

The Vision

A Monthly Communication AND Christian Education Instrument of The United Baptist Church in Annandale, Virginia

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The United Baptist Church Vision is to develop the intentional Holy Spiritual attitudes of God, as in Jesus, that our lives demonstrate the transforming impact of such a Holy relationship on us, our society, and on our world.

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Happy 100th Birthday to Hazel Ball!

Her family and UBC hosted a well attended celebration in November in the



ventilated Fellowship Hall; it

was wonderful to meet her extended family, friends, neighbors, and previous Boulevard Baptist/National Gardens members! Above are only a few photos of her milestone birthday. The family thanks you all for your cards, flowers, gifts, prayers, and presence!

The next **Young at Hearts Gadabouts** outing for **Senior Adults** is **Tuesday, December 14th, 11:15 am to Madigan's Restaurant in Occoquan, Virginia.** Dutch treat. Thank you to Martha Lowe for driving the bus, and to Phyllis Thompson for organizing it all. Masks required. Please sign up on the 1st floor bulletin board near Fellowship Hall, or call the office to RSVP.



The next **UBC Friends & Family Breakfast** is **Saturday, December 18th at 9:30 am at Pan Am Restaurant, 3051 Nutley St, Fairfax, VA 22031.** Dutch treat; prayer needs, praises, and devotionals are shared. Please join us! Rides available, see Rev. Moyer. A sign-up sheet is on the Fellowship Hall pink and black bulletin board this week.



Also on **December 18th from 10 am-3 pm**, the New Beginning Missionary Baptist Church is holding a **Holiday Bazaar** in the **GYM**. More information available from our church office.



We are collecting **winter coats, scarves, warm hats, and gloves** for men, women, and children for an **ACCA program**. They'll be donated to laborers who work outdoors and are in need. The large red box is in the **ACCA nook** in the Fellowship Hall. Also, you may place non-

perishables to share with the **ACCA Food Pantry** in the Nook in gratitude for God's grace.



Merry Christmas!

As you prepare to gather for the Holidays with family and friends, our church staff thanks you for your generosity and friendship. We also wish you safety and

good health. We also hope you will join us during **Advent** for **Worship, special music, and for our traditional Candlelight Communion service on Christmas Eve at 3:00 pm.** We will have guest vocalist friends joining us.

When you worship with us this season, please use the basket on the hall table to safely place congregant and staff **Christmas Cards** under the proper alphabet heading. If you can, please contribute your saved postage to the **Benevolence fund**. Thank you!



WELCOME!

To our newest Mission Center Partner, **Zion Medical, LLC!** They are located in the largest portion of the old NorthStar office space on the second floor. Please welcome them and pray for their entire staff as they complete a smooth transition to our building. Liz and Edwin are the Owners, and Brittany is their Office Manager. We look forward to collaborating on health events in the future to serve our local community!



Kairos Moments ♥ ♥ ♥

(12/7/21) Reflections of Reverend Pamela Moyer

Merry Christmas! I hope you had a happy Thanksgiving with friends and family this year! It has been wonderful to begin gathering again in small groups! Please be safe and cautious around each other until more is known about the new variant. As a church and Mission Center, we are still wearing masks in the building around people, so we appreciate your continued vigilance. We will have a Christmas Eve service at 3 pm with Carols, Scriptures, guest vocalists, Communion, and Candlelight, so we hope you can attend! And thank you to the “Deck the Halls” team this year!



After the “Corona-coaster” of 2020, a whole new sense of gratitude presented itself at Thanksgiving 2021. I am more than ever grateful for my health, the health of my friends, family, and church. I am grateful for God’s abundant provisions of food, water, shelter, and transportation. I am grateful for this opportunity to serve the Kingdom of God through UBC’s church mission. I am grateful for our new Admin. Assistant, and for the legacy of this church and those who came before me. I hope *you* had time to reflect on your attitude of gratitude! To express this gratitude for God’s love and abundance, on the first Sunday of each month in 2022, we will intentionally bring non-perishable food items for the ACCA Food Pantry. A list will be provided in the bulletin (or website: <https://accacares.org/foodpantry/>) each third week and a large basket will be on the stage to remind us that a **loving** God through Jesus Christ comes to **visible life** through you and your gifts to others!

In November, we finished our study of spiritual gifts, and in January, we will begin to discern how to put them into use. Our 2022 theme is “Listening for the Work,” and by that I don’t mean 9-5 work, but rather service to others. We cannot fulfill the dreams we dreamed this year unless we listen to God’s direction and **move forward** accordingly. The sermon topics will be from the Letter of James, so feel free to get started in your personal study! “Take your everyday, ordinary life—your sleeping, eating, going-to-work, and walking-around life—and place it before God as an offering (Romans 12:1-8 The Message).”

As Charles, Roudaina, and I have been sorting through old records, we’ve found history that’s been helpful to my understanding. We appreciate the legacy you’ve built! It is important for us to **move forward** with thanks and an Advent perspective: HOPE in Christ and our future, the PEACE of God, the JOY of working together, and the LOVE of Jesus. “Moving Forward!” 📖 ✝️ ♥

Parish Nurse’s “Touch”

... Debbie Caffrey
December Health
Focus



The holidays are a time of happiness, joy, and fun-filled celebrations spent with family and friends, right? Well, not always. For many, the holidays fall far short of these expectations, as we miss loved ones more during this time of year. Health conditions, physical limitations or concerns about money can also result in increased stress, mild depression, and feelings of anxiety. We call this emotional reaction “the holiday blues.” So, what to do? Consider a few of the following things that may keep you from feeling “blue”:

- Maintain healthy habits. Eat healthy foods, get plenty of sleep, and exercise regularly.
- Adopt realistic expectations. Don’t expect a perfect Hallmark holiday – it doesn’t exist. Avoid comparing your holiday to what you see on television and social media. Remember, most people only share the good stuff.
- Set appropriate limits. Prioritize demands on your time and say “no” to certain invitations and activities. Be realistic about what you can and cannot do.
- Help someone in need or donate a gift to a needy child or family.
- Call a fellow church member—there are many who feel lonely, especially during the holidays.
- Invite friend/family or offer a ride to fellow church member to our Christmas Eve service.
- Create a Gratitude list—every day jot down something you are grateful for, keep it where you easily and frequently see it to remind you of all of your blessings.
- Pray/meditate daily and focus on the reason for the celebration— the birth of Jesus.

If trying to put all these tips into action feels like too much to tackle, just pick a few that you think will prove most beneficial and give them a try this year. The holidays are a wonderful opportunity to connect with others, to relax and reflect, and to relish feelings of love and gratitude. To keep the holiday blues from diminishing this special time, remember to be mindful of the behaviors and situations that fuel stress and negative feelings, and proactively make choices and decisions that will make your holiday a healthy and enjoyable one.

~ Merry Christmas! Debbie

Thank You for supporting the Church and its many community **missions!** As you plan 2022 stewardship and year-end 2021 giving, please recall that for our Accountant to post your donation to your **2021** UBC Account, it must be postmarked **December 31st**. This is Federal law and permits no grace. Offices are **open Dec. 30th, but closed Dec. 31st**.



**Happy Birthday to
Our Friends Born in December!**

Name	Date
Elliott Benham	1
Manuel Hernandez	2
Charles Potter	3
Emily Sturges	5
Martha Lowe	10
Holly Martindale	12
Emily Martindale	12
Lillian Martindale	12
Jeff Snavely	15
Aubrey Jones	16
Mac Whitcraft	24
Kelly Martindale	28
Melisa Banks	31

**December Church
Calendar**



Tuesday, December 14,

**11:15 am – Young at Heart Gadabouts
Lunch Outing.** See front page.

Wednesday, December 15,

9:30 am -- Sandwich Team, Fellowship Hall (masks required).

Saturday, December 18,

9:30 am – UBC Friends & Family Breakfast. See front page for details.

Saturday, December 18,

10:00 am – 3:00 pm - NBMBC Holiday Bazaar, Gym

Friday, December 24, 3:00 pm,

Christmas Eve Candlelight & Communion Service

December 24 – 27, - Offices Are Closed for Christmas, per Personnel Policy.

December 31: Donations must be postmarked by December 31st or hand-delivered by December 30th to be considered a 2021 tax deduction.

December 31 - January 3, - Office Are Closed for New Year's holiday, per Personnel Policy.

Contributions

October 2021 (Final)	Required	Received
Tithes & Offerings	\$6,250.00	\$ 6,229.00
Building Usage	7,400.00	5,910.00
Mortgage Loan (int)	712.37	712.37
Other (Env, B-Thrifty, Flwrs)	0.00	1,028.54
Monthly	\$14,362.37	\$ 13,879.91
Total YTD (Jan-Oct)	\$143,623.70	\$ 125,543.51
Above/(Below)		\$ (18,080.19)*
Benevolence Funds Rec'd.		\$ 70.00

November 2021 (Final)	Required	Received
Tithes & Offerings	\$6,250.00	\$ 3,898.00
Building Usage	7,400.00	6,100.00
Mortgage Loan (int)	712.37	712.37
Other (Env, B-Thrifty, Flwrs)	0.00	194.90
Monthly	\$14,362.37	\$ 10,905.27
Total YTD (Jan-Oct)	\$157,986.07	\$ 136,448.78
Above/(Below)		\$ (21,537.29)*
Benevolence Funds Rec'd.		\$ 55.00

* Budgeted Investment Transfers are not included in the "Required;" one made Oct. 6, 2021. All Bus Sale un-budgeted payments were made (\$3,500.00) from NBMBC early, but not included above. VDOT transaction is included; grants & Zion Med. security deposit are not.

Thank you for your continued giving and prayers. Sacrificial or catch-up offerings may be mailed to the office at 7100 Columbia Pike, Annandale, VA 22003. Mail is safely and securely processed daily. Our ministries, contractors and staff are working at full capacity and thank you for your generosity. Benevolence offerings by check, clearly marked "Benevolence," may be mailed to office or cash/checks brought on Sunday.

Donate Poinsettias for In-person Worship

Please help make this wonderful addition to our worship experience possible, by clipping and using this form to honor and memorialize persons. These, as are all church gifts, deeply appreciated and are thus tax-deductible donations. You can be good stewards of them for other uses, after worship use on Dec. 20th. The donation for each plant this year is **\$12.00**. We budgeted for another increase and will pick them up to avoid delivery charge. You may mail in your check with this completed form or if attending worship use the Bulletin Insert provided for the same information, and clearly mark your check memo line with "**Poinsettias**" to receive proper credit on your annual giving record. If cash, please use an envelope. Thank you!

Name of Person Ordering: _____

Number Poinsettias x \$12.00 each = \$ _____

Total Enclosed = \$ _____

Given in Honor of: _____

Given in Memory of: _____

**The United Baptist Church
7100 Columbia Pike
Annandale, VA 22003**

Return Service Requested

Prayer List has been removed for privacy. Please call the office for updates or inquiries. Thank you!

COMMUNITY & GLOBAL PRAYER

Serving others in prayer is a needed social and safe action to show your love in these times!

- ACCA Food Pantry for Volunteers, Funding & Non-perishables
- Americans and Allies still in Afghanistan
- Those experiencing grief over loss, homelessness, unemployment, poverty and/or violence
- Global health, pandemic recovery, variant strains, new children's vaccine compliance
- Mission Center, Leaders and Groups we support— for their financial & spiritual sustenance; and to discover new relationships needing space
- All Students, Teachers, Pastors & Sr. Adults – proper rest, patience with all the adjustments, emotional, & spiritual health
- All affected by weather, disaster & violence: Haiti kidnapped missionaries, Afghanistan and Central American refugees; families and victims of the **Houston** concert mass casualty incident, **Wisconsin** parade deaths; **Michigan** school shooting
- Praise & prayer for our **new Administrative Assistant**, Roudaina M. Iskander.
- Recent violence & theft in **smash-n-grab incidents** nationwide
- **Zion Medical LLC** team for smooth transition