PURE HEALTH & BEAUTY

110140

NEW Treatments

Professional Beauty Treatments Relax & Pamper Yourself At Pure

TREATMENT LIST



Relax...

At Pure Health & Beauty our aim is to offer you the ultimate relaxation experience to help improve your mood and overall wellbeing. We pride ourselves on providing high quality service by fully qualified beauty therapists, using some of the finest professional products and techniques. Take a look through our extensive treatment list and indulge in one or many of our top to toe treatments.

EVE TAYLOR LONDON FACIALS

Eve Taylor London is truly passionate about natural skincare, harnessing the power of aromatherapy and botanicals to enhance skin and wellbeing.



Essential Facial

Aromatherapy products are selected to deeply cleanse, gently exfoliate and prepare £30.00 45mins the skin ready to absorb aromatic massage oils and luxurious facial masques. Skin is left replenished, hydrated and protected.

Skin Quenching Facial

Restore hydration to your skin with our Skin Quenching Facial. Plumps the skin and softens fine lines with moisture infusing hydrators. Ideal for parched post-holiday skin, or to prep skin before summer getaways.

Ultra Bright Facial

Illuminate dull, lackluster, pigmented skin with this brightening facial.£38.001hrProfessional resurfacing smoothes and softens the skin ready for Vitamin C rich
serums and speciality masques. Illuminating moisturiser protects and re-energizes,
leaving skin flawlessly radiant, bright and glowing.1hr

Skin Rescue Facial

The Skin Rescue Facial gives instant relief to sensitive complexions. **£38.00 1hr** Therapeutic Oatmeal instantly soothes and calms the skin, targeting irritation, whilst botanicals support and ease redness for skin that's happy, soothed and resilient to environmental aggression.

Age Resist Facial

The age resist facial refines and resurfaces prematurely ageing skin to reveal
a smooth, soft complexion. Potent antioxidants defend and protect against
environmental aggressors whilst stimulating fresh new healthy tissue. Skin is left
looking radiant and beautiful regardless of age. Age range 25-50.£40.00

Cryogenic Facial

The cryogenic facial offers the ultimate in skin firming and nourishment. Professional resurfacing smoothes and refines the skin surface while expertly blended age defying formulations and speciality masques tonify the skins surface leaving skin smooth, soft and rejuvenated. Age range 50+. £40.00 1hr

1hr

Teen Clean Facial

Created specifically for teenagers, the Teen Clean Facial deeply cleanes the skin and exfoliates, unblocking the pores and clearing the skin. A refreshing masque soothes and reduces redness, calming breakouts and invigorating problematic skin before mattifying balm leaves the face looking fresh, clean and clear.

Essential Facial, Scalp & Back Treatment

Discover the ultimate feeling of relaxation and wellbeing with Pure's most popular face & back treatment. Aromatherapy products are

selected to deeply cleanse, gently exfoliate and prepare the skin ready to absorb aromatic massage oils and luxurious facial masques. Skin is left replenished, hydrated and protected. Muscle tension is eased with a relaxing scalp and back massage included.

SPECIALISED FACIALS

CRYSTAL CLEAR MICRODERMABRASION

Crystal Clear Microdermabrasion treatment allows you to treat lines & wrinkles, dull dehydrated skin as well as being an amazing breakthrough treatment for acne scarring and sun damaged skin. By gently exfoliating the outer layers of skin the treatment can be used to solve a wide range of skin concerns.

Beauty Flash Microdermabrasion Instantly rejuvenates & lifts tired skin.	£35.00 £90.00	45mins Course of 3
Deluxe Microdermabrasion A more in depth treatment for fine lines, wrinkles, acne scarring & pigmentation. Includes an intensive hydrating & lifting mask.	£45.00 £120.00	1hr 10mins Course of 3
DERMALIFT MICROFACE INTENSE		
Standard Microface Non-surgical Facial A complete workout for the face focuses on creating a lift in the contours of the face by firming & toning the key facial muscles. Results will reduce wrinkles & even out fine lines.	£45.00	1 hr 15mins
Luxury Microface Non-surgical Facial This luxury facial includes ADLA lymphatic drainage, AHA Glycolic Peel, Microface Non-surgical Facial & Dermafusion Mask. Results will reduce wrinkles, even out lines & leave skin revitalised & rejuvenated.	£70.00	2hrs
A Course of 6 Treatments is recommended for optimum results. The course consists of 2 Luxury Dermalift Facials & 4 Standard Dermalift Facials.	£275.00	







£46.00 1hr 15mins

£30.00 45mins

An aromatic journey for your body and senses to bring about balance and wellbeing...

EVE TAYLOR SPA BODY TREATMENTS

The Eve Taylor Spa Body experience is an aromatic journey for your body and senses to bring about balance and wellbeing. Combined with relaxing, stimulating and soothing treatments for ultimate relaxation.

£25.00

£38.00

30mins

1hr

Massage

Swedish massage which helps to relieve stress and tension. Back Massage Full Body Massage

Warm Bamboo Massage

Warm bamboo massage is a unique new way to relax tight muscles and release stress and tension. Using gently warmed bamboo to create a deep relaxing massage. If you like deep tissue massage, this treatment is for you. Back Massage Full Body Massage

Hot Stones Massage

Let the warmth of the stones penetrate deep into the mus The ultimate massage to relax the mind and body to its de Back Massage Full Body Massage

Purifying Back Treatment

Using purifying essential oils to deep cleanse and unclog t treatment targets a problematic back area. Zones in on bro help clear blemishes with powerful botanicals while our d seaweed mask deep cleanses and re-mineralises the skin.

Anti-stress Back Treatment

Drift away on an aromatic journey to a world of relaxation. Hand blended essential oils give you

the ultimate in relaxation combined with the power of tou expert massage techniques. A thermal body mask helps to discomfort and tension leaving your mind and body soothed and refreshed.

essential oils of Jasmine and Ylang Ylang soothe the senses while the dull, dry skin cells are buffed away. Skin drenching moisturisers conclude the treatment leaving skin feeling soft, smooth and hydrated.

Body Glow! Full Body Exfoliation

Our finely ground sea salt infused with

Pregnancy Massage

	£29.00 £46.00	45mins 1hr 15mins	Pregnancy massage can be of enormous benefit not only to the Mother but also the unborn baby. The massage can help alleviate aches & pains, improve circulation & help reduce stress & anxiety during pregnancy.	£42.00	1hr 15mins
iscle tissue. deepest level.			Indian Head Massage		
icepest ievei.	£29.00 £46.00	45mins 1hr 15mins	An ancient massage involving rhythmically massaging the shoulders, neck and scalp. Both relaxing and stimulating. Ideal for sufferers of tension and headaches.	£28.00	45mins
the skin this preakouts to detoxifying	£25.00	30mins	Hopi Ear Candles An alternative therapy to help relieve sinus and ear problems. The candles	£30.00	45mins
RELAX ouch and o ease any	£40.00	1hr	create a chimney effect drawing unwanted impurities out. This ancient technique can help loosen wax deposits whilst a soothing massage of the eyes, sinuses, neck & shoulders relaxes the mind.		





45mins

£30.00



TANNING

St. Tropez Spray Tanning

St. Tropez Spray Tan Treatment gives you a fast, flawless tan in a
controlled environment. The tan is applied and tailored by our
therapists and takes no more than 30 minutes from start to finish.
St. Tropez Full Body Spray Tan
St. Tropez Half Body Spray Tan

St. Tropez Cream Tan

St. Tropez Cream Tan Includes full body exfoliation and manual application of St. Tropez cream tan.	
Full Body Tan	£32.00
Half Body Tan	£20.00
	220.00
FOR THE EYES	
Eyebrow Shaping	
Tweezers or Waxing	£8.50
8	
Eyelash and Eyebrow Tinting	
Eyebrow Tint	£8.00
Eyelash Tint	£12.00
Eyelash and Eyebrow Tint	£18.00
Eyelash Tint, Eyebrow Tint and Eyebrow Wax	£26.50
Henna Brows	
Henna brows are a form of natural eyebrow tinting that is used to also stain the skin beneath the brow hairs. The purpose of this is to cast a shadow or create an illusion of depth and fullness in the area, visually filling in any sparseness. Includes eyebrow shaping to sculpt your brow line into your preferred shape.	£25.00
Lash Lift Enhance the eyes by lifting and curling the lashes, lasting up to 6 weeks! Includes an eyelash tint.	£35.00
Semi - Permanent Eyelash Extensions Half a set of lashes Full set of lashes Infile	£30.00 includes lash tint £50.00 includes lash tint Starting from £25.00

Infills Starting from £25.00 *please note that any tinting/henna, lash lift or eyelash extension treatment require a patch test 24 hours prior.

ST.TROPEZ HANDS AND FEET

£20.00 £15.00

File and Polish

File and Polish Shaping of the nails and polish application. On either fingers or toes.	£14.00
Mini Manicure Includes shaping of the nail, cuticle care and polish application.	£17.00
Manicure Includes shaping of the nail, cuticle care, massage and polish.	£22.00
Artistic Colour Gloss - Gel Polish Say goodbye to chipping, smudging and peeling when you leave the salon. Enjoy high gloss colour that lasts up to 3 times longer than traditional polish.	
Application	£23.00
Removal	£10.00
Removal and re-application	£28.00
Sculptured Gel Nail Extensions Full set Refills	£35.00 £31.00
IBX – Create Nail Strength from within IBX is an intense nail treatment which acts as a Protective Shield for the natural nail to repair weak, peeling and thin nails. Add-on to any manicure or gel nail treatment. For best results a course may be needed. Ask a therapist for advice.	£8.00
Express Pedicure Includes nail & cuticle attention, removal of hard skin & polish.	£20.00
Pedicure Includes soak in foot spa, nail and cuticle attention, removal of hard skin, massage and polish.	£25.00



Relax & Pamper Yourself At Pure...

Pedicure including Artistic Colour Gloss.

A full pedicure including Artistic Colour Gloss gel polish.	£32.00
Including removal of existing gel polish.	£37.00

Luxury Manicure or Pedicure

A full manicure or pedicure including the application of warm paraffin wax to help the absorption of treatment oils. Excellent for dry skin, aching joints and arthritis. Luxury Manicure Luxury Pedicure

Soothing Massage with Warm Paraffin Wax

A massage on either the hands or feet including application of warm paraffin wax. Excellent treatment if you suffer with arthritis, aches and pains or if your skin is dry and in need of some TLC.

HAIR REMOVAL

Waxing

Traditional soft warm wax or lavender wax for sensitive skin.	
Lip or Chin	£6.50
Lip and Chin	£9.00
Underarm	£9.00
Bikini	£10.00
Forearm Wax	£13.00
Half Leg	£15.00
Three Quarter Leg	£18.00
Full Leg	£23.00
Full Leg and Bikini	£30.00
Half Leg, Underarm and Bikini	£31.00
Full Leg, Underarm and Bikini	£35.00
Back or Chest	£20.00



JESSICA°

IBX





£27.00

£30.00



Monday 9.00am - 8.00pm Tuesday 9.00am - 8.00pm Wednesday 9.00am - 8.00pm Thursday 9.00am - 8.00pm Friday 9.00am - 5.00pm Saturday 9.00am - 2.00pm

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