

May 16th, 2015

# CSA SPRING SHARE WEEK 2

BackPorch Produce Weekly Newsletter

## This weeks items:

- ⇒ Green Onions
- ⇒ Romaine Lettuce
- ⇒ Rhubarb
- ⇒ Swiss Chard
- ⇒ Red Radishes
- ⇒ Pac Choi

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### What is Pac Choi?

An Asian green that is a member of the cabbage family. Great for stir-fry! Tastes very similar to cabbage but a lighter flavor. You will want to use this up quickly as it does not store for a very long time.

### Swiss Chard?

These are the same as beets but do not grow the root vegetable.

**This week has been busy as always. With the slight chance of frost the other night I went thru and covered the summer squashes, green beans and corn that was already growing so nicely. Everything is fine and sustained no frost damage. Looking forward to those little round zucchini that everyone loves so much (including me!)**



Early in the season we put these rows of biodegradable black plastic down in the fields. Certain vegetables grow much better with the heat and moisture that is held under it and is a big help with controlling the weeds around the vegetables, as well. Later as the weeds and clover begin to grow in between the rows, I do not cultivate it, instead simply keep it mowed to hold in moisture again and also to keep from overworking the soil. This same plastic is removed at the end of every season as required per our certification and then winter cover crops are also put in.