# **Launch 1: Shamanic Journeying Skills Fieldwork Log**

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| Date | Narrative  Connections and allies made, challenges experienced, breakthroughs, discoveries, patterns… |
| Introduction and Assessment | |
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| Shamanic Journeying 1 | |
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| Shamanic Journeying 2 | |
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| Shamanic Journeying 3 | |
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