https://www.youtube.com/channel/UCmmd5S1h6OjZpkgnDmt5l6A

Community Conversation on Zoom at Noon. https://us02web.zoom.us/j/5628970832

Sunday, September 5th



This Week's Meditation Guide Kelly Kapsar, RScP



This Week's Speaker

Reaching Higher Joe Kovach, RScP

What is our growing edge personally and as a movement? How are we expanding our understanding and application of our principles to include the collective Good of the planet? How are we being called to reach higher and push past our comfort zone?

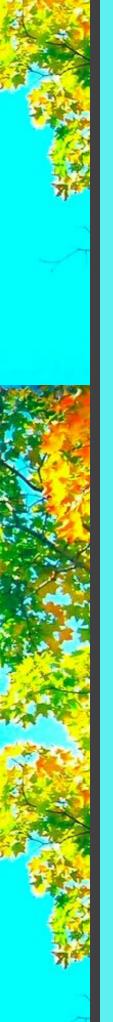
September Upcoming Speakers

Sunday, September 12th

Transcend and Include

Jeffon Seely

The spiral dynamics model is an evolutionary spiral that expansively





transcends and includes (ideally) the best of what has come before. We are called to transcend our old paradigms of being, and to rise including only those elements that are life-supporting and serve the evolution of our consciousness.



Sunday, September 19th
When the Road Gets Rocky
Eugene Holden, RScP

When we push past our comfort zone, we are often faced with challenges to our old ways of being. Life can feel uncertain and our footing somewhat unstable. What are the Universal Truths we can lean into and deepen our understanding of to help us find our footing and new handholds for this part of our evolutionary journey?



Sunday, September 26th

And Still I Rise

Starr Starrett, RScP

In spite of the discomfort and obstacles, we persevere and rise. Perhaps, what is in the way is the way, and that we rise not in spite of our challenges and discomforts, but because of them. There is that within us that continues to call us forward and upward on our journey of awakening, that calls us to a greater understanding of ourselves, our

relationship with the Self, our role and purpose in society.

Join Our Community Conversation

After Service at Noon

Please join us each week after service for casual conversation and thoughtful reflection of service. Together we are stronger in faith and fellowship.

Just click this Zoom link at noon: https://us02web.zoom.us/j/5628970832

FYI...This link is also published each week in the Friday reminders.

If you or someone you know would like some assistance getting connected with Zoom, please <u>CLICK HERE</u> and we will help.

We believe the Power breathing us is greater than any circumstance, situation, or condition.

Our <u>MISSION</u> is to provide spiritual tools for personal and global transformation.

Our <u>PURPOSE</u> is to awaken humanity to its spiritual magnificence.

Our <u>VISION</u> is a world that works for everyone.

CSLSG Social Gathering

<u>Saturday</u> September 25th

10-11:30am Outdoor (?) Location TBD



MARK YOUR CALENDAR

Please watch the Friday reminders for more info.



Please continue to focus energies on our Sacred Covenant and keep the community in your hearts and prayers. We continue our beautiful and GUIDED work as a collective community to find the Highest Idea of a

Divinely Perfect Minister for our unfolding Vision. Blessed Be!

Sacred Covenant

There is only One Life. That Life is God's Life. That Life is Perfect. That Life is my life now.

In knowing that...

To read the full covenant, CLICK HERE



Share in the Love!!



- Give by Text: text GIVE to (435) 850-6465 and enter your contribution amount
- Give Online: at BREEZE OR at PAYPAL
- **Give by Mail**: send checks to Center for Spiritual Living St. George, PO Box 3132, St. George, UT 84771

Breeze online donation

Paypal online donation



Help with food collection every month on the second and last Saturday 11:30 a.m. – 1:00 p.m. GRACE EPISCOPAL CHURCH 1072 S 900E, St. George For more information, click HERE

Visit our Website

Center for Spiritual Living St George | 435-893-6702 | stgeorgecsl@gmail.com | https://www.cslsg.org

STAY CONNECTED



