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Telehealth Via Video Conferencing Agreement

During the Novel Coronavirus Pandemic, we will be transitioning to therapy by Video Conferencing, to help keep everyone safe. The VC system used is Doxy.com, which meets HIPPA standards of encryption and privacy protection, but I can not guarantee privacy. You will not have to purchase a plan or download anything when you join my virtual waiting room. You should also take reasonable steps to ensure the security of our communications (for example, only using secure networks for VC, and having passwords to protect the device you use for VC). In addition, you should find a private space to use while we conduct VC. No one else should be in the room and efforts should be taken so that no one can hear you through a wall.

The extent of confidentiality and the exceptions to confidentiality in the outpatient contract will still apply in telepsychology. Please let me know if you have any questions about exceptions to confidentiality.

Risks to VC in general may include (but are not limited to): lack of reimbursement by your insurance company, the technology dropping due to internet connections, delays due to connections or other technologies, or a breach of information that is beyond our control. Clinical risks may include (but are not limited to): discomfort with virtual face-to-face versus in-person treatment, difficulties interpreting non-verbal communication, and importantly, limited access to immediate resources if risk of self-harm or harm to others. Your clinician will weigh these advantages against any potential risks prior to proceeding with telehealth sessions and will discuss the specifics of telehealth with you before using the technology.

If the session is interrupted for any reason, such as the technological connection fails, and you are having an emergency, do not call me back; instead, call 911, or go to your nearest emergency room. You may also call the national suicide hotline at 1-800-273-8255. Call me back after you have called or obtained emergency services.

If the session is interrupted and you are not having an emergency, disconnect from the session and I will wait two (2) minutes for you to appear in the Doxy waiting room, with the link I provided. If you do not return in two (2) minutes, then I will call you. You may also call me on the phone number I provided you (562-221-4141). If there is a technological failure, and we are unable to resume the connection, we can complete the session via the telephone.

By signing the document below, you are stating that you are aware that your provider may contact the necessary authorities and/or a family member/friend in case of an emergency. You are also acknowledging that if you believe there is imminent harm to yourself or another person, you will seek care immediately through your own local health care provider or at the nearest hospital emergency department or by calling 911.

Below, please include the names and telephone numbers of your local emergency contacts (including local physician; crisis hotline; trusted family, friend, or confidant).

Physician or Psychiatrist Name & Relationship Telephone number(s)

1-800-273-8255 National Crisis Line

Crisis Hotline and local Crisis Center Names Telephone number(s)

Family Member or Friend Name & Relationship Telephone number(s)

By signing this document, you are declaring your agreement with the following statement: I have read this document and have had the opportunity to ask questions. I have discussed this with my clinician and understand the risks/limitations and benefits of video conferencing. I agree to Telehealth sessions (CPT code includes the modifier of 95) via video conferencing.

Signature

Date

Print Name

Julianna M. Lyell, Psy.D.

Date