

Life Changing short stories

Healthy brains version!

I am 72 and have had essential tremors since my early 30's. The shaking and tremors became so bad that I had to quit my job as a lab technician in 1989. At times the tremors were so pronounced that I had difficulty eating and drinking. I started taking VIVIX and within a few weeks I noticed the tremors/shaking had lessened. With consistent use my tremors and shaking is only minimal.

Anne Campbell

Aneurysm

Hay from SC. My husband had an aneurysm burst in his head in 2000 and for two years after that he was very mentally disabled as they had cut through so much brain to save his life. After two years of healing and therapy he was still in bad shape. A Shaklee rep put him on a 5 day body cleanse first to clean all his bodies filters. Then started him on vita-lea and energizing soy protein. After a couple of months of easing him on nutrition

I started adding one at a time the different elements that were found in the basic strip which have now been upgraded to Vitalizer. After the fourth month on the regimen I began to get my husband back and he experienced many other positive health benefits too. If I was to recommend nutrition to someone I know I would suggest Vitalizer, Cinch and Vivix. Supplementation is used to enhance & improve our health.

Teri

Alzheimer

Our mom had become bed-ridden, wore diapers and seldom recognized family or friends. We bathed, dressed and fed her. She was diagnosed the beginning of the worst stage of Alzheimer. Mom was prescribed Aricept and slept for those 7 months. Next they prescribed Exelon, another 3 months of sleeping. Are Alzheimer drugs just meant to keep patients sedated?

Then came Namenda, Mom became violently ill, lay in bed in pain and lost 30 pounds in less than 30 days. We decided to stop all prescription medications and get her on a Shaklee Supplement program to give her body the benefits of health. She took Vitalea Gold, Memory Optimizer, HerbLax, Soy Protein & Optiflora. Within a few weeks she started getting up on her own and showing improvements. Then Shaklee introduced a new product called VIVIX. Within a few weeks of adding VIVIX Mom began recognizing family members, she remembers all her children again. She can brush her teeth, wash and dress herself and no longer wears diapers. She does the dishes and sweeps the patio. When we shop she has conversations with other people. She plays with her great grandchildren, many songs & rhymes she didn't remember before she now sings. Her long term memory returned, though not perfect, and has selective short term memory. Today Mom is only stage 1-2 Alzheimer. A few times when we forgot to give her the supplements or when the VIVIX wasn't available she became listless and confused. Not only is that stressful for Mom, but it makes it very difficult for us as her caregivers. We now see to it we have an ample supply.

Thankfully, Judy, Sandy and Bill K.

Car Accident causes Whiplash & Seizures

I was in a car accident five years ago when a school bus hit me and I suffered a severe whiplash. I thought I would be okay after recovering from the injury but months later I started to develop grand mall seizures. They developed into 5 or 6 seizures a day and sometimes up to 10 or 12 a day. Needless to say this was very debilitating. I was completely homebound as my family was afraid to have me go out or to be alone as I never knew when they would occur. I was told that sometimes seizures can occur months later after a severe whiplash injury. The doctors tried every procedure and drug that was recommended for seizures but nothing worked. After going through about \$50,000 on everything they knew of over the last five years we didn't know where to turn. I was then introduced to Shaklee and thought I had nothing to lose. I started on VIVIX twice a day and a strip of Vitalizer a day along with the following supplements of 2 B-Complex, 2 Lecithin, 2 Osteomatrix Calcium and 2 Zinc tablets three times a day and within a month they were almost gone. I was still having mini-seizures where I would stare for about a minute but my husband and I felt we could live with those because I could at least leave the house. When I went to my doctors appointment I told him what I had been doing and he was very happy for me and told me to keep taking the Shaklee supplements and he gradually has taken me off almost all of my seven medications. I am very grateful for Shaklee and especially VIVIX as I don't know where I would be without it.

Nicole A., Champion, Ohio

Parkinson's Disease

In 2003 Chuck was diagnosed with Parkinson's Disease, a progressive neurological disorder with no known cure. When you hear Parkinson's you may think of Michael J. Fox, or the former Pope, who lived with Parkinson's for many years. Chuck has a very positive attitude about his PD, he figures something would eventually get him and it could be worse. For

those of you not familiar with PD, some of the symptoms are: tremors in the hands and legs; slow walk, eventually becoming a shuffle; hunched posture; balance and coordination issues; impaired large and small muscle dexterity; speech problems; drooling and facial mask which means that people with PD begin to lose their expression, have a quiet dullness about them or as I refer to it, their lights go out. Chuck has been taking Shaklee supplements since 2001 and is on prescription meds for the PD. I've done a lot of research, talked with others, and have him on a pretty solid Shaklee program, which we tweak as we learn more. At convention in 2008, when VIVIX, was announce, Dr. Jamie McManus, Director of health Sciences at Shaklee said people with diabetes, arthritis, heart disease and neurological diseases would have the most results.

Well, you can imagine my cheer at that news! I brought VIVIX home from convention; chuck began taking it mid-August and has been faithful with it every day! He promised me he would do that for 6 months before making any decision on whether to continue it or not. Keep in mind, my darling husband is my very best skeptic. When asked how he feels today, he says he feels better but not sure exactly how. My report to you is that little things are happening. And it is the little things in life that mean the most! He's back to ... laughing, smiling and making jokes; participating in conversations at family gatherings; whistling and singing silly songs; standing straighter when he hugs me; he's just more engaged in life and best of all when you look into his eyes, his lights are back on! Is VIVIX making a difference in Chuck's health and in our hope for him? You bet it is! Update: Chuck is now off Sinemet, one of his two PD meds.

Paula Pursley

EPILEPSY

A friend cross-line in Shaklee started using Vivix about 6 months after it was introduced. He had had epilepsy after a fall when he was a child. After about 1 week of taking Vivix, no more seizures. He lived about 30 years with them. his name is Doug Smith and he lives in the Bay area.
Jeanie in Arizona

CONCUSSION

My son was beat up badly in high school. He was diagnosed with 3 concussions and brain injury by the neurologist. It affected his appetite and short term memory plus he had post traumatic stress disorder. He could not sleep and depression set in. We developed a very strong nutrition program to help him through this difficult time. He is now thriving again, social, interactive and has tested out normal in short term memory. Brain injuries require lots of Omega Fish Oil, Lecithin & Vivix for healing. We go wonderful results by using 2 Stress Relief Complex tabs at bedtime to help him sleep better; 8 Moodlift to help with his depression; 8 Omegagaurd & Lecithin a day along with a Vitalizer strip, Nutriferon and Soy Protein but the biggest change in his memory came when we gave him Vivix.
Shelli

Brain Injury

I am a 2 year survivor of a brain injury due to a ruptured brain aneurysm. I lost my home and my job due to my cognitive difficulties. I started the Shaklee business because I always knew the importance of creating a second source of income I just didn't do it prior to my injury. I have noticed huge difference in my brain health when it comes to my cognitive disabilities. My brain injury affected me on the right side of the brain, more specifically the right frontal lobe. They corrected it through open head surgery. That right frontal lobe is responsible for planning and organizing. When any part of the brain is affected it disturbs the other parts of the brain, so memory became my disability. It put me out of a job. So you can imagine what my days were like. I wasn't able to do simple things like plan a meal.

We don't think of it, but all the things we do involves planning and organizing. In addition with a brain injury, it is very common to fatigue quickly and want to sleep after doing any activity. It is not that you are physically tired after a brain injury, but you are mentally exhausted and the only way to correct it was to sleep a few hours. I have been taking the Vitalizer strip and the omega 3's. What a difference! Mentally I have more energy. What that means to me is I can focus longer on any specific task. It didn't cure me, as I still struggle with it, but I don't take as many naps. I am able to read now for 30 minutes straight without needing a nap from exercising my brain in a book. How long I will have these challenges no one knows. It's up to the brain and God. Whether I will have a permanent cognitive disability is unknown. But the omega's and the Vitalizer strip are important in my day. I know when I don't take them. Whether I remember to take them or not, my body reminds me.

Miranda Mercuri