Tri County Celiac Support Group

Dear **Gluten Free / Celiac Supporter**:   Date: February 5, 2016

Have you heard of Celiac Disease (CD)? 1 out of every 133 American adults and children have this under-diagnosed immune-mediated disorder that directly affects the gastrointestinal tract, when gluten is ingested. Left untreated, this disorder may cause other problems to arise, such as other autoimmune disorders, mal-absorption, vitamin deficiencies, osteoporosis, infertility, neurological damage, and cancer. In the U.S., it takes an average of 11 years to be properly diagnosed with CD. Why? CD is thought to be rare and many doctors do not consider testing patients for it.

In conjunction with our annual 5K Run/Walk (Making Tracks for Celiacs), our annual Raffle will be held on Sunday, May 15, 2016 at the Edsel and Eleanor Ford House in Grosse Pointe Shores. Monies generated will support the Center for Celiac Research at the Massachusetts General Hospital and to increase awareness of Celiac Disease (www.celiacwalk.org).

You can make a difference by making a tax-deductible donation valued at **$50** or more to our Raffle. Some items that were donated in the past were autographed memorabilia, gift certificates, food donations and gift baskets. All donations must be received by **May 2nd, 2016**. Donated items will become property of Tri-County Celiac Support Group, a 501(c) (3) non-profit organization (www.tccsg.com). A tax-deductible receipt/letter will be mailed after the event.

Thank you for your support!

April Kretchman

E-mail or mail (please contact for address) the completed form to April Kretchman. If you are unable to mail April the donation, a committee member will be able to pick it up. If you have any questions pertaining to this event, please contact April Kretchman at tccsgceliacwalk@gmail.com or (586) 337-3699.

ContactName:_____Company:_____
Address/City/Zipcode:_____
Phone:_____ Fax:_____ E-mail:_____

I will support CD research and awareness by donating the following item(s):

Description Retail Value
Item 1:_____
Item 2:_____
Item 3:_____