The Riding School at Admiralty Farm "Kids and Horses" Summer Day Camps

Summer of 2022

Dear Parents, Guardians, Friends, and Family.

Thank you for your interest in our 2022 "Horses and Kids Summer Day Camp". Our first session begins on July 6th. We have prepared this Camp information letter to answer specific questions you may have about the camps.

Registration materials are available on our website. You must complete and return these forms for your child to participate in our Day Camp program's equestrian activities. <u>Click</u> here to complete a registration form.

Camp Hours and Drop off Information

Our scheduled camps run Monday through Friday from 9:30am until 3:30pm. The only exception to this is the "Mini-Camp" camp which runs July 6^{th} through July 8^{th} , the camp hours remain the same as our five-day camps.

Parents and Guardians are welcome to drop off their children for camp beginning at 9:00am. If you need to schedule an earlier drop off time, please notify us in advance.

Please drive to the back of the barn for drop offs and pick up.

Lunches and Snacks

Please pack a daily lunch and snack items along with any drinks your child might enjoy. We will gladly refrigerate their lunches and snacks. We provide plenty of bottled water. Thursday is PIZZA PARTY DAY, and RockMeadow will be providing a Pizza Lunch for our campers. The pizza lunch is not provided at our 3-day camps.

Prescriptions, Common Medication Items, Known allergies

In the event your child must take any type of medication during our day camp, please provide us with detailed written instructions regarding dosage, schedule, and usage. Please give the medication and instructions to the Day Camp Instructor on the first day of camp.

Likewise, please let us know of any allergies your child has which may affect their enjoyment of day camp.

Day Camp Attire:

In the interest of safety, our campers are required to wear horse sport appropriate clothing, headgear, and footwear to work around the horses, and for riding. The specific clothing required is;

Long Jeans or Riding Pants: Capri pants and shorts do not cover and protect your child's legs when riding. The stirrup leathers can rub, skinning the legs creating painful sores if the legs are not covered down to the ankles. Please be certain that the riding tights/breeches and or jeans your child wears to camp each day will not ride up on the legs, causing "stirrup rubs" (ouch!)

Short sleeved tee-shirts, or polo shirt: Sleeveless and Spaghetti Strap shirts are not allowed

Hair Ties: If your camper has long hair, please provide them with hair ties or bands so that their hair can be tied in a neat ponytail when riding.

Boots with a heel: We recommend that your child wear a paddock or western riding boot. The two" heels of these boots prevent your child's foot from accidentally slipping through or being caught in the stirrup iron. The boots also help protect their feet when they are working in the barns or around the horses. Flat soled shoes and sneakers may not be worn in the barns. Likewise, sandals and flip flops may not be worn in the barns or while working with the horses.

A Riding Helmet must be worn when working around or riding the horses: We prefer that all our campers be properly fitted with an ASTM/SEI certified safety riding helmet. Bicycle helmets are safety tested to provide protection during a fall from just a couple of feet off the ground. Riding helmets are safety tested and certified to absorb the impact of a fall and protect your child's brain from a higher distance off the ground. We strongly urge you, in the interest of safety and protecting your child's head, that you purchase a certified safety riding helmet.

The barn is not equipped to fit all head sizes; therefore, we do not supply riding safety helmets.

We have included a list of resources for you with information about riding attire, local shops and online suppliers of riding clothing and equipment.

Suggested Items to Pack for Camp

Campers are encouraged to keep their personal supplies in a backpack. We suggest you label your campers backpack, water bottle, daily lunch bag and any other personal items.

The following items are recommended:

- Sunscreen
- Ponytail holders
- Sneakers or flip flops to wear at play time or arts and crafts time
- Shorts the kids love to cool off after riding time and get out of their riding clothes.
- Extra Shirt (as kids can get messy around horses!)
- Light jacket or sweatshirt if weather gets chilly
- A Swimsuit for the Thursday Pizza and Sprinkler Party!
- Swim Towel
- Baseball Cap or Sun Hat
- Pack in a Daily Lunch
- Water Bottle

Horse Show Day

On Friday, the last day of camp, (or Wednesday during our 3-day camp) we will hold a special horse show for our campers to demonstrate what they have learned. We encourage family members and friends to come and support our campers in their first horse show experience. The morning of the show, our campers will be busy preparing and practicing for their special event. The show will be held in our indoor riding arena and will begin promptly at 2:00 pm. Our Campers will be awarded a Certificate of Achievement along with a horse show ribbon.

I would like to thank you once again for registering your child to participate in our Summer Day Camp. We are excited to meet our campers and introduce them to the joy of horses!

Sincerely;

The Riding School at Admiralty Farm

Deborah Ritchie

Owner and Instructor