Standing Up

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The world is moving so rapidly now, it is hardly recognizable. Our governments leaders are not keeping pace with the planets needs for meaningful change.

Our earth is suffering, our forests are burning and being depleted, our air and water is being poisoned, our soil is being poisoned and depleted, foods have less and less nutrition, disease and death rates continue to soar and our societies decline.

Billions of dollars are being spent on war armament and bio-weapons, as plagues overtake our civilian defences while mandated pharmaceutical interventions are proclaimed our saviour.

It is time to take a look at the reality in which we live and what is happening around our world so we may choose the kind of world we wish to live in. The problems of the world could stop in an instant when we all act from truth and love, instead of manipulation and fear.

Fear is the deadliest virus of them all. It penetrates our bodies so that we may carry it and spread it to another. Fear is always a suggestion and not a reality. It presents us with a choice of whether we want more of the reality it suggests or not and whether we will let it in or out.

Frequency immunity is our natural protection from taking this fear virus on. It comes from raising our consciousness through embodying more truth and love on the planet. Safety and freedom are found here, no where else.

Truth seems impossible to find right now. All we can do is stay still, calm and stick to our own truth, whatever that is, and say what we feel, regardless of the consequences and however uncomfortable.

Reality is rearranging around truth, love and freedom. It's up to us what type of future we get to experience. It's even up to us whether we assert ourselves or not, but if we don't, someone else will do it for us and we will have to accept the costs. There is no place to run or hide from our responsibility in this reality created.

Saying and doing what we feel without censoring, not engaging in any harmful action and shouting "NO" to what is not right, is all our jobs now.