



REGISTRATION FORM  
www.stacydittmer.net  
sdittmer@mts.net  
204-761-1101

Registration forms and etransfers to sdittmer@mts.net

Name: \_\_\_\_\_  
Email: \_\_\_\_\_  
Phone Number: \_\_\_\_\_  
Emergency Contact Name: \_\_\_\_\_  
Emergency Contact Number: \_\_\_\_\_

### Fall Run Club, August 24th to October 19th 2022

Wednesday's at 5:30pm-6:30pm

Meeting: First Baptist Church parking lot, 3881 Park Avenue  
& Brandon Hills.

Nine weeks: \$40

Emails will be sent every Tuesday with route, workout options and tips. **All fitness levels and experiences welcome!**

#### Liability Waiver:

I, the undersigned, being aware of my own health and physical condition, and having knowledge that my participation in any exercise program may be injurious to my health, am voluntarily participating in a group running and personal training program with Stacy Dittmer.

Having such knowledge, I hereby release Stacy Dittmer from liability for accidental injury or illness which I may incur as a result of participating in the physical activity. I hereby assume all risks connected there with and consent to participate in the program.

I agree to disclose any physical limitations, disabilities, ailments, or impairments which may affect my ability to participate in the fitness program.

I consent and grant permission to Stacy Dittmer to use photographs of my image during my participation in the fitness program, for promotional purpose.

Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_