

Tai Chi in the Park!



*New tai chi class at
Lake Daniel Reservoir Park
in Greensboro!*

Where: Lake Daniel Reservoir Park, across from
411 Mimosa Drive, off Westover Terrace. Park on street.
Restrooms nearby. 7.00 offering per class or what you can afford.

When: Tuesdays, 11:00 – 12:00, weather permitting. Class is cancelled
in event or forecast of rain.

**Led by Shifu Eric Reiss, Chief Instructor of
Silk Tiger School. Social Distancing respected,
contactless instruction. Tai Chi boosts the immune
system!**

For information on start date of class or weather-related
cancellation, phone: **336-447-5122**

Please visit: www.silktigertaichi.com