

Name \_\_\_\_\_

## **2015 FOOTBALL FUNDAMENTALS PRE-SEASON QUIZ**

### **TRUE \ FALSE**

- \_\_\_\_\_ 1. A live ball is always in possession of a team.
- \_\_\_\_\_ 2. No foul causes loss of the ball.
- \_\_\_\_\_ 3. The only defensive fouls which automatically cause a first down are roughing the kicker or place kick holder, roughing the passer and roughing the snapper.
- \_\_\_\_\_ 4. No live-ball foul causes the ball to become dead.
- \_\_\_\_\_ 5. Any kick which is not a scoring attempt becomes dead when it breaks the plane of R's goal line.
- \_\_\_\_\_ 6. A scrimmage kick recovered in or behind the neutral zone may be advanced by K or R.
- \_\_\_\_\_ 7. Offensive interior linemen are prohibited from advancing beyond the neutral zone only during a forward pass which crosses the neutral zone, but may advance after the pass is in flight.
- \_\_\_\_\_ 8. A live-ball foul followed by a foul by the opponents after the ball becomes dead is not paired as a double foul.
- \_\_\_\_\_ 9. A foul during a try is not paired with a dead-ball foul to make a double or multiple foul.
- \_\_\_\_\_ 10. The penalty for any one of the five illegal passes is a loss of 5 yards and the down is counted except for a forward pass following change of team possession.

## **THE RULE BOOK**

11. Which of the following pieces of equipment are mandatory? (**mark all that apply**)
- a. Mouth Piece
  - b. Jersey
  - c. Eye Shield
  - d. Knee Pads
  - e. Wrist Bands
12. A chop block can occur anywhere in the field of play.
- True: \_\_\_\_\_
- False: \_\_\_\_\_
13. On a try by kick the holder rises off his knee to grab a high snap, then goes back down on his knee, rises pitches back to the kicker who runs for an apparent score.
- a. Legal
  - b. Ball dead
14. Fourth and four from team K's 6 yardline. R1 makes a fair catch of K2's punt at team R's 45 yardline. During the play, an official notices that two team R players wearing uniform number 12 are participating in the play.
- a. Team R is guilty of illegal numbering. The five yard penalty is enforced from the previous spot.
  - b. Team R is guilty of illegal numbering. The five yard penalty is enforced using PSK enforcement.
15. The referee makes a mistake on a dead ball foul. Placement of the ball and chains shows 1st & 15, it should be 1st and 10. On 1st down A throws an incomplete pass. The error is realized. It is now...
- a. 1st & 10
  - b. 2nd & 10
  - c. 2nd & 15

16. During a scrimmage kick R1 gives a valid fair catch signal, the ball bounces off his shoulder pad and is still in flight when he is contacted by K4.
- a. R1 lost protection when he muffed the ball.
  - b. Fair catch interference by K4.
  - c. Any K player may advance if he catches the ball.
  - d. Any R player may advance if he catches the ball.
17. When the ball is snapped before all 11 offensive players are set for one second it is a foul for:
- a. illegal shift
  - b. illegal motion
  - c. illegal procedure
18. When a foul by the opponents of the scoring team occurs on a play where there is no change of possession and a touchdown is scored (**mark all that apply**)
- a. the penalty must be declined to keep the points.
  - b. the penalty must be enforced on the try.
  - c. the penalty can be enforced on the try.
  - d. the penalty can be enforced on the subsequent kickoff.
19. A fumble is: (**mark all that apply**)
- a. ☐ dropped hand-off
  - b. ☐ illegal kick
  - c. ☐ same as a muff
  - d. ☐ a backward pass
  - e. ☐ a ball which becomes loose from a pass receiver when he makes contact with the ground

20. A snaps the ball before the ready-for-play signal. **(mark all that apply)**
- a. If both teams are set play on.
  - b. Stop play, reset and mark ready
  - c. Assess a 5 yard delay penalty
  - d. Assess a 15 yard penalty
  - e. Signal is delay of game
21. If K legally kicks on 3<sup>rd</sup> down and the ball becomes dead in the field of play in joint possession of opponents.
- a. it is a new series for K
  - b. it is a new series for R
22. A dead ball coming out of the end zone is ruled based on the foremost point of the ball.
- True: \_\_\_\_\_
- False: \_\_\_\_\_
23. K1's free kick is muffed by R2 at R's 35. K3 attempts to recover but muffs the ball out-of-bounds at R's 30.
- a. K foul, free kick out-of-bounds
  - b. First Touching by K3
  - c. No foul, R can take the ball where K3 touched it.
  - d. No options, R 1<sup>st</sup> & 10 at R's 30
24. A1, wearing number 50, lines up as the tailback. **(mark all that apply)**
- a. legal
  - b. Illegal formation at the snap
  - c. A1 can take a hand off and advance.
  - d. A1 is an eligible receiver (by position) and may catch a legal forward pass if behind the line.
  - e. A1 may catch a backward pass.

25. Regardless of how it got there, possession of a live ball in the opponent's end zone is always a touchdown.

True: \_\_\_\_\_

False: \_\_\_\_\_

26. It is legal for an offensive lineman to block a linebacker below the waist as long as the linebacker is in the free blocking zone at the snap and the contact is in the zone.

True: \_\_\_\_\_

False: \_\_\_\_\_

27. A1 throws a legal forward pass behind the line that is first touched by A34 and is then caught by A63.  
**(mark all that apply)**

- a. Illegal touching by A63.
- b. Legal play
- c. Loss of 5 yards from spot of pass
- d. Loss of 5 yards from spot of A34 touching
- e. Loss of 5 yards from spot of A63 touching

28. During a time out who may use phones and headsets or any other devices on the field inside the #'s?  
**(mark all that apply)**

- a. Head Coach
- b. Quarterback
- c. A1 Offensive Captain
- d. B1 Defense Captain
- e. None of the above

29. A pass ends: **(mark all that apply)**

- a. when intercepted
- b. when the ball hits the ground
- c. when complete
- d. when it is obvious it won't be caught
- e. when it is out of bounds

30. K's kickoff is out-of-bounds on R's 20. The captain of R requests to put the ball in play on R's 20 in the middle of the field.
- a. request should be granted
  - b. request is denied
31. Fourth & 10 on R's 17. K1's field goal attempt goes out-of-bounds at R's one-yard line
- a. R – 1<sup>st</sup> & 10 at the R1
  - b. R – 1<sup>st</sup> & 10 at the R20
32. Spearing is an automatic disqualifying foul:
- True: \_\_\_\_\_
- False: \_\_\_\_\_
33. If B1 interferes with A's offensive signals it is: **(mark all that apply)**
- a. a live ball foul
  - b. a dead ball foul
  - c. a 5 yard penalty
  - d. a 10 yard penalty
  - e. a 15 yard penalty
34. Which of the following fouls by B gives A an automatic first down? **(mark all that apply)**
- a. 15 yard face mask foul (if determined to be intentional and flagrant)
  - b. running into the kicker
  - c. roughing the holder
  - d. roughing the passer
  - e. tripping

35. Tinted eye shields are legal if approved by a licensed doctor.
- True: \_\_\_\_\_
- False: \_\_\_\_\_
36. While right guard A1 is blocking defensive tackle B3 above the waist, left guard A2 pulls and double-teams with A1. A2 blocks B3 from the front at the knees.
- a. legal
  - b. legal if in the free blocking zone
  - c. A1 has fouled
  - d. A2 has fouled
37. The ball is dead when any player's helmet comes off during a play.
- True: \_\_\_\_\_
- False: \_\_\_\_\_
38. The right of R to take the ball at the spot of first touching by K is cancelled if R touches the kick and thereafter during the down commits a foul or if the penalty is accepted for any foul committed during the down.
- True: \_\_\_\_\_
- False: \_\_\_\_\_
39. Kick-catching interference is a 15 yard penalty whether or not there is contact.
- True: \_\_\_\_\_
- False: \_\_\_\_\_
40. A1's legal forward pass is intercepted by B2 at his own 3 yard line. His momentum takes him into his own end zone. An official blows an inadvertent whistle.
- a. Team A scores a safety
  - b. Team B touchback
  - c. 1<sup>st</sup> & 10 B at the B 3
  - d. replay the down, no option

41. Force refers to movement of the ball from or into the end zone only.

True: \_\_\_\_\_

False: \_\_\_\_\_

42. Game ends in a tie. Team A used all of its timeouts; team B used only one.

- a. each team will have 3 timeouts in the overtime.
- b. each team will have 1 timeout in the overtime
- c. A will have no timeouts and B will have two during the overtime.
- d. A will have one timeout and B will have three during the overtime.

43. Illegal touching by an ineligible A player must be an intentional act.

True: \_\_\_\_\_

False: \_\_\_\_\_

44. B1's original momentum carries him into his end zone after, at his two yard line, he grabbed a punt on one bounce. B1 falls to the ground in the end zone.

- a. Safety
- b. Touchback
- c. B, 1<sup>st</sup> & 10 at the B2
- d. B, 1<sup>st</sup> & 10 at the B20

45. Penalty enforcement for any dead ball, non-player or unsportsmanlike foul is from the succeeding spot.

True: \_\_\_\_\_

False: \_\_\_\_\_

46. The goal line pylon is in bounds at the intersection of the sideline and goal line.

True: \_\_\_\_\_

False: \_\_\_\_\_



47. If, following a huddle, all 11 players do not come to a stop and remain stationary for one full second it is a foul for:
- a. illegal motion
  - b. illegal shift
  - c. false start
  - d. encroachment by the offense
48. Team K's scrimmage kick crosses the neutral zone and is caught by deep receiver R29 at R's 18. R29, who does not hear the whistle and is unaware that R38 has given a valid fair catch signal, carries the ball for several yards and steps out of bounds. **(mark all that apply)**
- a. No foul – R29 was unaware of R18's signal.
  - b. Dead ball foul – R's ball 1<sup>st</sup> & 15 @ R's 13 yard line.
  - c. R38's signal illegal since he did not catch the ball.
  - d. It would have been legal for R38 to block after R29 caught the ball.
  - e. Dead ball foul – R's ball 1<sup>st</sup> & 10 @ R's 13 yard line.
49. The spot where a run ends is where the runner loses possession no matter how he loses that possession.
- True: \_\_\_\_\_
- False: \_\_\_\_\_
50. As long as there has been no change of team possession during a down it is legal to throw more than one forward pass.
- True: \_\_\_\_\_
- False: \_\_\_\_\_