

Dementia Awareness

Dementia is not a specific disease but is rather a general term for the impaired ability to remember, think, or make decisions that interfere with doing everyday activities. It commonly affects older adults but is not a normal part of aging.

In this course you will learn how to manage dementia patients.

• For example, how to communicate with them.

At the end of the session care workers will:

- Understand how to improve care delivered to people with dementia
- Understand how to support relationships of people with dementia
- List reasons for behaviour we may find difficult
- List the different types of dementia
- Understand what it may be like to have dementia.





