

Respite Care Plan  
Care team in confidence



Please be aware that all of our clients have different needs, the questions in this form should only be answered if; you feel comfortable doing so, and, they're relevant to your intended stay at Anavoli. Your Care supervisor will be in touch with you to discuss your stay prior to your arrival if they aren't completing this form with you. If you require any clarifications while you're filling this form please contact Jules on 022 063 8968

**Full name**

**I prefer to be known as** \_\_\_\_\_ **I like to be spoken to in** \_\_\_\_\_

**My first contact person:** \_\_\_\_\_

**Phone Number** \_\_\_\_\_

**Second contact person:** \_\_\_\_\_

**Phone Number** \_\_\_\_\_

**Date and time checking in** \_\_\_\_\_

**Date and time checking out** \_\_\_\_\_

**My health conditions and relevant issues:**

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2
3
4
5
6

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**Allergies and medical alerts: (food, textiles, chemicals, environmental, other)**

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**GP:** \_\_\_\_\_ **DHN:** \_\_\_\_\_

**Pharmacy:** \_\_\_\_\_

**Medications:**

Name/Purpose	Time	Time	Time	Time	Time	Scripted	Given

**My food preferences:** (you can use this space to provide us your grocery list if you intend to prepare your own meals)

<b>Breakfast</b>
<b>Lunch</b>
<b>Dinner</b>
<b>Snacks</b>

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**Foods I don't like**

**Foods I can't eat**

**Mobility aids**

**Communication aids**

**General equipment requirements** (please list any equipment you utilise so we can ensure it's onsite for your arrival)

**My preferred schedule** (where this is relevant to care or services you'll be receiving from us)

**My hobbies and interests** (we can achieve just about any activity on or off site, some incur additional expense, please give us your dream list and we will create a best fit package for your consideration)

**My family members (past and present where relevant)**

**My previous/current employment (where relevant)**

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**Animals** - please advise if you will be bringing a companion animal (guide dog etc) or would like to bring any pets with you.

**Anything else you'd like us to know for your stay, include any activities, services you'd like included in your stay**