**ELIGIBILITY**: The Georgia High School Association sanctions this event. Any Georgia High School athlete in grades 9-12 eligible under GHSA rules may compete upon selection. Athletes must compete for their school and in their school uniform.

**ENTRY INSTRUCTIONS**: All entries will be conducted on-line using https://ga.milesplit.com/meets/368264/info#.XcWqGndFw2w

**ENTRIES:** Please see the entry limitations on the schedule of events listed below.It is understood that schools have not had the opportunity to compete in some of the **relays** prior to this meet. Please estimate an accurate time in these events and selection will be considered on performances in other events. In an effort to provide the fairest selection process all **individual** entries MUST be verified during the entry process. Coaches who do not provide legitimate FAT times for athletes will cause their athletes to be eliminated from competition.

**ENTRY LIMITATIONS**: All Coaches should follow GHSA rules and have their athletes entered in the appropriate number of open and relay events. Schools may only enter **1** athlete in each open event and **1** relay team. Milesplit will allow up to 3 entries per event and we will then seed the meet to allow the maximum listed on the event time list. Basically, every school will be allowed 1 entry but could have up to 3 entries.

**ENTRY FEES**: WE will only be able to accommodate 35 teams so those who pay first will receive the password for the meet. Maximum entry fee will be $150 per team with boys andgGirls teams are separate teams. Entry fees are non-refundable.

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| **Entry** | **Selection** | **Payment** |
| **Deadline for entries is Tuesday 2/25/20 at 4:00pm.** | Notification of selection of invitational events will be posted on www.ga.milesplit.com and/or www.popetfxc.com by Tuesday **2/25 midnight.**    Scratch by e-mail to  [coachmonk2@gmail.com](mailto:coachmonk2@gmail.com) or [cmonk3@hotmail.com](mailto:cmonk3@hotmail.com) by Wednesday 12:00 noon. | $150 per team/boys and girls are separate.  1. Check payments should be made to Finish Line Booster  Club and mailed to  Starr's Mill High School Track  & Field Attn: Coach Walker  193 Panther Path Fayetteville, GA 30215  2. online payment  https://www.popetfxc.com/theatlanta-relays |

# EVENT INFORMATION

**PARKING:** There is plenty of parking on both sides of Lakewood stadium. Look for parking maps as the meet date gets closer.

**PACKET PICK UP**: Team packets will be available for pick up at 2:45pm on Friday 2/28/19 @ Lakewood stadium.

**ADMISSION**: Admission will be $10 for adults and free for those 12 and under. Athletes should be prepared to show their uniform to gain access to Lakewood Stadium. Coaches should have their GHSA pass to gain entry.

**AWARDS**: Awards presented to 1-3 place teams and athletes. Athletes are encouraged to remain the awards area upon the conclusion of their event to be recognized.

**EVENT SEEDING**: Field events will be seeded from worst to best. Running events sections will be from slow to fast.

**FACILITY**: Lakewood Stadium has a world-class track that is MONDO. One-quarter inch spikes only are allowed. Warm ups will be allowed OUTSIDE the football field area per Atlanta Public School system. Trainers will be available in the warm-up area.

**CLERKING AT LAKEWOOD**: Athletes must check in 30 minutes ahead

of their event at the check in table adjacent to the start line. All relays athletes must check together. All field events athletes should check in at their event site.

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| All events at Lakewood Stadium | |  | | |
| **EVENT** | **Entries per school** | **COMPETITORS** | **HEATS/FLIGHT** | **QUALIFYING** |
| Boys Shot Put- **SHOWCASE** | **1 up to 3** | **Top 32** | **3** | **Final** |
| Girls Shot Put- **SHOWCASE** | **1 up to 3** | **Top 32** | 3 | **Final** |
| Boys Discus -TEAM EVENT | 3 | 40 teams | A team will consists of 3 teammates and each will receive 2 attempts.. | Final |
| Girls Pole Vault- **SHOWCASE** | Up to 2 | **Top 25** | 5 alive | Final |
| Girls Long Jump-TEAM EVENT | 3 | 40 teams | A team will consists of 3 teammates and each will receive 2 attempts. | Final |
| Boys High Jump | 2 | 40 | 5 alive | Final |
| Boys Long Jump-TEAM EVENT | 1 to 3 | 40 teams | A team will consists of 3 teammates and each will receive 2 attempts. | Final |
| Girls Triple Jump - **SHOWCASE** | 1 up to 3 | **Top 32** | 3 flights | Final |
| Boys Triple Jump - **SHOWCAS**E | 1 up to 3 | **Top 32** | 3 flights | Final |
| Girls Discus- TEAM EVENT | 3 | 40 teams | A team will consists of 3 teammates and each will receive 2 attempts. | Final |
| Girls High Jump | 2 | 40 | 5 alive | Final |
| Boys Pole Vault - **SHOWCASE** | 2 | **Top 25** | 5 alive | Final |
| Girls 100m–Semi | 1 up to 3 | 81 | 9 heats | Section vs time |
| Boys 100m-Semi | 1 up to 3 | 81 | 9 heats | Section vs time |
| Girls 100 Hurdles | 1 up to 3 | 81 | 9 heats | Final |
| Boys 110 Hurdles | 1 up to 3 | 81 | 9 heats | Final |
| Girls 3200m Run (slow heat) | up to 3 total | Next 25 | 1 heat | Final |
| Boys 3200m Run (slow heat) | up to 3 total | Next 25 | 1 heat | Final |
| Girls 4x100 Relay | 2 | 80 | 9 heats | Final |
| Boys 4x100 Relay | 2 | 80 | 9 heats | Final |
| Girls 4x800 Relay | 1 up to 2 | 54 | 3 heats | Final |
| Boys 4x800 Relay | 1 up to 2 | 54 | 3 heats | Final |
| Girls 400 | 1 up to 3 | 81 | 9 heats | Final |

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| Boys 400 | 1 up to 3 | 81 | 9 heats | Final |
| Girls 4X200 | 1 | 40 | 5 heats | Final |
| Boys 4X200 | 1 | 40 | 5 heats | Final |
| Girls 3200m Run (fast) | up to 3 total | Top 18 | 1 heat | Final |
| Boys 3200m Run (fast) | up to 3 total | Top 18 | 1 heat | Final |
| Girls 100m Final |  | 9 | 1 heat | Final |
| Boys 100m Final |  | 9 | 1 heat | Final |
| Girls 4x400 Relay | 1 | 40 | 5 heats | Final |
| Boys 4x400 Relay | 1 | 40 | 5 heats | Final |

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| Saturday 2/29 At Centennial Olympic Park | | |  |  |
| **EVENT** |  | **COMPETITORS** | **HEATS/FLIGHT** | **QUALIFYING** |
| Girls 4x1600m Relay | 1 | top 20 teams | 1 heat | Final |
| Boys 4x1600m Relay | 1 | top 20 teams | 1 heat | Final |