

## Program Objectives:

- Identify the 8 phases of EMDR therapy.
- Describe how to implement the 8 phases of EMDR therapy with clients
- List 3 aspects of the Adaptive Information Processing (AIP) Model for effective case conceptualization and treatment planning.
- List 3 strategies to identify and effectively resolve identified problem areas in the utilization of EMDR therapy.
- Describe the protocol for closing an incomplete EMDR session.
- Describe a treatment plan to choose and prioritize targets appropriate for EMDR treatment.

After EMDR Basic Training Weekend 1, I found myself anxious to start practicing EMDR as it was new, and I felt intimidated. After a few months I knew I needed to get going on my supervision hours. I reached out to a few peers who I did the training with to find out who they had been doing supervisions with and I was given Rhonda's number. Since starting with Rhonda, I have sent four of my employees to EMDR training, and Rhonda has supervision for us all. She is very knowledgeable in EMDR, and her encouragement and direction have been so helpful. She has done EMDR with a wide variety of clients, and offers a lot of different ideas, to help clients that may be out of their "window of tolerance" or ways to navigate challenging cases. She is open and supportive with her supervision style, and has made us all feel comfortable learning this new skill set and applying it. I highly recommend Rhonda, and have appreciated her support and direction through this process.

J. Akalis, LCSW



## EMDR Therapy Training

**Check online for  
current training dates**

<https://emdr808pacific.com/emdr-training>

**Time: 8:30 AM – 5:00 PM**



Group Consultation sessions will be discussed at training.

### Location:

Check on line for the dates and location of your training choice.

EMDR 808 Pacific Counseling  
38 East 100 North Suite B  
Vernal, UT 84078  
Phone: 435-219-0576  
Fax: 435-604-7356

Email: [emdr808pacific@gmail.com](mailto:emdr808pacific@gmail.com)



## About the Trainer: Rhonda Kamai-Kekela, LCSW

Rhonda Kamai-Kekela, LCSW is an EMDRIA Approved Consultant and Trainer and Facilitates trainings for EMDR HAP and EMDR Institute. Rhonda has a private practice in Vernal, Utah and specializes in the treatment of C-PTSD, anxiety, depression and addiction. In addition to her psychotherapy practice, Rhonda is a Department of Transportation SAP and the Tri-County Area Utah EMDR Regional Coordinator and provides continuing education for practicing EMDR therapist in the area. For more information, call 435-219-0576

*"Rhonda is an amazing person and therapist! She has helped me so much!! Thanks Rhonda!"*

A.W., Former EMDR Client

### This training qualifies for CE's.

**NBCC:** AEI is approved by NBCC to provide continuing education, ACEP #6657. NBCC credits are accepted by the California Board of Behavioral Sciences as approved Continuing Education Credits and most state licensing boards for Master's level therapists including Social Workers.

**APA:** AEI is approved by the American Psychological Association to sponsor continuing education for psychologists. AEI maintains responsibility for this program and its content.

**CPA:** AEI is approved by the California Psychological Association to provide continuing professional education for psychologists. AEI maintains responsibility for this program and its content.

**NASW:** This program is Approved by the National Association of Social Workers (Approval # 886813866-1119) for 41.5 continuing education contact hours.

## EMDR Therapy Training Registration Form

Name: \_\_\_\_\_  
(As it would appear on your Certificate of Completion.)

Professional Title & License # : \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Contact Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

Email: \_\_\_\_\_

Please list the training dates you are registering for:

Please enclose full payment with registration form. Check method of payment.

Mainland Cost: \$1550 and \$1450 for pre-licensed individuals and non-profit.

Hawaii Cost: \$1750 and \$1650 for pre-licensed individuals and non-profit.

\_\_\_\_\_ Check for \$ \_\_\_\_\_

Please mail to: EMDR 808 Pacific Counseling

38 E 100 N Vernal, UT 84078

\_\_\_\_\_ Card Payment online at:

<https://emdr808pacific.com/emdr-training>

Signature: \_\_\_\_\_