4200 Van Horn Road, Jackson, MI 49201

board.nwab@gmail.com

**PURPOSE:** To promote all interscholastic athletics of the Northwest School District through full cooperation with school officials, the Athletic Director and Coaches.

- **Financial Oversight** To coordinate the development of financial support for athletic program enhancements.
- **Athletic Development** To support the early development of athletic skills, teamwork, and sportsmanship through athletic participation from elementary through high school (feeder programs).
- **Athletic Promotion** To promote and communicate the value of athletics, sportsmanship, school spirit and enthusiasm of feeling good about participation and contribution toward the development of our youth.
- Academic Excellence To encourage and recognize academic excellence of all athletic program
  participants.

### AGENDA 4/6/15 7PM HS Media Center

- 1. Official Business
  - a. Call to order
  - b. Verified Member Status
  - c. Minutes Approval (Mar minutes)
- 2. Old Business/Reports
  - a. Finance Report (Feb & Mar)
  - b. Athletic Director Report
  - c. Cash Bash Update
  - d. Charity Poker April confirmed
- 3. New Business
  - a. Buy A Brick fundraising campaign
  - b. Concessions for MS Track
    - i. 4-8-15
    - ii. 4-27-15 (Soccer covers)
    - iii. 5-14-15
- 4. Funding Requests
  - a. Weight Room Equipment (~\$45K)
  - b. Renew WebPage (1 yr/ ~\$43 or 2 yr/ ~\$66 or 3 yr/ ~\$93)
- 5. Adjournment
  - a. Closing Comments Cash Bash tickets are available
  - b. Next Meeting Date May 4

### Thank you for supporting Northwest Athletes!!

### Verified Members 03.01.15

	Amanda Ananauah		Bruce Gumbert		Brian Pahl
	Amanda Anspaugh				
	Denise Berry		Nicole Hatt		Deana Pahl
ᆜ	Steve Berry	$\Box$	Lisa Hendges	$\Box$	Elizabeth Peters
	Bill Bippes		Susan Hinton-Balluff		Dazarine Porche
	Audra Blaschko		Michelle Horsfall		Paulie Porche
	Denny Blaschko		Emily Hughey		Tiffany Pryor
	Tom Blodgett		Michael Hughey		Wendy Richmond
	Tabitha Bos		keith huntley		Mike Richmond
	Mark Bostwick		Marc lott		Matt Rubert
	Michelle Boulter		Patrick Jahn		Nicholas Rush
	Justin Brown		Randy Jakubas		Joe Russ Jr
	Patti Burkart		Jim Kampf		Corey Slater
	Brad Buter		Patricia Kampf		Allison Sleight
	Martha Cantlin		Suzanne Kiess		Deborah Tisch
	Kim Carney		Brian Klinger		Julie Weisbrod
	Dale Carney		Anne Kusch		Mitchell Weisbrod
	Melissa Coito		Brian Kusch		Heather Weller
	Chad Cumberworth		Richard Lally		David Weller
	Don Darrow		Miranda Lamb		Eric White
	Darwin Devereaux		Jill Lefere		Candra Wilcox
	Wendy Dreyer		Katie McMichael		Stephanie Williams
	Angel Fonseca		Eric McMichael		Brandon Williams
	Sam Fonseca		James Moore		Carol Williams
	Kristin Foote		Jennifer Murton		Marilyn Wolfe
	Jason Foote		Zoran Novak		Ron Woodruff
	Joshua Foote		Kristin Olmsted		Mary Woodruff
	Chris Galloway		Ron olmsted		Camie Wrozek
	Tracy Galloway		Julie Ousley		
	Maura Gough		Denise Owens		
	Jennifer Grace		Larry Owens Jr		

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  participants.

#### 03/01/15 Meeting Minutes

Board Members present: Eric White, Angel Fonseca, Mike Richmond, Candra Wilcox, Jim Kampf

Board Members absent: Trish Kampf

Verified Members present: Denise Berry, Steve Berry, Bill Bippes, Melissa Coito, Kristin Foote, Jason Foote, Chris Galloway, Bruce Gumbert, Lisa Hendges, Keith Huntley, Jim Kampf, Brian Klinger, Anne Kusch, Brian Kusch, Denise Owens, Larry Owens Jr., Elizabeth Peters, Wendy Richmond, Corey Slater, Ron Woodruff, Mary Woodruff

#### 1. Official Business

- a. Fonseca called the meeting to order at 5:05pm
- b. Fonseca confirmed verified members list and attendance.
- c. Minutes for Jan and Feb were approved as written presented.

#### 2. Old Business/Reports

- a. Finance Report for February isn't available yet due to end of month and meeting date.
- b. Galloway presented the Athletic Director Report, providing the status of winter sports and season and district success. Several individuals were competing at regional and state level.
- c. Cash Bash update was provided by L. Hendges; still need to sell tickets and also collect sponsorships/donations. A sign up sheet was passed around to solicit helpers.
- d. Galloway is still searching for volunteers for assist with the April 27 poker date at Wool E Bully's, the 28<sup>th</sup> and 29<sup>th</sup> are already covered.

### 3. New Business

a. Election Status - Nominations were proposed from the floor and the election ensued. For the 2015-16 term the following board members will hold office: President – Elizabeth Peters, Vice President – Larry Owens, Treasurer – Candra Wilcox, Secretary – Kris Foote, Trustees – Jason Foote, Ron Olmsted and Denise Ownes.

### Thank you for supporting Northwest Athletes!!

### 4. Funding Requests

a. C. Galloway shared a funding request to purchase new equipment to outfit a new weight room building built as part of the construction. Discussion ensued regarding the existing equipment's usage in the middle school, the adjustment of classroom space for physical education and the potential for hiring a weight room coordinator to supervise the room. This discussion will open again at the next meeting with the option of being moved and voted upon.

### 5. Adjournment

- a. Closing Comments
- b. Next Meeting Date April 6 (Monday after spring break)

#### **NW ATHLETIC BOOSTERS**

**Net Income** 

\* Cash on hand

**Future Opportunity Fund** 

**Ending Cash Balance** 

### Fund Activity and Balance as of February 28, 2015

Beginning Cash Balance 65,336.06 Income 3,390.11 Expenses 2,712.91

67,273.26

**Ending Cash Balance** Fiscal Actual Fiscal Budget Feb-15 2014-2015 Budget 2014-2015 MTD YTD **Balance YTD Beginning Cash Balance** 56,345.28 **65,336.06** \$ 56,345.28 **Operating Income** Concessions 12,000.00 2,476.30 15,845.67 -3,845.67 50/50 Raffles 2,000.00 2,046.00 -46.00 Spirit Wear 12,500.00 673.23 16,302.54 -3,802.54 **MIS Fundraisers** 10,000.00 6,080.16 3,919.84 U of M Events 4,108.06 -4,108.06 Hot Rods 5,000.00 5,000.00 Sports Guide Sponsorship 5,000.00 2,650.00 2,350.00 Sports Guide - Mountie Fan Page 2,000.00 50.00 1,763.00 237.00 Sports Guide - Sales 206.00 200.00 -6.00 Cash Bash - Tickets 24,000.00 80.00 240.00 23,760.00 Cash Bash - Sponsors 1,000.00 1,000.00 Cash Bash - Events 9,000.00 9,000.00 100.00 1,118.44 **Donations** 1,000.00 -118.44 Other 10.58 237.62 -237.62 **Total Income** 83,700.00 3,390.11 50,597.49 33,102.51 **Operating Expenses** 6,500.00 **Concession Supplies** 836.64 7,698.53 -1,198.53 **Concession Staffing** 2,500.00 1,350.00 1,150.00 1,260.00 Cash Out **Concession Upgrades** 5,000.00 5,000.00 Spirit Wear 8.500.00 336.50 10,789.97 -2.289.97 MIS Fundraiser Expenses 400.00 258.53 141.47 MIS Staffing 7,500.00 4,828.27 2,671.73 U of M Staffing 1,041.31 Sports Guide 1,000.00 1,360.00 -360.00 2,500.00 2,500.00 Hot Rods Rental Hot Rods Staffing 1,800.00 1,800.00 99.45 Cash Bash Expenses 16,000.00 15,900.55 Cash Bash Back-up Withholding Tax 3,000.00 3,000.00 Sports Awards & Banquet 1,000.00 242.00 758.00 **District/State Competition Expenses** 2,500.00 752.96 1,747.04 Coaching Clinics & Memberships 2,000.00 776.75 1,223.25 **Cheerleader Supplies** 500.00 500.00 0.00 Phil Loomis Awards 1,000.00 1,000.00 0.00 **Athletic Feeder Programs** 500.00 500.00 21.77 116.98 883.02 Office Supplies 1,000.00 258.00 Taxes, Fees and Insurance 1,500.00 481.00 1,019.00 **Equipment Repair** 1,000.00 1,000.00 Other/Contingency 2,000.00 2,000.00 **Total Expenses** 67,700.00 2,712.91 31,295.75 36,404.25

16,000.00

10,000.00

62,345.28

677.20

1,260.00

67,273.26

19,301.74

9,134.37

66,512.65

-3,301.74

865.63

(62,896.93)

### **NW ATHLETIC BOOSTERS**

### Fund Activity and Balance as of March 31, 2015

 Beginning Cash Balance
 67,273.26

 Income
 9,492.21

 Expenses
 6,253.64

 Ending Cash Balance
 70,691.83

as of Watch SI, 2015				Enaing
	Fiscal		Actual	Fiscal
	Budget	Mar-15	2014-2015	Budget
	2014-2015	MTD	YTD	Balance YTD
Beginning Cash Balance	56,345.28	67,273.26	\$ 56,345.28	
Operating Income				
Concessions	12,000.00	3,354.10	19,199.77	-7,199.77
50/50 Raffles	2,000.00	-	2,046.00	-46.00
Spirit Wear	12,500.00	208.04	16,510.58	-4,010.58
MIS Fundraisers	10,000.00	-	6,080.16	3,919.84
U of M Events	-		4,108.06	-4,108.06
Hot Rods	5,000.00	-	-	5,000.00
Sports Guide Sponsorship	5,000.00	-	2,650.00	2,350.00
Sports Guide - Mountie Fan Page	2,000.00	175.00	1,938.00	62.00
Sports Guide - Sales	200.00	-	206.00	-6.00
Cash Bash - Tickets	24,000.00	5,745.00	5,985.00	18,015.00
Cash Bash - Sponsors	1,000.00	-	-	1,000.00
Cash Bash - Events	9,000.00	-	-	9,000.00
Donations	1,000.00		1,118.44	-118.44
Other	-	10.07	247.69	-247.69
Total Income	83,700.00	9,492.21	60,089.70	23,610.30
Operating Expenses				
Concession Supplies	6,500.00	260.50	7,959.03	-1,459.03
Concession Staffing	2,500.00	-	1,350.00	1,150.00
Cash Out	_,	180.00	_,	_,
Concession Upgrades	5,000.00			5,000.00
Spirit Wear	8,500.00	63.00	10,852.97	-2,352.97
MIS Fundraiser Expenses	400.00	-	258.53	141.47
MIS Staffing	7,500.00		4,828.27	2,671.73
U of M Staffing	,,500.00	1,546.05	2,587.36	2,072.70
Sports Guide	1,000.00	-,	1,360.00	-360.00
Hot Rods Rental	2,500.00	150.00	150.00	2,350.00
Hot Rods Staffing	1,800.00	-	-	1,800.00
Cash Bash Expenses	16,000.00	_	99.45	15,900.55
Cash Bash Back-up Withholding Tax	3,000.00	_	-	3,000.00
Sports Awards & Banquet	1,000.00		242.00	758.00
District/State Competition Expenses	2,500.00	952.49	1,705.45	794.55
Coaching Clinics & Memberships	2,000.00		776.75	1,223.25
Cheerleader Supplies	500.00	_	500.00	0.00
Phil Loomis Awards	1,000.00	_	1,000.00	0.00
Athletic Feeder Programs	500.00	-	, -	500.00
Office Supplies	1,000.00		116.98	883.02
Taxes, Fees and Insurance	1,500.00		481.00	1,019.00
Equipment Repair	1,000.00	-	-	1,000.00
Other/Contingency	2,000.00	12.00	12.00	1,988.00
Total Expenses	67,700.00	3,164.04	34,279.79	33,420.21
Net Income	16,000.00	6,328.17	25,809.91	-9,809.91
	25,500.00	-	20,303.31	3,503.31
* Cash on hand		180.00	-	
Future Opportunity Fund	10,000.00	3,089.60	12,223.97	-2,223.97
Ending Cash Balance	62,345.28	70,691.83	69,931.22	(62,896.93)
			<del></del>	

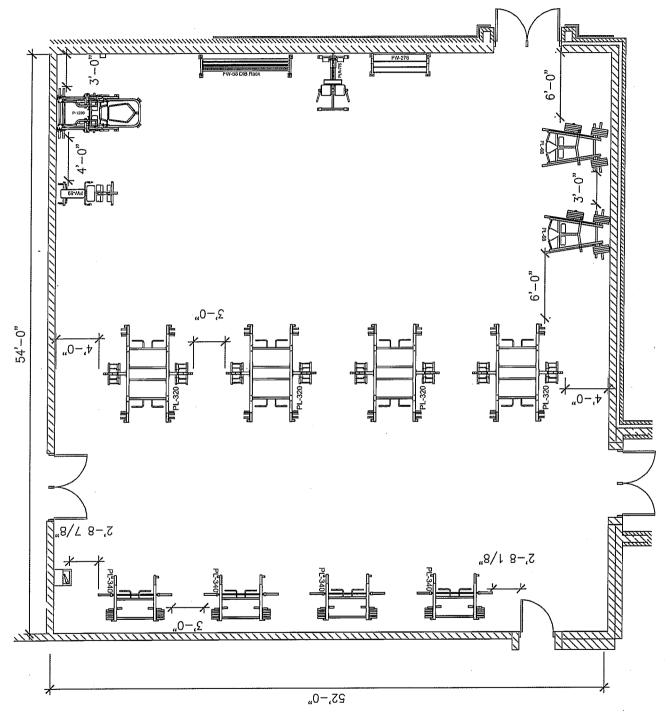


### **Funding Request**

Please complete this funding request in its entirety.

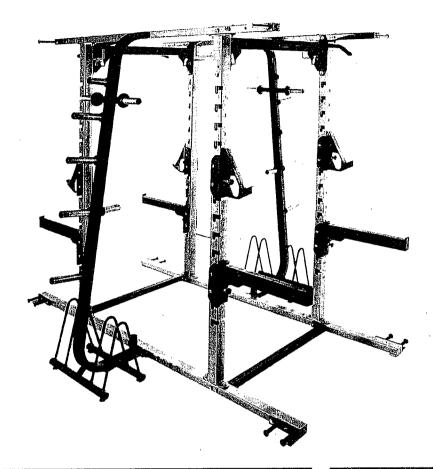
- It is the policy of the NW Athletic Boosters not to purchase any uniform items.
- NWAB encourages items that will benefit many athletes for many seasons.
- Approval is more likely with consistent attendance and participation at NWAB meetings and activities by parents and coaching staff.

and coaching stail.
Team Requesting Item: Athletic August must Contact Name/Email: Chris Galloway Chris, Galloway
Item Weight Room Equipment Total Cost (including shipping) # 43.874.035
Vendor Name Do you have quotes from other vendors?(YES) or NO
Why/How will this item benefit Northwest Athletics?*****Please attach a description of the item****    Got to outfit new weightroom and pass some existing weightroom equipment to MS    To beam a program of MS.    Phys Ed + All after subject sports (9/TV/Var) + MS would benefit. I discussion with Mr. Bunkray un /    Weightroom Coordinator.   How many athletes will benefit from this item?   M/ 7/12    How many years is this investment expected to last?   Dt    Has the school (or other source) been approached for funding support? Outcome?   Yes, Money is available to     Duild New Weightroom but not fill it. Could use old equipment but would like to pass down    What is the balance of your 72 account?   How much will you contribute to this item?   Opens on fund.
In the past two years, what other non - budgeted requests have been made of NWAB? Please include short description, date, amount, and if approved.
Signature of Head Coach/Contact Person: (validating request)
Signature of Athletic Director: (validating athletic need)
Please submit this completed form to the Athletic Director for approval at least one week before the next NW Athletic
Boosters meeting. AD will forward to NWAB Board.



### ULTRA PRO SERIES RACKS

### PL-320 DOUBLE SIDED HALF RACK



#### FEATURES and SPECIFICATIONS

Uprights

Bar Catches

Safety Catch Arms

Storage

Chin-Up Stations

Band Attachments

Laser Notching

Accessory Storage Accessory Storage Cont.

Finish

**Product Dimensions** 

Double laser notched w/laser engraved numbering system for exact bar location

- 4 Stainless steel heavy duty lock-on angled weight bars catches
- 4 Stainless steel heavy duty lock-on adjustable safety catch arms

Weight plate/bumper plate storage with open top rack for easy access

2 - Single-grip chin-up stations

Upper and lower

Allows for quick and easy bar catch and safety bar adjustments

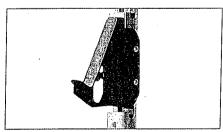
2 - Vertical weight bar holders

Resistance band storage and weight collar storage

3" x 3" Heavy wall steel frame tubing

3 - Stage durable powder coat finish

Length 108" x Width 96" x Height 95"



Pro Maxima's angled lock-on adjustable, stainless steel heavy duty bar catches w/4 case hardened lug supports enable a 1000 lb. weight capability and ensures solid, safe racking.

#### STANDARD FRAME COLORS OPTIONS Lock and Dock Adjustable Bench Dip Altachment White Grav Black Technique Trays Single or Double Land Mine Platform

#### WARRANTY

Platform Logo Platform Ramp Spotter Stands

Frame / Welds Mechanical Components

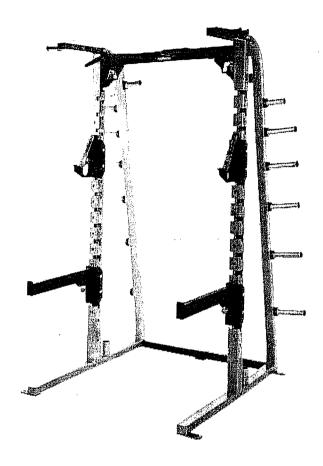
Multi-Grip Chin-Up Station

Lifetime 5 Years



At Pro Maxima safety is a priority, that's why all our Pro Series Racks come with 24" safety bar catches with 4 case hardened lug supports for our easy to adjust lockout system that supports up to 1000 lbs.

### PL-340 HALF RACK



#### FEATURES and SPECIFICATION

Uprights Bar Catches

Safety Catch Arms

Storage

Chin-Up Stations

Band Attachments

Laser Notching

Accessory Storage
Accessory Storage Cont.

Frame

Finish

Product Dimensions

Double laser notched w/laser engraved numbering system for exact bar location

- 2 Stainless steel heavy duty lock-on angled weight bars catches
- 2 Stainless steel heavy duty lock-on adjustable safety catch arms

Weight plate storage

1 - Single-grip chin-up station

Upper and lower (lower band attachments not shown in image above)
Allows for quick and easy bar catch and safety bar adjustments

2 - Vertical weight bar holders

Resistance band storage and weight locking collar storage

3" x 3" Heavy wall steel frame tubing

3 - Stage durable powder coat finish

Length 51" x Width 66" x Heigth 95"

Lock and Dock Adjustable Bench

Dip Attachment

Technique Trays

Single or Double Land Mine

OPTIONS

Platform Logo Platform Ramp

Spotter Stands

Multi-Grip Chin-Up Station

White

....

Gray

STANDARD FRAME COLORS



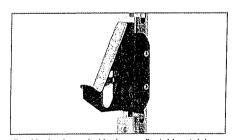
Other custom colors available for an additional fee

### WARRANTY

Frame / Welds
Mechanical Components

Lifetime 5 Years

#### FEATURES Cor



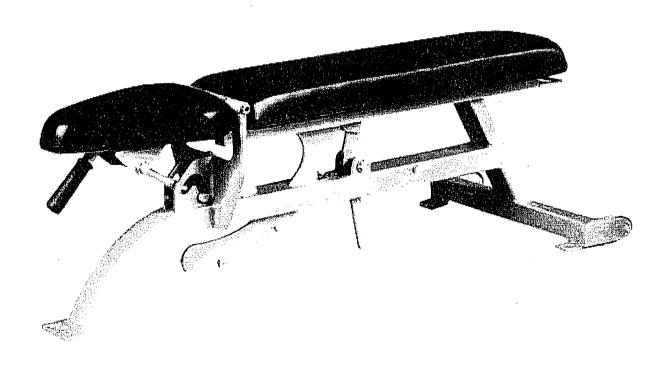
Pro Maxima's angled lock-on adjustable, stainless steel heavy duty bar catches w/4 case hardened lug supports enable a 1000 lb. weight capability and ensures solid, safe racking.



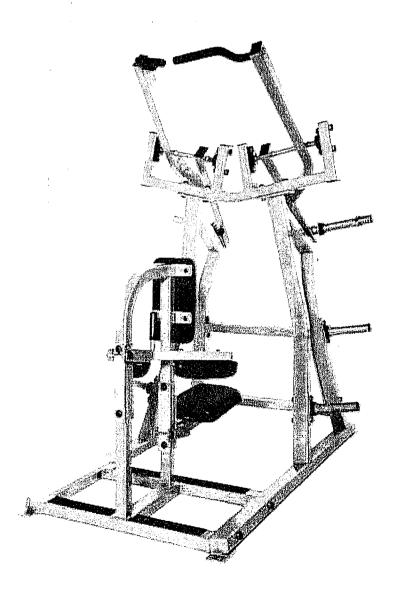
At Pro Maxima safety is a priority, that's why all our Pro Series Racks come with 24" safety bar catches with 4 case hardened lug supports for our easy to adjust lockout system that supports up to 1000 lbs.

### FW-150 0-90° Utility Bench w/Wheels

- > 40 oz. Seamless upholstery, bacteria free.
- > Adjustable from 0 90°.
- Rubber Grip Handles for seat back adjustment and for manuevering the bench.
- > Wheels allow for easy manuevering.
- > Durable powder coat finish.
- > 2" x 3" heavy wall steel construction.



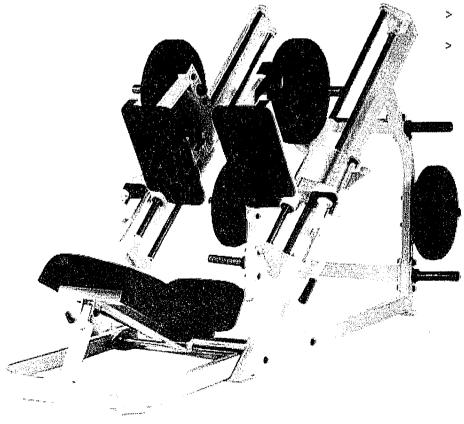
### PL-68 Unilateral Front Lat Pulldown



- > 2" x 3" 11 guage steel frame.
- > Weight plate storage
- > Independent arm movement.
- > 40 oz. Seamless Upholstery, bacteria free.
- > Adjustable seat, no pop pins.
- > Adjustable thigh pads.
- > Pillow block bearings at all pivot points.
- > 2 lb. starting resistance.
- > 2" x 3" Solid rubber arm stop and support.
- > Powder coat finish.

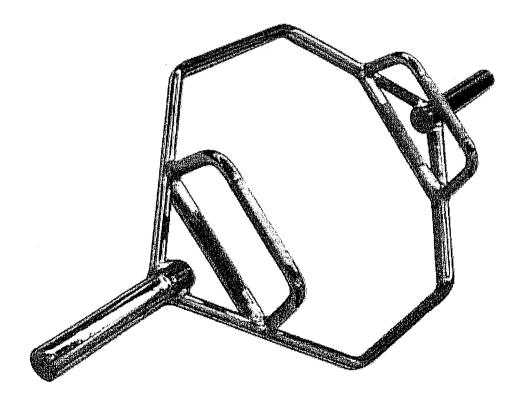
# P-1200 Unilateral Inverted Leg Press w/Linear Bearings

- > 2" x 3" Heavy wall steel frame.
- > Linear bearing guide system.
- > 1.5" case hardened guide rods.
- > Heavily padded adjustable back pad.
- > 40oz. seamless upholstery, bacteria free.
- Weight plate storage with protective coating.
- > 2 Solid plate horns for max, weight load.
- > Safety lock-out system.
- Non-skid rubber foot plates.
- > Durable powdercoat finish.



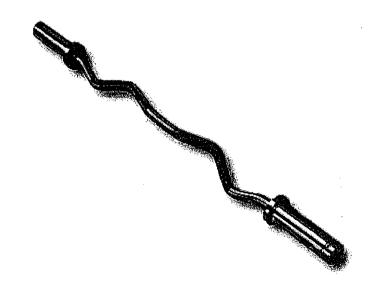
# Hip Bar

- > Hardened Chrome Finish.
- > 1" Grip.
- > Rust resistent.



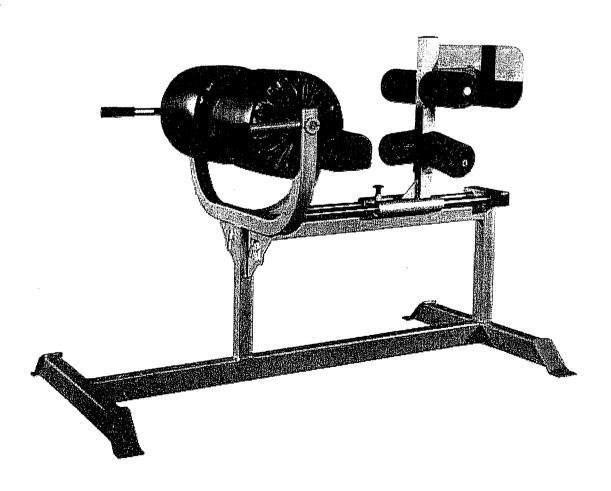
## Olympic Power Curl Bar

- > Solid Ends.
- > 1" Grip.
- > Rust resistent.



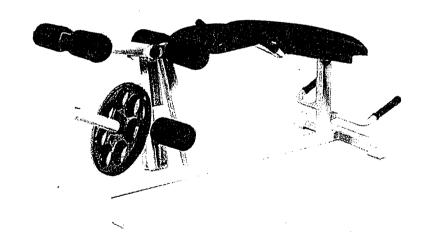
## PLR-775 Glute/Ham Developer

- > 2" x 3" and 2" x 2" Heavy wall steel.
- > Linear bearing foot pad adjustment.
- > 40 oz. Seamless Upholstery, bacteria free.
- > Split thigh pad fits all users.
- Assist handles with custom rubber grips.
- > Non-skid foot plate.
- > Foam rollers to lock feet in place.
- > Powder coat finish.



# FW-89 Combo Leg Curl/ Leg Extension

- > 2" x 2" 11 Gauge welded steel frame.
- > Adjustable roller pads to accomodate all users.
- > 40 oz. seamless upholstery, bacteria free.
- > Assist handles with custom rubber grips.
- > Powder coat finish.



### Rubber Grip Plates

- > Olympic style weight plate.
- > Rubber Incased Grip Plates.
- .> Grip design for easy handling.
- > 2" Center hub.
- > Sizes include: 2.5, 5, 10, 25, 35 and 45 lbs.



# **Rubber Bumpers**

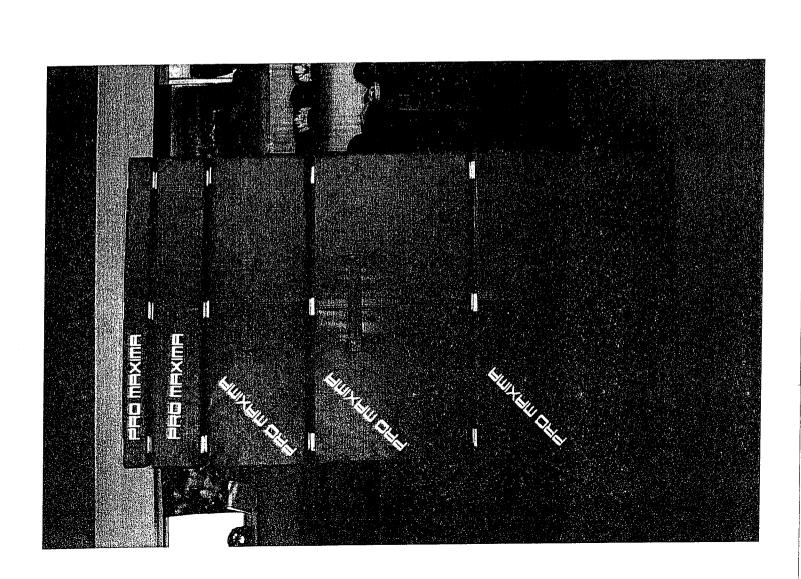
- > Olympic style.
- > Solid Rubber Bumper Plates.
- .> Available in several different colors.
- > Brass center hub.
- > Sizes include: 10, 25, 35 and 45 lbs.
- All plates have a standard 18" Diameter.



## 7' Olympic Bar Hardened Chrome Finish

- > 1500 lb. Test
- > Solid Ends.
- > 1" Grip.
- > Rust resistent.





### **Rubber Kettlebells**

- > Sizes range from 5 lbs. to 85 lbs.
- > Rubber design wont damage floors.
- > Chrome Handles



# **Spring Collars**

- > Olympic style spring collars.
- > Stainless steel.
- > Fits Olympic weight bars.

