

The History of Crystals



In revisiting the history of crystals it's important to remember that in modern times we have come to know the differences between doctors, healers, magicians, scientists and astrologist. In those ancient times crystals were used to create magical talismans to fortify the person who would wear it with the characteristics of that planet. In the 11th century Hildegard von Bingen, wrote a book called Physica and detailed how crystals could be used as both stones and ingredients for recipes and magical fold of cures. And, because of this content, we began to understand that magical properties of crystal elixirs. It has been said that in modern times the physical healing properties of the crystals has been based on medicine. And, that its effects were phenomenal when it was used to treat and heal chronic ongoing conditions; such as arthritis. Even to these days conventional medicine has not been able to come up with an understanding of the power that crystals possess. Crystals are powerful whenever they are used alongside the subtle energies of our moods and emotions. Crystals provide a steadying balance whenever we are working our way through an emotional time. Crystals are used to balance our emotional and spiritual healing. The use of crystals for healing on many levels began a long time ago and before what we know in today "New Age". Archaeologist have discovered in graves and barrows excavated in Europe, the Middle East, Russia and Africa of beads, carving, and jewelry made from Amber, Jet, Turquoise, Lapis Lazuli, Garnet, Carnelian, Quartz, and other stones. The beads carved of mammoth ivory have been excavated from graves in Sunning, Russia dating as far back to 60,000 years ago. And, this was the beginning of the Paleolithic period. It is historically known that the oldest amulets are the Baltic amber and it goes as far back to 30,000 years ago. The amber beads were discovered in Britain 10,000 years ago.

Jet gemstone was also extremely popular as beads, bracelets and necklaces in Switzerland and Belgium. And, there were mines in Sinai that were cultivated for malachite gemstones as far back as 4000 B. C. The 12th century brought with it a Marbodius Bishop of Rennes, was claimed that agate gemstone would make the person who wore become agreeable, and persuasive and had favors of God. Now, the value that were given to these crystals was done by various cultures and it could be seen by the different carvings that were present in the graves of Kings and Queen's. The departed soul wore them as transition into their next life.

The prehistoric reverence for crystals were in the solar temple. The ancient grave's that are still located in the Boyne Valley, in Ireland, that are older than the pyramids, were built so that the Sun would stream through the 70-foot-long entrance to the tunnel. Its roof was covered with white quartz as a symbol of the White Goddess. The Ancient Egyptians used them in their hieroglyphic papyrus from 2000 B.C. And, it has been documented that medical cure were accomplished by using crystals and that 1500 B.C. They added other crystals to their prescriptions to the medical regime. The Native Americans, who originally settled in North, Central and South America used crystals and were widely used in their spiritual ceremonies, rituals and healing and for practical purposes; It's is interesting that the ancient Mexicans used Pyrite crystal to make mirrors. Obsidian stones served both for practical and ritual purposes; and the Mayans used it as a ceremonial knife. Other tribes believed that it served to sharpen both outer and inner vision. They used quartz crystals to diagnose disease.

These ancient tribes also believed that the souls of those who led good lives would go into the crystals. Tibet believed that Turquoise were stones that had a bridge between heaven and earth. In China and Japan quartz are traditionally revered especially if they were carved. Quartz balls were considered to represent the heart or the essence of the dragon because, the dragon is thought to have “great powers”

In India with its ancient history and their vast knowledge of crystals, chakras and the energy center help the practitioner identified the appropriate crystals and their placement in body for the purpose of healing and meditation. This concept originated in India and astrological documentations that were written as early as 400B.C. contains detailed observations about the power that exists in various stones that counteract the negative effects of how the planets position themselves.

They were also regarded as possessing great spiritual and emotional powers such as the Moonstone, is seen as a sacred stone because it arouses love. The Onyx is believed to help release the ties of old love and the Ruby was a valued gemstone that Kings considered to be a precious stone.

As the earth continues to evolve and metamorphose begins to happen to the planet changes and all its activities and the vibration of the earth energy form the crystals. Hall stated that crystals are the earth DNA which is the imprint of evolution. Crystals are known as the storehouse of the earth that maintain all the earth information that develops on the earth for centuries. And, a lot of these crystals may be subjected to enormous pressure others, grows in chambers deep within the earth beds. And, it has been noted that due to the different layers that exists on the earth other formations such as minerals that may emit different energies affects their growth such as structures and functions of these crystalline gems. These Crystalline stones that may have absorbed an electromagnetic waveband within their chambers are the forces that creates their rare images.

On another note Virtue, mentioned that whenever we talk about the electromagnetic field; we are referring to the electric currents that are interrelating with the magnetic field. And, the first historical reference that we have on the use of crystals, came from the ancient Sumerians. Who included crystals in their magical formulas? Even the earliest civilization used them as part of a therapeutic healing process.

Crystals were used to generate energy and enhance communication as well as a talisman for peace and well-being. Crystals were usually included in stories and were integrated in different cultures throughout the world. Crystals have related to Atlantis and since that time and perhaps even before, crystals have been used as a healing tool to amplify energy with a physical entity build within them known as “piezoelectric”.

And, piezoelectric involves electrical polarization that results from an application that causes mechanical stress that is produced by the pressure of a crystallize substance such as a quartz in the Atlantis. Civilization such as the Greeks began writing on the phenomenon that these crystals possessed. And, it was Plato, who wrote about in 360 BC.

And, it is thought that the Greeks used crystals and their frequencies as a part of an extreme advanced technology. Historians have documented that the demise of the Atlantis civilization occurred because, the earth energy had been misusing these frequencies. Crystal and their healing properties stem from the Ancient Sumerians as far back to the 4th millennium BC.

It is said that the crystals were used in magical formulas but, it was not until the Chinese began using it in their medical procedures such as to attenuate the patients physical pain that the actual knowledge of the crystals began to be known as a healing method.

Powers stated that even the earliest civilization used crystals in healing and were also used to generate energy that enhance communication. Modern theorists believed that the volcanic eruptions were the cause of the Atlantis island destruction and disappearance. And, that all their acquired knowledge, formulas, and discoveries are buried under the ocean. But, in today modern civilizations crystals can be found in computers, microchips, watches, lasers, ultrasound equipment and other types of electronic devices. But again, the ancient Egyptians were using such stones as Lapis Lazuli, Turquoise, Caelian, Emeralds, Clear Quartz in jewelry, armor, cosmetic and medical procedures and wore them for protection. The ancient Greeks described quartz as being a crystal because, of its icicle formations and their extraordinary hardness. Theophrastus was interested in Lapidaries until the Renaissance Era.

In the collaterals structure there are 15 major arteries that connect to 12 principal meridians in various ways and in addition to the interaction and other internal organs that will produce the energy and balance that the body needs. The collateral system also incorporates the capillary like vessels which spread throughout the body. But, during the second century AD, the Chinese medical researchers found 649 acupuncture points that also helps in alignment of the body's energy.

It is said that within the principal meridians each section corresponds to either a hollow or solid organ which interact with a extremity. The principal meridians are divided into two groups which is what Chinese medicine call the Yin and Yang. Within the Yin meridians we find the arms, lungs, heart and the pericardium. The Yang meridians we find the leg, spleen, kidney and the liver. And, within the Yang meridians it also has the large intestine, small intestine, stomach, bladder and gall bladder.

He began classifying the rocks and gems based upon their vibrations and behaviors especially, when they are heated. He also grouped them into different categories according to their properties and minerals, such as amber and magnetite. But, when he began analyzing each one and found that Amber is not a crystal because, of its resin from a tree that has solidified and turned it into a fossil because, of its connection to the earth and this converts its energy; which is of a grounding effect.

He also found that the effect of the amber draws out disease from the body and with its powerful attraction promotes tissues to revitalize. It also cleansed the chakras and the environment. Amber also absorbs negative energies and transmutes them into positive forces. And these positive forces stimulate the body to heal itself.

Now, magnetite is magnetic that contains a powerful positive and negative polarity and it can be used in magnetic therapy that works with the body's bio magnetic fields and meridians. The meridian system is the traditional Chinese medicine that conceptualizes a channel where the life energy flows through.

The meridian network is typically divided into two categories the meridian channels and the associated vessels which at times is also known as collateral.

The associated vessels contain 12 tendinomuscular meridians, 12 divergent meridians, 12 principal meridians and eight extraordinary vessels.

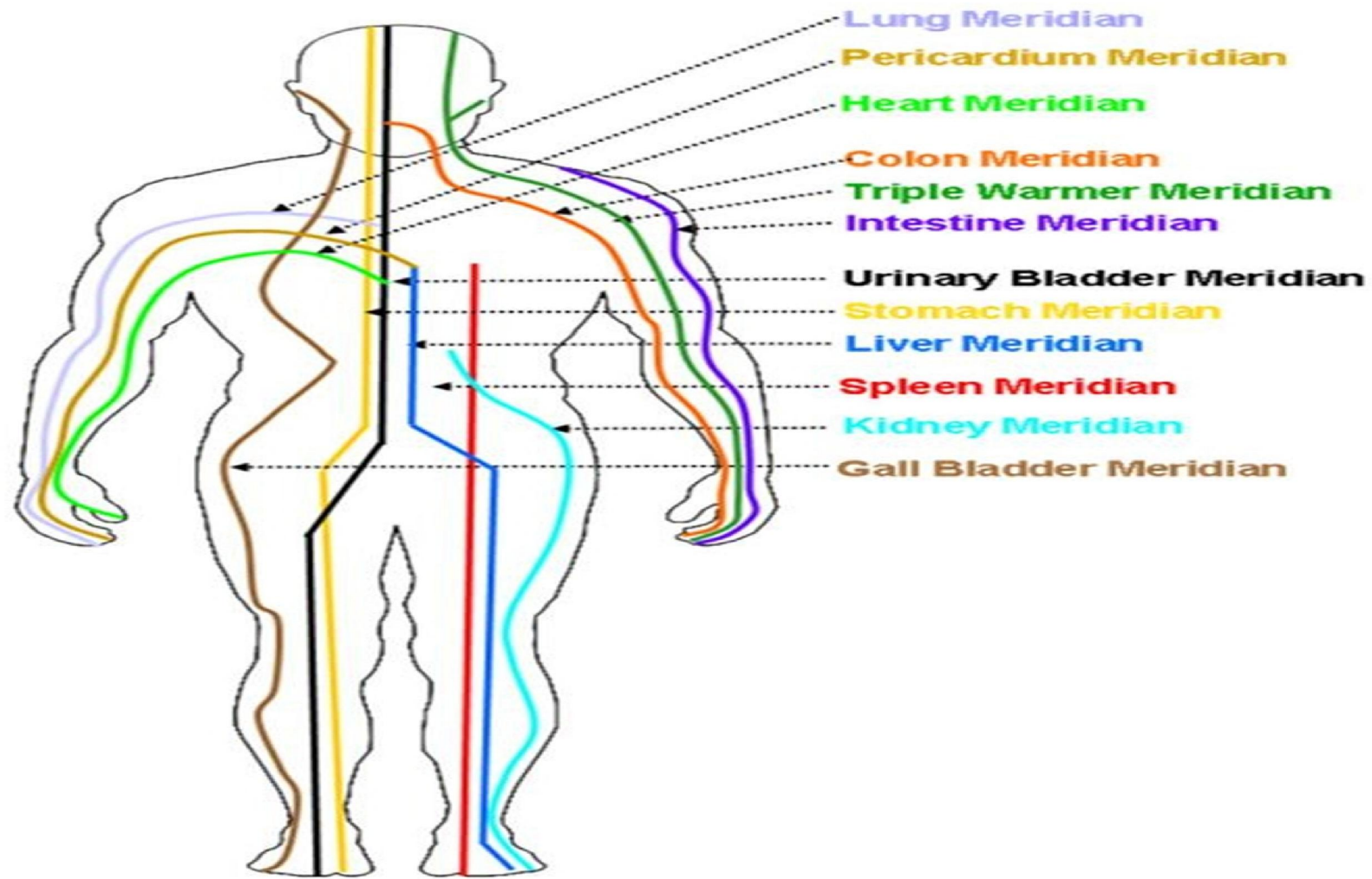
The Hutto channel, is a set of bilateral points on the lower back and it was discovered by Hua Tuo an ancient physician.

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Malachite can transform as it's clearing and cleanses the heart chakra and helps to balance the mind; relieves scattered and unfocused feelings. Smoky Quartz, was mined by the Celts, who began to colonize in the British Isles around 300 B.C.

And, the miners called the dark brown and black crystal named it Morion, the yellow brown or grayish brown crystals Caimgorm after the mountains where they had been mined.



But, the term Smoky Quartz, was first quoted after the smoke in 1837. J.S. Dana, the Scottish who had coin the stone Morion because, of the Greek terminology known as baneful or hideous and from the French term Moreau which means black. The German called it Quadertz and this is a synonym of the Danish, Spanish, and Polish; who knew the stone as Smoky Topaz.

The Roman Empire used Smoky Quartz to carve intaglios. An intalio is a design engraved into a material or metal. And, the Sumerians cut and engraved various quartz stones as cylinder seals and used them later as ring seals. The Sumerians were the one who invented the art of writing and quartz were the first stone that were written about by a civilization on clay. The Smoky Quartz's healing properties is that it relieves tension, stress, anxiety and panic attacks.

It also eliminates worry, doubt, chaos and confusion. The Encyclopedia of Crystals described Smoky Quartz as a natural irradiation that draws frequencies of negative effects of radiation, sunburn, exposure to radioactive and chemotherapy. Smoky Quartz is effective to relieve chronic pain, muscle cramps, headaches, tension on the shoulders and back. It is a grounding crystal, stabilizing stone that brings centering energies. And, it helps to overcome negative emotions such as stress, fear, jealousy and anger. It is also used in the treatments of adrenal glands, pancreas, kidneys and removes toxins from the body. Smoky Quartz, is thought to protect the pulmonary tracts, regenerate the bronchi and it also beneficial to the reproductive system, muscles and nerves tissues. Hall, stated that Smoky Quartz, absorbs the negative energies, emotional blockages, lifts depression and fatigue and that it has been found that the stone tends to assist those individuals; who seems to have suicidal thoughts as well as those who suffers in difficult times.

Citrine is an uplifting and cheerful gemstone that transmits a transparent, yellow color and it is considered part of the quartz family. It ranges in various colors from a pale to golden yellow, honey, and almost brown. And, often it may contain rainbow or sparkle inclusions.

The name of Citrine comes from the French word citron, which means lemon. In Greece, it was used to be worn by kings; to adorn their bodies. Citrine transmits a positive energy and depletes negative vibrations and grounds the individuals. Citrine is known to spark creativity, imagination, and it strengthens the inner self.

It is an excellent crystal when dealing with interpersonal relationships, family, group problems and promotes solutions. Citrine activates nerves impulses, strengthens intelligence, intellectual faculties such as concentration and wisdom, and it aids the short-term memory. Citrine opens the higher mind to accept one's self and alleviates anger, negative feelings that are deep seated, fears, destructive tendencies and overcomes depression. Citrine is a gemstone of light, happiness, abundance and manifestation. And, it is one of the few crystals that does not hold negative energy. Azurite is a soft, deep blue copper mineral that is produced by weathering of copper ore. Ore is a solid material from which metal or mineral can be extracted. In the early 19th century Chessylite named after the mines near Lyon France. It is said that this mineral can be traced to ancient times; since then azurite has been associated with the low humidity of the desert and the winter skies.

But, the modern English name of the mineral reflects the association since azurite and azure are words that derive from the Arabic and Persian roots.

Hall, reported that Azurite helps clearing stress, worry, grief, and sadness and it transmutes fear, phobias and, the stone brings in understanding. Azurite is also known for relieving pressure speech. It also has been noted that Azurite helps align the spine and works at the cellular level. Azurite, restores any blockage and damage to the brain and it has a special resonance; with the mind and mental processes, mental healing and stress relief.

Azurite can energize and realign the subtle bodies with the physical clearing of the chakras. Azurite also lends itself to overcome negative patterns of behavior which stem from insecurity and fears. It is excellent in overcoming inferiority complex, bullying and lessens tensions that can arise between different generations or when there is a stepparent involvement.

Lepidolite was discovered by Robert Brunsen and Gustav Kirchhoff in 1861 and it was called Lilalite because, of its lavender color. It is known for the nurturing and calming properties and within the metaphysical realm it aids in overcoming emotional and mental dependency. Lepidolite helps with the treatment of all addictions such as anorexia. Lepidolite is thought to help with bipolar disorder because, it balances the brain cellular activities. It is also believed that lepidolite alleviate stress and provides peace, calming effect and reduces nervous conditions.

It is one of the best crystals for relieving anxiety because, it naturally contains lithium. It helps the individual recover themselves to a calm state and it helps to maintain focus

in their endeavors. Eudialyte was first discovered in the southwest region of Greenland in the district of Julianehaab. This gemstone uplift and energizes the individuals who carries it.

The Greeks named the crystal Eudialytos because, of the acid it contains but, in 1819 Eudialyte attracted the attention of scientists and researchers for its crystalline structure that were migrating inside the gemstone. It helps the individual's become more focused

and bring them the energy, power, aspiration they need. And, helps them find the path to their dreams and goals. Hamatite comes from the word for blood, because of its red coloration that's produced whenever it became oxidized.

Hamatite is an iron ore that is associated with the Greek culture and the zodiac sign of Aries the god of war. The Greek soldiers would rub the hematite gemstone over their bodies before they went into battle in order to make themselves invulnerable. And, they thought this stone to have been soothing to their mind and body. Carnelian is a 16th century crystal and its name derives from the Latin word *cornum*, the cornel cherry, whose translucent red fruits resembles the gemstone. Carnelian is commonly found in Brazil, India, Russia and Germany and it's a stone that overcomes depression.

Labradorite is a gemstone named after Labrador, Canada and it was found in the Isle of Paul in 1770. It is a stone that's mystical and contains protective powers; that brings light and raises the consciousness.

Labradorite connects the universal energy and removes fears and insecurities. It's a crystal of destiny, awareness, and powers. It also creates an energetic shield that protects the aura and strengthens the person's energy.

Jet stone is a precursor to coal and its name derives from the French word of the same gemstone mineral *jaiet*.

Ultimately referring to the ancient town of Gage and is usually found in Canada, India and Russia. The Jet stone carries some wonderful healing properties that provides pain relief and traumatic injuries that works like an energetic filter with intense purification.

Now to understand the empowerment of crystals, we need to understand different variables such as the “cause and effect” and how the crystals work on the human body.

Crystals have a subtle physicality of absorbing the light that helps release their energy that is contained within them and eventually bringing a positive outcome. We need to understand and remember that the crystals do not have the power to heal but, rather their energy bring forth the light that does the healing.

Joyeux, stated that when light enters the crystal it creates several variables that takes place and that light flows into the person's body and extracting the negative energies that causes the illnesses or disease. We also need to understand that crystals bring specific ranges of frequencies that affects specific body parts and they are one of the most stable and consistent sources of light and energy. It is important to note that when we use crystals our empowerment is heighten because, of the quality that is with them.

