



Nursing Assessment Tool

From: School Nursing – A Comprehensive Text

A - I Assessment

A - Airway

- Position, sounds, obstruction

B - Breathing

- Work of breathing, adventitious sounds, rate, effort, odors, chest symmetry, drooling

C - Circulation

- Skin color, temperature and moisture, capillary refill time; rate and quality of pulses; bleeding

D - Disability

- Activity level, mentation, pupil size and reactivity, emotional state. Orientation to time, place and person. AVPU level of consciousness

E - Expose or examine

- Open student's shirt or blouse to observe breathing; remove clothing as needed to examine injuries, rashes, bites or stings

F - Fahrenheit

- Check temperature as appropriate

G - Get vital signs

- Obtain baseline BP, HR, RR; measure or estimate weight

H - Head to toe assessment

- Can be focused or complete, depending on the student's health status, mechanism of injury and school policy. Inspect, palpate, and auscultate.

I - Inspect and isolate

- Assess for infectious disease exposure, pediculosis, immunocompromise

AVPU

A = Alert

The student is awake and able to speak or interact spontaneously.

V = Verbal - responds to verbal stimulus

A verbal stimulus elicits some response; for example, the student's eyes may open when you call loudly, or agitation may lessen in response to a command.

P = Painful - responds to painful stimulus

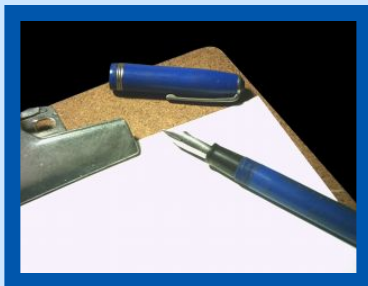
The student responds to a painful stimulus by moaning, crying, or withdrawing from pain.

U = Unresponsive

The student shows no response to verbal or painful stimuli.

Reference:

School Nursing: A Comprehensive Text. (2006). Philadelphia, PA: F.A. Davis Company



Nursing Assessment Tool

From Mosby's Physical Examination Handbook

"Old Carts"

Pain Assessment Acronym

O - Onset

L - Location

D - Duration

C - Characteristics

A - Aggravates

R - Relieves

T - Timing

S - Severity

Reference:

Mosby's Physical Examination Handbook (2006). St. Louis, MO, Mosby, Inc.

Wong-Baker FACES Pain Rating Scale



From Wong D.L., Hockenberry-Eaton M., Wilson D., Winkelstein M.L., Schwartz P.: Wong's Essentials of Pediatric Nursing, ed. 6, St. Louis, 2001, p. 1301. Copyrighted by Mosby, Inc. Reprinted by permission.