

Session A	Level 3 & 4	<b>Format:</b> Warm-up/compete	57 gymnasts
	Registration/Stretch.....		9:00 AM
	Presentation.....		9:30 AM
	Warm-up 1 <sup>st</sup> event.....		9:40 AM
	Competition .....		9:50 AM

We will be doing three events at a time (FX, PH, R then V, PB, HB)

Session B	Level 5 - 7	<b>Format:</b> Warm-up/compete	32 gymnasts
	Registration/Stretch .....		12:45 PM
	Presentation .....		1:15 PM
	Warm-up 1 <sup>st</sup> event .....		1:20 PM
	Competition .....		1:30 PM

We will be doing three events at a time (FX, PH, R then V, PB, HB)