

# Canning Creations



Like us on Facebook



Follow us on Instagram

ISSUE 46

May/June 2020

Canning Arts Group  
thanks the  
City of Canning for its  
continued support.



This bi-monthly news-letter is distributed to members of the Canning Arts Group, and a limited number of printed copies are available from the office at Canning Arts Centre between 9.30 and 2.30pm weekdays.

Contributions from  
members are welcome.

## Presidents Column

*Hooray!!!*

We are at last slowly opening the centre again. Hobby days are the first to come back but we have had to reduce the number of people who can be in the halls at one time. Everyone needs to abide by the hygiene measures we have in place to keep the centre open. This appears to be working at present. Artsfun is the next activity to return and then in Term 3 all classes will recommence.

It's so good to have everyone at the centre again as it has been a very quiet place. Selena has been working hard to get the centre moving again be it with the Covid-19 health restrictions. Selena did send the hygiene measures out to all members so please read before attending the centre.

We will be running Artsfun in the school holidays and now have an online booking system up and running. This opened up for bookings on 9 June and so far we have many classes booked out and the system is saving a lot of work for Selena and committee. Looks like this is the way of the future. I hope we are able to fill the classes in Term 3 to start on a positive note for the rest of the year.

While in lock down the committee has been working to come up with fresh ideas for the centre. Some of these are a wine and paint night, ipad classes for children, hand building pottery and wine.

If you have any ideas for workshops or classes please send an email to the office and the committee will look at all ideas.



### **Upcoming events:**

- CAG Stock – weekend early October
- Southlands sale has still not been confirmed because of Covid19 but we will let you know as soon as we get the date.
- AOE will be held in the library if this goes ahead
- Christmas sale - start on 4th December
- Christmas party - date to be announced

### **Executive and committee next year**

The President, Treasurer and Secretary will not be seeking re-election next year. This means that all members need to start looking for people to take over these positions next year.

If we do not have an executive and committee the group will have to close which none of us want to happen. We all feel that after two years we need a break and would like new people to bring new ideas to the group. So please start thinking if you would like to take on a position next year and if you are interested you can talk to each of us to see what's involved in each position.

### **Robyn Brown - President**

Why do cows wear bells?

*- because their horns don't work.*

I needed a password eight characters long...

*- so I picked Snow White and the seven dwarves!*

## **"IMPORTANT SAFETY UPDATE FOR GLASS ARTISTS!"**

Please remember to always set the glass kiln to 'delayed start' to commence after 9:30pm at night.



# Coordinators Corner

*Hi all, and a big welcome back to the centre.*

I'm so delighted that we are back open and our wonderful centre is starting to buzz once again with creative ideas, art happenings and a healthy supply of laughter too!

There is a lot to report, so a few highlights for you are....

- Hobby days are back on - be sure to come join us if you can.
- The July 'Artsfun' school holiday program is starting on 6th July, check out the program on our website if you have some littlies who need entertaining over the holidays. They'll have a ball and you get a few hours break...it's a win, win!
- Adult and Children's Term 3 classes are now scheduled and open for enrolments. Please check pages 35 and 36 for information. Perhaps it's time to hone a skill, or try something completely new?
- More workshops will be coming soon, I will keep you posted over the coming weeks.
- Please pop in and see our latest exhibition "Shades of Green" in the gallery if you have a moment spare, it looks absolutely beautiful and is full of original, hand crafted items just waiting for you to enjoy.

Thanks to all for your support and smiles as we reopen the centre, it's been wonderful to see you all back again.

*Ciao for now...*

*Selena*



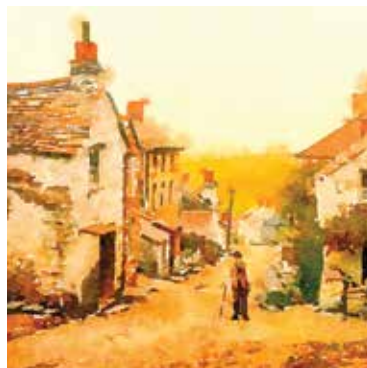
Our next CAG Exhibition

# Favourites

Your favourite pieces of art, favourite subject,  
favourite medium, favourite colour,  
or perhaps...  
something you completed during Covid 19 lockdown

**The exhibition will open July 22nd**

Delivery of work July 17th - 20th





# Members Exhibitions 2020

7 Feb - 13 March CAG Gallery - (5 weeks)	Holiday Creations	Current Exhibition
13 March - 3 April CAG Gallery - (3 weeks)	The Living Form	Any living thing; people, animals, plants, bugs, insects, reptiles, flowers, micro-organisms, etc!
3 April - 22 May CAG Gallery - (7 weeks)	Local Colour	Representations of Canning, which can feature local scenery, trees, plants, flowers, buildings, how you feel about living locally.
8 May - 21 May Courtyard Gallery (online)	From the Heart	This will now be taking place in our online Courtyard Gallery. Please send pics of your work to Selena by May 6th
22 May - 26 June CAG Gallery - (5 weeks)	Shades of Green	Not only the colour green but perhaps your interpretation of a green lifestyle; recycled art and craft – all shades of green.
26 June - 24 July CAG Gallery - (4 weeks)	CAG Children's Classes Exhibition	1 week for setup, 2 weeks display, 1 week dismantle.
22 July - 4 Sept CAG Gallery - (6 weeks)	<b>Favourites</b>	Easy – your favourite pieces of art. Painters - this may be the time to bring your favourite seascapes and landscapes.
4 Sept -16 Oct CAG Gallery - (6 weeks)	Earth & Fire	Specifically tailored to our potters and glass artists. Just the place for your beautiful feature pieces. Space will be allocated for hanging .pottery/glass works.
16 Oct - 27 Nov CAG Gallery - (6 weeks)	Un-Natural	Abstracts, buildings, city-scapes, surrealism, constructions. Dare to be different!
End of October	Southlands Shopping Centre Sale	
21 Nov - 29 Nov Riverton Library ( 9 days)	Award of Excellence	A great opportunity to really show everyone our fantastic creations – and a great time and venue for pre-Christmas sales.
Dec	Christmas Sale	
School Holidays		
Easter 9 - 28 April   Winter 3 - 20 July   Spring 25 September - 12 October   Summer		



# FUN FLASHBACKS



Pam Harris, Barbara Smart, Corrie Vodanovic, Margaret Amour, Marilyn O'Shannessy, Pam Mitchell, Sandy Robertson, Betty Whittaker, Verna Coopes, Janet Ball.



CAG Art and Craft Fair  
1980's





?? Jeff Moore

Merilyn in the old CAG office, when it was a walkway between halls.



Unknown



*Canning Arts Group  
is turning*

**50**

*2021 will mark CAG's 50th year*

We are looking for members interested in working with us to help develop and implement ideas for next years celebrations.

We are only in the planning stages, but have some exciting ideas already.  
Please contact either Chris Taylor or Merilyn O'Shannessy if you are willing and able.

Chris Taylor  
[taylormade1956@bigpond.com](mailto:taylormade1956@bigpond.com)

Merilyn O'Shannessy  
[merilyn11@primus.com.au](mailto:merilyn11@primus.com.au)  
0421 774 616



# Travel Tales

A place to share your travels and Public Art you have seen

## Public Art seen on my travels

Maggie Smith



Bristle Bird - Wickepin



Totem Pole - Boddington



Community Weaving - Northhampton



Fish - Point Samson





Fish - Point Samson



Country Town - Wickepin



Sea Scouts Hall - Esperance



Shop Wall - Kondinin - Wickepin



Tree Stump Mosaic - Wickepin



Cattle - Mingenew



## Morocco Tour

**Feb 2020**

Chris Taylor

February 2020. Morocco Tour.

Began in Casablanca viewing the Hassan II Mosque, 3rd largest in the world accommodating 25,000 at prayer inside and 75,000 at prayer outside.

Continued to Rabat, the capital city and toured the medina (walled city) and Kasbah (fortress) and the unfinished Mosque of Mohammed V.

Next to Meknes, ancient capital and ancient medina, then the ruins of Volubilis, old Roman provincial garrison.

The city of Fes is the artisanal centre of Morocco.

From Fes, up to the snow line of the High Atlas Mountains, then down to the dunes of the Sahara Desert.

Through the Todra Gorge and Dades Valley to the M'Goun Valley

Ait Benhaddou is the base for a busy film industry and the location for Game of Thrones, Lawrence of Arabia, 10 Commandments, Babel, and many other movies.

Back to Marrakech and on to Essaouira on the Atlantic coast. Fishing Village, resort, and hangout for Jimi Hendricks in the 1960's.

What a wonderful country.



Casablanca  
Mosque of Hassan 11



Casablanca  
Ornate interior of mosque



Rabat - Kasbah del Oudaia



Rabat - Medina



Rabat Medina - Hat shop



Rabat fortification



Meknes - Unfinished mosque at  
mausoleum of Moulay Ismail



Meknes Medina



Meknes - Berber Riadv



Meknes





Roman Ruins - Volubilis



Fes - Ceramic works



Sahara



Volubilis Ruins



Fes - Pottery



Sahara - Erg Chebbi Dunes at sunrise



Fes - Old town



Fes - Souk



Dades Valley



Fes Medina



Fes - Night view



Ait Benhaddou.  
Hotel courtyard



Fes - Leather dye pits



High Atlas Mountains





Ait Benhaddou  
Gladiator set



On the road to Essaouira



Essaouira fishing harbour



Game of Thrones set



Essaouira - Atlantic coast



Essaouira town view



Ait Benhaddou  
Womens refuge



Essaouira fish market



Meknes street scene



Road to Ouirgane



Essaouira cooking class



Dates everywhere



Marrakech  
Le Jardin Secret Garden.



Butchers shop

# IT Tips

## *Setting up an Instagram Account*

1. Go to <https://www.instagram.com/accounts/emailsignup/> on your desktop, or download the Instagram app from the App Store (iPhone) or Google Play Store (Android).
2. If you're on **desktop**, click "**Log in with Facebook**", or fill in the form with mobile number or email, name, username, and password. Then click "**Sign up**".
3. On **Android**, click "**Sign Up With Email** or Phone Number".
4. On iPhone, select "**Create New Account**".
5. Enter your **email address and phone number**, then click "**Next**". Alternatively, you can also sign up with your Facebook account on the app.
6. Once you've filled out your username and password, you will be instructed to fill out your profile info. Then, tap "**Done**".
7. If you register with Facebook, you'll need to log into your Facebook account if you're currently logged out.

## **Notifications**

1. When your account is created, you'll want to adjust your notifications so you only receive

2. the information you want. For instance, you can choose to receive notifications when you get likes from everyone -- but, alternatively, you might decide to only receive notifications when you get a like from someone you follow. Or, you might turn off notifications for likes altogether.
3. You can adjust notifications to "Off", "From People I Follow", or "From Everyone", there are many categories here and you can select which ones you want .
4. If you're unsure what notifications you want to receive, you might start with your notifications on "From Everyone", and if certain notifications begin to annoy you, you can turn them off later.

## **Upload, Edit, and Post an Image**

Now, for the most important part of Instagram -- how to upload and post an image from your mobile device.

1. Click the "+" icon in the bottom center of your screen.
2. Here, you have three options. You can look through your Photos library on your phone, you can take a new picture from right within Instagram, or you can take a new video. Select the image you want to use then click "Next" in the top right.
3. There are two categories you can use to edit



your image -- "Filter" and "Edit". Instagram automatically shows you filters first. You can scroll through the carousel and click any of the filters to apply it to your image. Additionally, if you want to use a filter but you want to tone it down, double tap the filter and move the cursor to the left to lessen the intensity of the filter.

4. Next, click "Edit". Here, you can adjust contrast, brightness, structure, warmth, and more. When you're happy with your edited image, or if you don't want to edit it at all, click "Next" in the top right.

5. Now, you can add a caption, add hashtags (#) tag people (you can only tag someone if they also have an Instagram account), and add a location. Additionally, click the button beside Facebook or another linked social media account to share your image on that platform, as well. When you're ready to publish, click "Share" in the top right.

## Hash Tags

A hashtag, introduced by the hash symbol, #, is used on social networks such as Twitter, Instagram and Facebook. It lets users apply dynamic, user-generated tagging that helps other users easily find messages with a specific theme or content.

Users create and use hashtags by placing a hash symbol in front of a word or unspaced phrase in a message. Searching for that hashtag yields each message that someone has tagged with it. For example, on Instagram, the hashtag #bluesky allows users to find all the posts that have been tagged using that hashtag.

You can add as many hashtags as you wish, however research shows 9-11 is the most effective number.

If you would like assistance setting up a page, Alison is happy to help.

Contact her on

achanrahan@iinet.net.au

<https://www.instagram.com/canningartsgroup/>

## Gallery /Social Media News



Hello Members

Canning Arts Group Instagram is going well..plenty of followers interested in the groups work and events. If you are a featured CAG artist your Instagram account [assuming its art related] will be linked so that any new work you post will be circulated automatically.

There have been many great comments re artworks that have been viewed on canningartsgroup!

All members can be featured if they wish. You might like to give a link to your Facebook account if you are not on Instagram. Anyone can check out the CAG Instagram at anytime by going to [www.instagram.com/canningartsgroup](https://www.instagram.com/canningartsgroup). If anyone follows an art group we are not following please send me an email and I will add it in.

Hope you are enjoying the "Green Exhibition" and thinking about the upcoming "Favourites Exhibition". Looking forward to a full gallery!



A place for you to share your work, workshops you might have attended, show a WIP (work in progress) or just tell us what you have been up to, any exhibitions or workshops you've attended. We can all learn from each others work and experiences. Hopefully next time you begin a painting you will have your camera/phone by your side ready to photograph the process.

If there is anything in particular you would like to see in these pages, email me  
[chris@posterpassion.com.au](mailto:chris@posterpassion.com.au)

### Japanese Cherry: WIP - Karen Ball



Initial sketch on a textured canvas, laying out of painting



Further development



Bringing in some detail



Completed painting



This is the finished painting from last months WIP

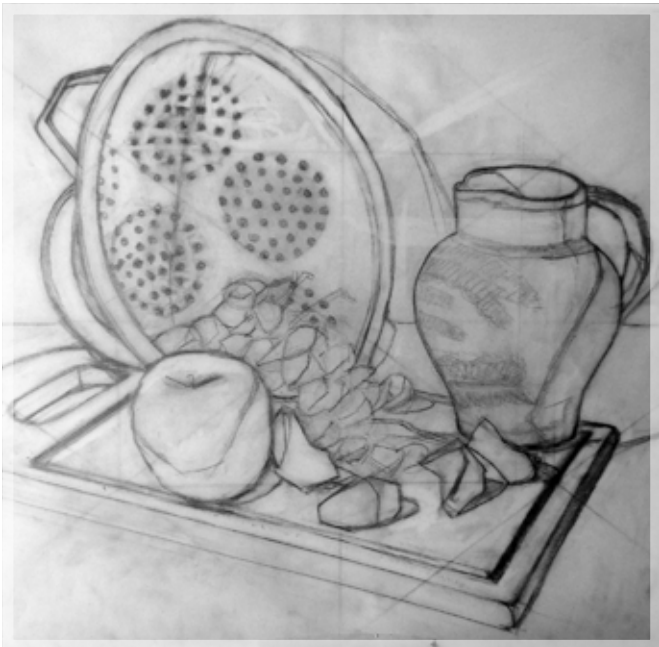






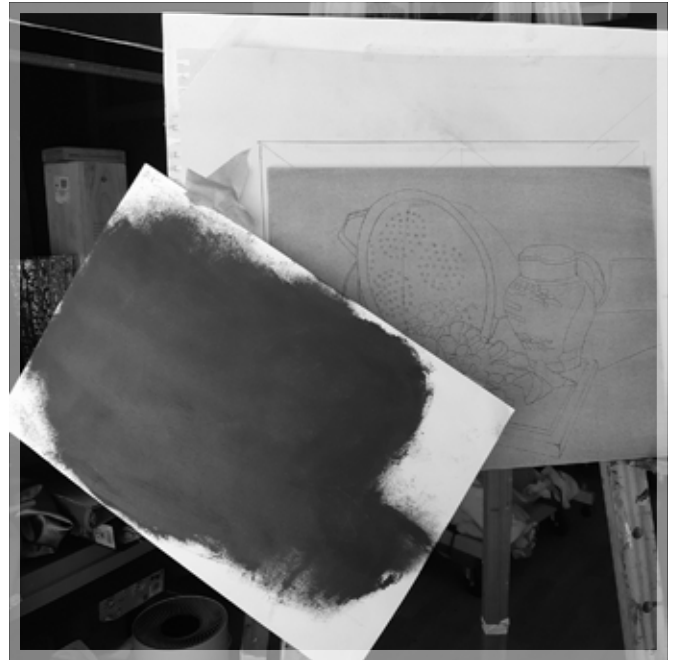
Step 1.

Setup - Choosing items, placement and lighting. This can sometimes take up to a day to decide upon a setup that resonates and you will be happy to spend possibly many weeks with.



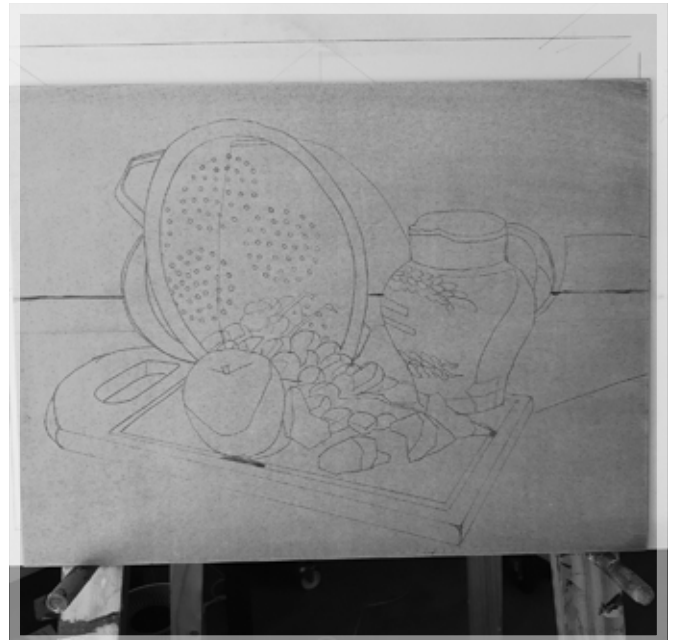
Step 2.

Drawing - This has to be an accurate representation of the setup with all the shadows drawn in but not shaded - basically a line drawing.



Step 3.

Transfer - Drawing is copied to a sheet of paper the same size as your support, that can be painted with a Burnt Umber layer on reverse side, then placed over the support to be transferred like a carbon copy to the support.



Step 4.

Transferred drawing on underpainted support (burnt umber wiped off to a thin layer and left to dry completely for a number of days)





Step 5.

Open Grisaille – this is the first painted layer – Burnt Umber thinned which is transparent and then painting all the darks and shadows to cover the surface and also give a good idea to the flow of light and dark. Make any changes to drawing if needed.



Step 7.

Closed Grisaille – 5 Value – this layer is painted in a 5 value scale, I have used Burnt Umber and white, two darks, mid value 5 and two lights. In this layer you can see definite “tiling” or steps of the values.



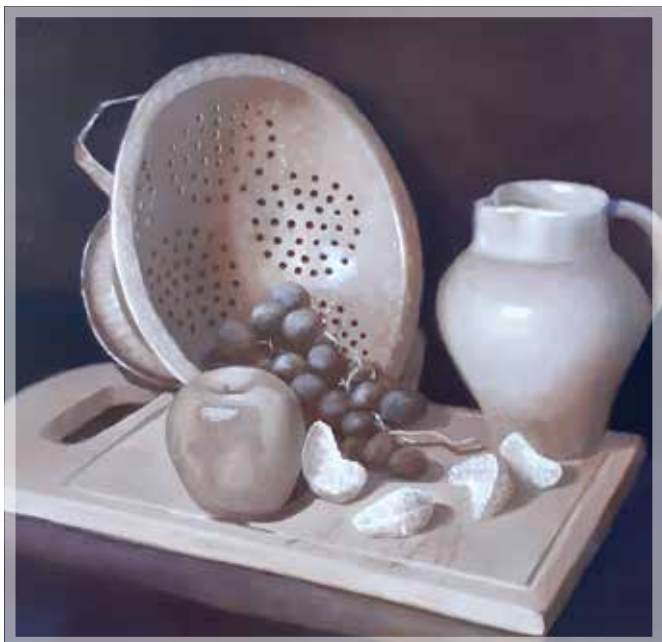
Step 6.

Finished Open Grisaille



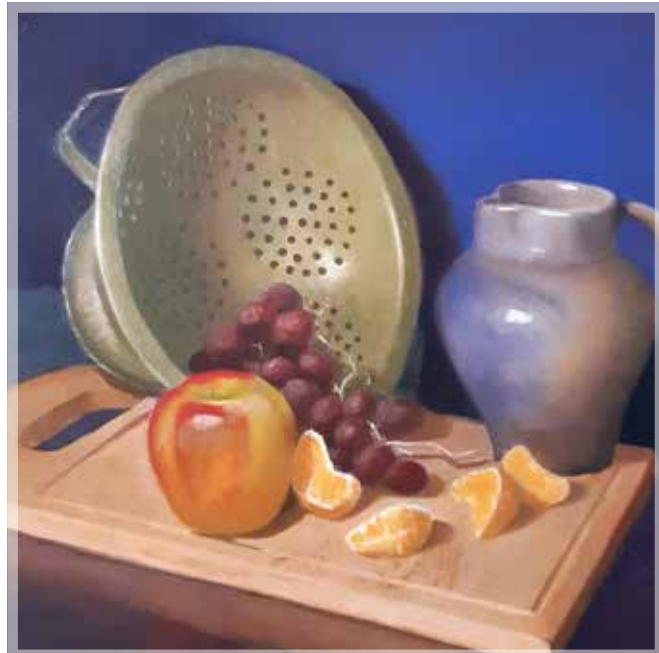
Step 8.

Closed Grisaille - 9 value – increasing the value scale to blend into a more finished gray scale painting. All drawing issues should be corrected and soft and hard edges created.



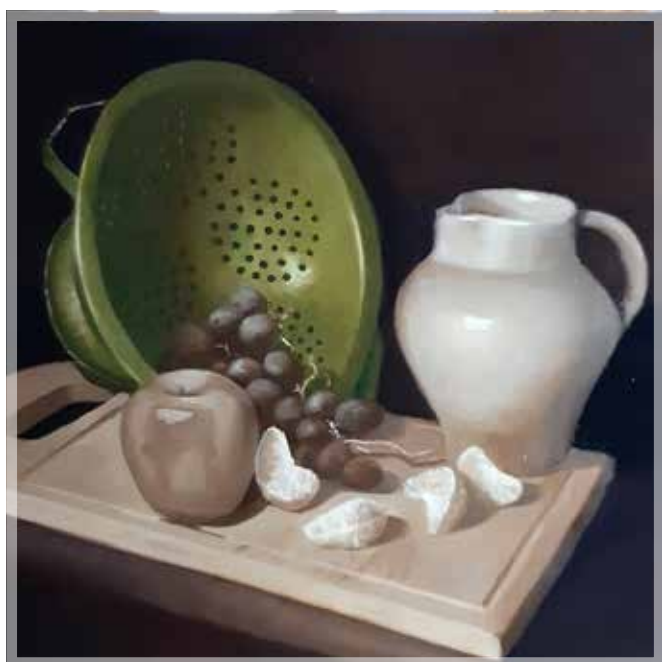
Step 9.

This is the first glaze – transparent colors are used for glazing – on the background. The value underpainting dictates the depth of color.



Step 11.

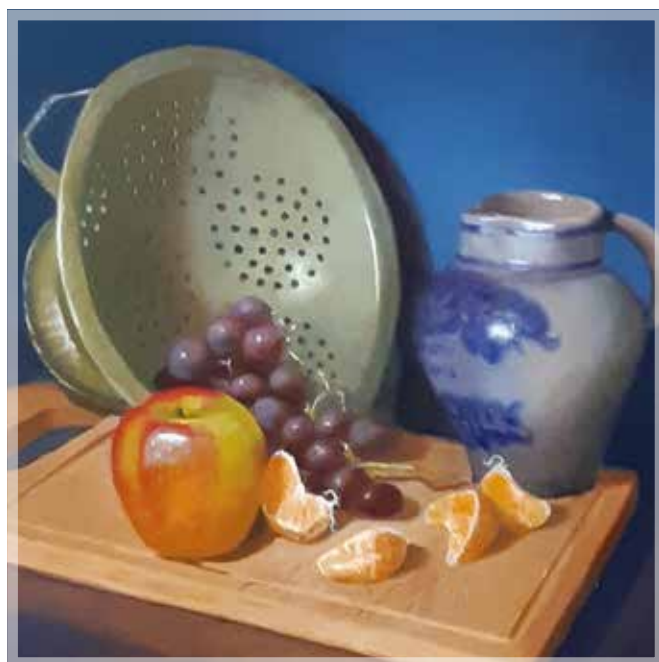
1st layer of glazing completed over whole painting.



Step 10.

Glazing of the Colander

This is a layer of transparent color - some transparent colors are Ultramarine Blue, Viridian etc and will darken passages of underpainting.



Step 12.

More glazing over selected areas. Once the transparent color layer is finished, lighter opaque colors, with white added if needed, (not transparent) can then be "scumbled" over the transparent layer to lighten passages. Before this layer is laid down a "couch" of medium is layered onto the area that you are about to paint. This helps the opaque layer adhere and smooth over the underpainting, helping keep soft edges.



# INSPIRED BY NATURE

an Exhibition of

Paintings by Karen Ball

Pottery by Angela Ellis



**The exhibition is on from 26th June to 9th August 2020**

Gingin Railway Station Lot 500 Jones Street, Gingin

Visit the station 9.30am to 3.30pm

Friday to Sunday and Monday Public Holidays



# Whats on your

# Easel/Wheel/Table

## Marg Nash



Some decorated ring dishes waiting for a glaze firing.

## Maggie Smith

Earlier this year (a lifetime ago!) I went to some Free-style Embroidery sessions at Riverton Library. The first project was to utilise sequins.



As I love wildflowers I decided to incorporate bottlebrush flowers into my design, along with my hand-dyed fabrics.

The cost for this "free" workshop was for each participant to make a bookmark which the City of Canning would award to volunteers later in the year. This is my bookmark - which was, of course, lots of fun to make! (I think I might keep it!)



Continuing on with the pink and green theme from my bottlebrush stitching, I created "Dreaming of Spring" - mixed media, utilising my own hand-cut stencils



## Karen Ball

Work in Progress

Oil on Canvas



Karens exhibition at Gingin is back on after being put on hold due to Covid 19. (see previous page )



## Dot Marshall

Lots of fun with polymer clay, I have been very busy after becoming addicted to polymer clay during the lock down. It



is something that I can just turn to at anytime, pick up a piece of clay and have fun, this is a small part of what I have made so far. I'm busy now taking photos to put on my website DotyArt for everyone to see.

## Lietta Jacobs

Work in Progress

Oil on Canvas



## Jane Ledbetter

Here are a few arty things I have been making lately.

I went to a drawing workshop at Atwell, spending all day drawing something in front of me to get away from my I-pad. Very refreshing.



## Amber Peck

I'm glazing glazing glazing all my cups at home at the moment.



## Chris Taylor

Work in Progress

Pastel



## Jo Davey

A print from a couple of linocuts I made in class. I have been taking part in a print-making TAFE course this semester. We had to work from home / online for some of it!



## Margaret Colyer

Work in progress

Mixed Media

'Tresco' on the Isles of Scilly - UK. A favourite holiday destination - peaceful and vehicle free.



## Janette Pryor

Work in Progress  
Oil on Canvas

This is the Ashburton river at Nanutarra as I don't often see it - ie with water in it. My intention was to paint this very loosely ... didn't happen! It's not finished yet - needs more contrast especially on the right, and a few rocks in the river are still missing.



## Alison Hanrahan

Work in Progress  
Large ink piece in progress..  
Earth. All hand drawing



## Chris Goldberg

Work in Progress  
'First Day of Tap Class'

Still a way to go with this,  
only first layer done.



You have seen this guy before, decided to persist with it and thanks to the joys of paper clay, I have continued down with legs and attached arms etc, and it is dry and seems to be sound. He is now accompanied by 'mans best friend'.

## Sue Clark

Work in Progress

20cm x 20cm trial run of photo to my son took on his way to Garden Well on the Goldfields.



I plan to do a larger version, but a book I am reading called Daily Painting suggests doing a small painting every day and small versions of larger paintings so you can work out all the kinks before you start on a large painting.

## Mary Cowell

Oil on Canvas  
Two recently completed paintings



Last week I visited the Mundaring Arts Centre, on Great Eastern Highway, the exhibition was amazing and will be open until July. Mostly sculptures and sketches, but truly amazing. Hans Arkeveld is an extremely talented artist.

## John Guilfoyle

Work in Progress  
Oil on Canvas

Another in my Australiana series





# Potters Page

## *Hobbyday Tuesdays*

Well hurray! the Art Centre has opened up and we are gradually getting together again. It was so good to see all the familiar faces again and catching up with all the news after all these months.

It will be nice when we can enjoy our morning teas again and hopefully it won't be long before we are back to normal "if any of us ever will be."

I feel life has wound down since the virus and I have time to enjoy life doing my pottery and gardening a bit more, instead of getting into the car and rushing everywhere which is a good thing.

Hopefully we can all learn from our experiences over these last months.

Looking forward to seeing you at the Art Centre.

**Cheers Jill**

## *Visiting the humble op shop....*

I have never been so interested in popping into my local op shop since getting into my "Clay Play"

I just love checking out the kitchen section for the odd kitchen utensil that will provide me with a unique pattern for my cylinder or a piece of lace or textured cutain that I can use for the next hump mould platter. Even checking out the kids sections for the tools used for play dough can be utilised in your arsenal.

Next time you are walking past the local op shop, just pop in and take a look. Not only will you be helping and supporting your local community, you might find a treasure that will stay with you and help create your next masterpiece.

## *Raku and Pit Firing*

I returned to clay after a short 35 year break. Not really sure why it took so long, but ever since rediscovering pottery, I find I am keen to explore every facet of the craft. I am very interested in Raku and Pit fire pottery. After attending a workshop run by Jill Archibald at CAG, I gained enough knowledge to go ahead and build my own Raku kiln which I love and enjoy using. Anyone interested in Raku, if you get the opportunity to attend a workshop, jump at it as I found it has been one of the best things I have done.

Some of the finished pit fired vessels. I just love the randomness of the colours which are unique to each piece and can never be repeated.

**Sharon MacKay**



## GREG CROWE WORKSHOP

2 - 6 July CANNING ARTS GROUP

Six potters eagerly took their 50kg of clay which Greg supplied to use during the four and a half day workshop - plenty of clay for us to improve our throwing skills and challenge our talents.



Looking and learning sessions took place every morning and afternoon. Greg's demonstrations on how to throw large forms, taking care to have a uniform wall

thickness and adequate rim depth to successfully facet and texture the outside surface and then produce an interesting form were mesmerising.

Greg demonstrated pulling spouts, fixing handles to mugs and jugs. Making patterned handles, faceting and various forms of surface decoration, squaring rims, paddling pots to form square sides to be later decorated with surface textures. Turning and faceting foot rims to compliment the main body, softening sharp edges to enhance slips and glazes.



It soon became evident that there were quite a few technical issues we needed to address and overcome. With persistence and practice each day we were able to produce some pleasing forms that had good shape, texture, healthy rims and enough clay for a decent foot rim. We all thoroughly enjoyed the challenge. With a good deal more practice using Greg's techniques we will



produce more interesting pots based on what we have learnt.

Greg's enthusiastic demonstrations coupled with his interesting methods of surface texture and handy hints were enjoyed by all.

A really great workshop.



**Jill Archibald**







# Recipe Corner

Yes cooking IS an art form

This is a place to share your favourite recipes

## Roast Vegetables with Basil and Fetta Polenta

500gm pumpkin  
chopped coarsley

2 large zucchini  
(300gm)

2 med red onions -  
quartered

2 large red capsicums

1 tblsp cumin seeds

2 tsp coriander seeds

2 tsp ground coriander

1/2 tsp chilli flakes

2 cloves garlic

1/4 cup olive oil

2 tblsp red wine vinegar

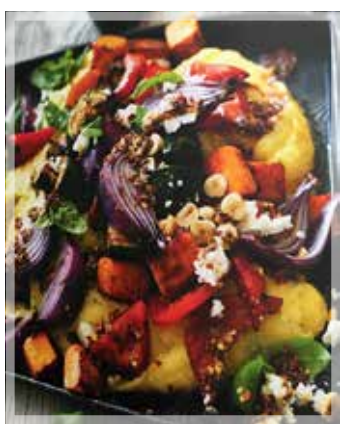
1.5 litres vegetable stock

1.5 C polenta

200g danish fetta crumbled

1/2 cup torn fresh basil

1/3 cup coarsely chopped hazelnuts



### Method

- Preheat oven to 220C. Line two large oven trays with baking paper
- Combine pumpkin, zucchini, onion, capsicum, cumin, coriander, chill, garlic, and oil in large bowl, season. Place veg on trays, roast for 30 minutes or until golden and tender. Drizzle

with vinegar

- Meanwhile, bring stock to boil in large saucepan. Gradually add polenta whisking continuously. Reduce heat, simmer, stirring for 10 minutes or until polenta thickens. Stir in 125g of the feta and 1/3 cup of the basil.
- Serve polenta immediately topped with vegetables, hazelnuts remaining feta and basil.

**Chris Taylor**

## Apricot & Pistachio Chicken Patties

Makes 4

*Recipe suitable for diabetics*

500g chicken mince

3 slices multigrain bread grated

3/4 cup (90g) pistachio nuts chopped

1 cup (160g) dried apricots chopped

### Method

- In a bowl, combine all ingredients and season with cracked pepper, Roll into 4 patties and place on a paper lined baking tray. Chill for 20 minutes, then into a non-stick grill pan over medium heat, cook the patties for 4 to 5 minutes on each side or until golden and cooked through.
- These are delicious served in a wholegrain wrap with shaved carrot, beetroot ribbons, apple slices and crisp lettuce.

**Robyn Brown**

## *Mediterranean Baked cod with lemon and garlic.*

4/6 pieces of Cod fillets

5 garlic cloves minced

1/4 cup chopped parsley

Lemon juice mix

5 tsp fresh lemon juice

5 tbsp EVO

2 tbsp melted butter

For coating

1/3 cup plain flour

1 tsp ground coriander

3/4 tsp sweet Spanish paprika

3/4 tsp salt

1/2 tsp black pepper.

### **Method**

- Preheat the oven to 180c
- Mix lemon juice, olive oil, and melted butter in a shallow bowl, put aside
- In another shallow bowl mix flour, spices, salt and pepper, set next to juice mix.
- Pat fish dry, dip into the juice mix, then into flour, shake off any excess flour.
- Reserve leftover lemon juice.
- Heat 2 tbsp of oil in a skillet over medium high heat.
- Add fish and sear on each side, but do not fully cook. remove from heat.
- To the remaining lemon juice add the minced garlic, mix/drizzle over the fish.
- Bake in the oven until it begins to flake with a fork. remove from heat and sprinkle with parsley..
- Serve with a Greek Salad.

**Margaret Frew**

## *Scones*

5 C SR flour

pinch salt

300mls cold cream

300 mls cold lemonade

### **Method**

- Sift flour 3 times
- Fold in cream and lemonade
- Turn out onto floured board, cut into squares.
- Brush with milk
- Bake at 220C for 10 mins.

**Sue Clark**

## *Chocolate Ganache*

( Just filling a gap here, not enough room for recipe)

250gm good quality dark chocolate

125 gm unsalted butter

50ml water

### **Method**

Put the butter, chocolate and water in medium sized heavy base saucepan over low heat. Stir frequently as it melts until smooth. A small flat whisk is good for this, gets right to the corners. Most important thing with ganache is it mustn't boil, or it goes oily. Once its silky smooth, take off the heat, and let cool until barely warm and of thick pouring consistency. Pour any leftovers into an airtight container and store in fridge. gently rewarm when you are ready to use it.

**Chris Goldberg**



# Whats in myGarden/Community

A place to share what's growing in, residents/visitors to, or art in your garden

## Fran Fishlock

Community Verge Garden

An update on my community verge garden in Mosaic St, Shelley.

Peas are doing really well and can pretty much guarantee they will be eaten straight away, never making the pot!



Lettuces went straight to seed but the bees love them so they can stay a little longer. One section has been planted up with herbs that are doing well. If you walk past then feel free to have a pick!



## Chris Goldberg

Some garden art.



The clay sculpture is life size, the critter on top is a paper mache and chicken wire hedgehog. The mosaic pot, was created from many kilos of river stones, which I carried in excess luggage from NZ over a couple of years. Below is the result of some spare time at easter and an old resin chair.



## Selena Watson



## Jan Bailey

I go walking with my husband quite often down at Lucky Bay near Thompkins Park in Melville and I took this sunset photo the other week. It was even better in real life.





## Amber Peck

Pictures of my fur babies Tex the Aussie bulldog, Betty the Jack Russell cross and Isa my very pretty cat.

My lipstick hibiscus is absolutely covered in flowers at the moment in the garden and the honey eaters are loving it. I'll wait a bit longer before I hack it back for it's hard winter prune.



## Jo Davey

Greetings from Jo Davey (previously Haynes), Denmark WA.



Birds in my backyard. Firetail finch and silvereyes.



My veg in a wine barrel (now a lot bigger, maybe they like the residual wine flavour...).



Veg growing in straw bales. (I think they I prefer the wine barrel!).

## Sue Clark

We planted a vegetable garden patch while we were in isolation and it seems to be doing well. We had a lot of bok choy but it went to seed as we didnt use it fast enough.



## Maggie Smith

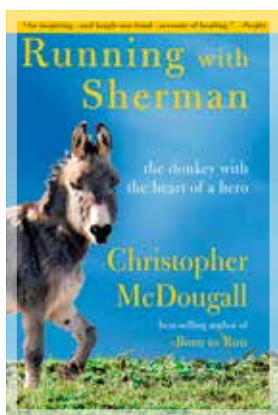




# Whats on your Bookshelf TV/Streaming Service

## Running with Sherman

by Chris McDougall



A heartwarming story about training a rescue donkey to run one of the most challenging races in America.

Lietta Jacobs

## The Elephant Keepers Daughter

by Julia Drosten



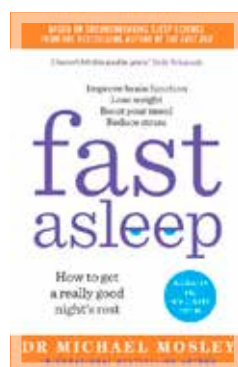
Ceylon, 1803. In the royal city of Kandy, a daughter is born to the king's elephant keeper—an esteemed position in the court reserved only for males. To ensure the line of succession, Phera's parents raise her as a boy.

As she bonds with her elephant companion, Siddhi, Phera grows into a confident, fiercely independent woman torn between the expectations of her family and her desire to live life on her own terms.

Chris Taylor

## Fast Asleep

by Dr Michael Mosley



A good night's sleep is essential for a healthy brain and body. So why do so many of us struggle to sleep well?

In Fast Asleep, Dr Michael Mosley explains what happens when we sleep, what triggers common sleep problems and why standard

advice rarely works.

Prone to insomnia, he has taken part in numerous sleep experiments and tested every remedy going. The result is a radical, four-week programme, based on the latest science, designed to help you re-establish a healthy sleep pattern in record time.

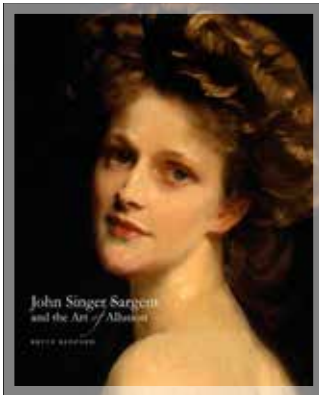
With plenty of surprising advice including tips for teenagers, people working night shifts and those prone to jet lag, plus recipes which will boost your deep sleep by improving your gut microbiome, Fast Asleep provides the tools you need to sleep better, reduce stress and feel happier.

This is an excellent book - very readable, sensible and helpful!

Janette Pryor

## John Singer Sargent and the Art of Illusion”.

by Bruce Redford



I’ve just finished perusing the paintings and reading the background of the paintings in “wonderful portraiture and brushwork.

This is an inquiry into the painters practice of quotation, he referred

to many well known historical paintings by using the same composition or using it as a basis for his own exploration of a subject.

It took me quite a while to finish the book, I’ve borrowed it from the library 3 times.

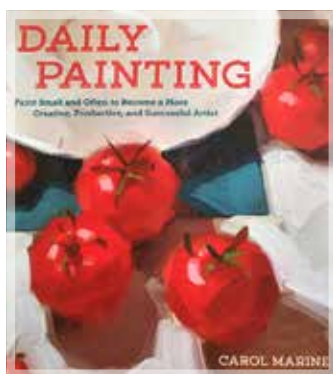
A great book for painters looking for a different way of starting a painting or linking your work to the great masters without copying.

Lynn Owen

## Daily Painting

by Carol Marine

Have you landed in a frustrating rut? Are you having trouble selling paintings in galleries, getting



bogged down by projects you can’t seem to finish or abandon, or finding excuses to avoid working in the studio? Author Carol Marine knows exactly how you feel; she herself suffered from painters block, until

she discovered daily painting. The idea is simple: do art (usually small) often (how often is up to you), and if you like, post and sell it online. Soon

you’ll find that your block dissolves and you’re painting work you love, and more of it than you ever thought possible!

Sue Clark

## Paper Clay

by Rosette Gault

Now firmly established in the ceramics world, paperclay is a vital part of the modern clay artist and potter’s repertoire. The workability of this



material allows expressive freedom and imagination at every stage in the creative process, from wet to dry. Paperclay, made with new or recycled paper, is remarkable for its flexibility, unfired strength, and the ease with which it

can be repaired, and allows the creation of beautiful finished forms.

Building on the immense success of her previous Ceramics Handbook Paper Clay, pioneering artist, researcher and teacher Rosette Gault (M.F.A.) explains how potters and clay sculptors can make, fire and use the material. In addition to the basics, she introduces more advanced techniques for building armatures, sculpting figures and making works for the wall.

Packed throughout with photographs of inspiring works by a new generation of paperclay artists, Paperclay: Art and Practice is an essential introduction to the medium.

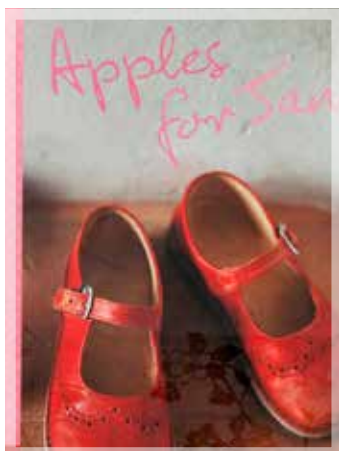
**Chris Goldberg**



# Canning *Creations* Classifieds

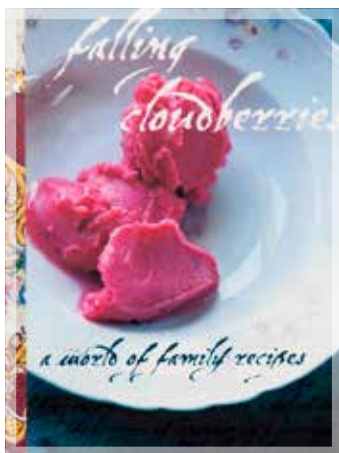
A place for members to buy, sell or gift freely :)

## For Sale



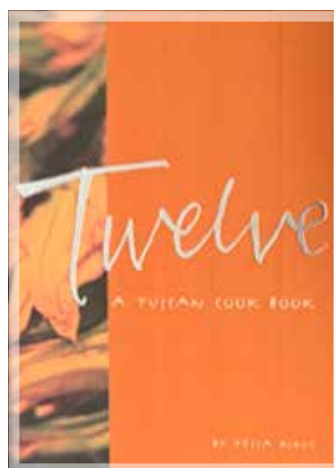
"Inspired by the excitement and simplicity of childhood, Tessa has brought together recipes based around colourful and pure fresh ingredients that create uncomplicated and delicious family meals. From the comfort of soups and roasts,

to the striking colours of beetroot gnocchi and mango sorbet, to the simplicity of rice pudding with nutmeg, this book weaves recipes with reflections and hopes.



"Falling Cloudberry is filled with the recipes that have woven their way through the life of Tessa Kiros and her family, from the sweets handed out at Scottish fetes on days off from a Greek school in South Africa to

the rice puddings with rosewater and cinnamon made in a shed by her Cypriot grandfather (who also had a fondness for pickling baby birds) and the gravlax with dill prepared by her Finnish mother.



In this exquisitely photographed book, Tessa Kiros uses each month of the year as a device to explore and record recipes in seasonal cooking with fine ingredients. Her personal observations throughout reveal the nuances of the Italian meal.

"The Store Cupboard" has tips on filling the pantry with the right ingredients. The "Basics" section provides preparation instructions and recipes that Tuscan home cooks learned from their parents and grandparents.

"Tessa Kiros was born in London to a Finnish mother and a Greek-Cypriot father. The family moved to South Africa when she was four and, at the age of 18, Tessa set off to travel and learn all she could about the world's cultures and traditions, and new ways of living and eating. She has cooked at London's The Groucho Club and in Sydney, Athens and Mexico. On a trip to Italy to study the language and food she met her husband, Giovanni. Twelve, her first book, is a celebration of the beautiful, soul-satisfying foods of that region.

Books \$20 each. New

Alison Hanrahan

achanrahan@iinet.net.au

Free

**Dressing Gown ( new) Size small**



**Handknitted Jumper Size small**



**Handknitted cardigan 18 months**



Contact: Robyn Brown  
rabrown25@gmail.com

Free

**Milk Kefir Grains**

A fermented beverage made from kefir grains and milk, kefir resembles liquid yogurt. It is a natural probiotic that promotes the health of the gut microbiome. Kefir also tastes tangy like yogurt but has a thinner beverage-like consistency.



As a probiotic source, kefir is much more powerful than yogurt. The grains of kefir include at least 30 different strains of yeast and bacteria. This means that it offers not just a good quantity of probiotics but also multiple diverse strains as well as yeast. Most other fermented dairy products are created with very few probiotic strains and do not have any st. The result is that organic kefir delivers over 40 billion probiotic organisms in just half a cup, while probiotic yogurts give about one billion in a serving.

The grains grow and multiply over time ( if they are happy :) so I have some to spare, if anyone would like to try making milk kefir I can give them some grains and a book of instructions (PDF) on how to make it. It can also be used in place of buttermilk in cooking.

Contact: Chris Goldberg - 0468 368 174  
chris@posterpassion.com.au

Free

**Olive tree wood  
for wood work/lathe turning**

Contact: Lietta Jacobs - 0400330661  
lietjj55@gmail.com



# Balloon Decor Workshop

*If you would be interested in learning about Balloon Art in a 2 day workshop, please leave your name with Selena in the office.*

This workshop will teach you basic balloon decorating techniques and show you how these can be used to create professional looking balloon displays. You will be able to use these balloon décor skills to create stunning displays at parties, weddings, family events, business functions etc.

During the workshop you will -

- Learn to build balloon bouquets, flowers, columns, arches
- Learn to build both air filled and helium filled displays
- Learn about balloon equipment and how to make your own
- Learn a lot of insider tips and advice to ensure success

We will start with the basics showing you how to correctly fill and tie balloons, how to knot them into pairs and then form 4 clusters.



You will then be shown how these basic building blocks can be used to build various types of displays. The lessons are broken down into modules which are easy to follow.

- It is designed to be "hands on" so you'll need a bag of normal sized round latex balloons (size 11 inches) and a bag of 5 inch sized round balloons and a balloon pump to get you started.
- Other materials required will be explained as the course progresses. Where possible I will show you how to make up frames and sizers etc yourself using cheap household items.
- You will gain a good background knowledge of working with balloons that will ensure that your balloon decorations are successful.
- You will understand the differences between air filling and helium filling balloons and their uses.
- On completion you should be able to work confidently with balloons and create a variety of professional style balloon decorations.

This balloon decor workshop is designed for beginners, no prior knowledge is required. Everything will be explained to you and demonstrated step by step.

**Not suitable for anyone who suffers with a latex allergy.**



# 2020 Adult Program

## Term 3

### LIVELY STILL LIFES

Oil Painting with Ochirbat Naidansuren  
All levels, beginners welcome!  
MONDAYS (4 weeks)  
27th July - 17th August  
9am - 12noon  
COST: \$100 M / \$125 NM

### BOTANICALS & LANDSCAPES

Watercolours with Maimunah Abdullah  
All levels, beginners welcome!  
TUESDAYS (8 weeks)  
28th July - 15th September  
9am - 12noon  
COST: \$185 M / \$210 NM

### BRUSH & PALETTE KNIFE OILS

Oil Painting with Mary Cowell  
Oil painting experience required  
WEDNESDAYS (8 weeks)  
29th July - 16th September  
12:30pm - 3:30pm  
COST: \$185 M / \$210 NM

### EXPLORING WATERCOLOURS

Painting with Maureen Lipa  
All levels, beginners welcome!  
MONDAYS (8 weeks)  
27th July - 14th September  
6:30pm - 9:30pm  
COST: \$185 M / \$210 NM

### DISCOVER DRAWING

Drawing with Ochirbat Naidansuren  
Some experience required.  
TUESDAYS (4 weeks)  
28th July - 18th August  
6:30pm - 9:30pm  
COST: \$100 M / \$125 NM

### EXPLORING ACRYLICS

Painting with Peta Zellar  
Some painting experience required  
THURSDAYS (8 weeks)  
30th July - 17th September  
9am - 12noon  
COST: \$185 M / \$210 NM

### Adult Pottery

#### MONDAY POTTERY

With Chris Elliot (Beginners Plus)  
6:30pm - 9:30pm  
27th July - 14th September

#### TUESDAY POTTERY

With Maimunah Abdullah  
(Beginners Plus)  
6:30pm - 9:30pm  
28th July - 15th September

#### WEDNESDAY POTTERY

With Narelle Fulwood  
(Beginners Plus)  
9am - 12noon  
29th July - 16th September

#### THURSDAY POTTERY

With Chris Elliot (Beginners Plus)  
6:30pm - 9:30pm  
30th July - 17th September

**All Pottery Classes—8 weeks**  
**COST\*: \$225 M / \$250 NM**

Learn to create pottery both on the wheel and by hand building.  
Course fees cover glazing and firing.  
Materials are not provided, clay is available for purchase in class.

### ART & CRAFT FOR PERSONS WITH A DISABILITY

With Michelle Culhane  
FRIDAYS (8 weeks), 31st July - 18th September  
Session 1: 9:45am - 11am  
Session 2: 11:15am—12:30pm  
COST: \$96, please note carer to attend (one on one), all materials included



For more information on classes, go to [www.canningartswa.org.au](http://www.canningartswa.org.au)  
Bookings can be made by phone **9457 9600** or email [office@canningartswa.org.au](mailto:office@canningartswa.org.au)  
Office is open **9.30am—2.30pm Monday to Friday**  
- Full payment required at booking. - No refund for missed class.  
- Full refund is given if course is cancelled by CAG. - No classes on Public Holidays.  
Materials not included unless specified.\* Denotes Firing and Glazes included in fees where applicable.  
**M=Member Price NM=Non Member Price**  
**All classes are held at CAG 72 Riley Road (cnr High Road) RIVERTON 6148**





## 2020 Children's Program Term 3

CLASS DAY	TUTOR	TIME	COST
<b>MONDAY</b> 27th July - 14th September	Art with Chaya	4:00pm - 5:30pm	COST: \$125 students to provide own materials
<b>TUESDAY</b> 28th July - 15th September	Art with Stephanie	4:00pm - 5:30pm	COST: \$125 students to provide own materials
	Pottery with Narelle	4:00pm - 5:30pm	COST: \$160 Mixed Wheel & Hand Work Materials included in fee.
<b>WEDNESDAY</b> 29th July - 16th September	Cartooning with Tim	4:00pm - 5:30pm	COST: \$125 students to provide own materials
	Pottery with Narelle	4:00pm - 5:30pm	COST: \$160 Mixed Wheel & Hand Work Materials included in fee.
<b>THURSDAY</b> 30th July - 17th September	Art with Stephanie	4:00pm - 5:30pm	COST: \$125 students to provide own materials
	Art with Michelle	4:00pm - 5:30pm	COST: \$125 students to provide own materials
<b>FRIDAY</b> 31st July - 18th September	Art with Bridget	4:00pm - 5:30pm	COST: \$125 students to provide own materials
	Art with John (Ages 8+)	4:00pm - 5:30pm	COST: \$125 students to provide own materials
	Art with John (Ages 8+)	6:00pm - 7:30pm	COST: \$125 students to provide own materials
<b>SATURDAY</b> 1st August—19th September	Art with John (Ages 8+)	9:00am - 10:30am	COST: \$125 students to provide own materials
	Art with John (Ages 8+)	10:45am - 12:15pm	COST: \$125 students to provide own materials
	Painting with John (*enrolment criteria applies)	12:30pm - 2:15pm	COST: \$150 students to provide own materials
	Drawing with Migara (Age 8+)	3:00pm - 4:30pm	COST: \$125 students to provide own materials
	Pottery with Lynne (Ages 6 - 9 years)	9:00am - 10:30am	COST: \$160 Hand building. Materials included in fee.
	Pottery with Lynne (Ages 9+ years)	10:45am - 12:15pm	COST: \$160 Mixed Wheel & Hand Work Materials included in fee.



For more information on classes, go to [www.canningartswa.org.au](http://www.canningartswa.org.au)  
 Bookings can be made by phone **9457 9600** or email [office@canningartswa.org.au](mailto:office@canningartswa.org.au)  
 Office is open **9.30am—2.30pm Monday to Friday**  
 - Full payment required at booking. - No refund for missed class.  
 - Full refund is given if course is cancelled by CAG. - No classes on Public Holidays.  
**All classes are held at CAG 72 Riley Road (cnr High Road) RIVERTON 6148**

## Editors Notes

### Whats on your easel/table/wheel

Next issue I would love to see more member participation on this page. It shows what our members are actually creating, and since the newsletter is available to the general public, it would be great if this page/pages showed a vibrant diverse range of work, that would encourage interest and perhaps more community participation in our club.

I know some members struggle with technology, so was wondering if we could perhaps get a volunteer in each of the hobby groups who would be happy to take pics of members work (with their permission) and send them to me. Let me know if you can help. (I can cover Tuesday painters day)

chris@posterpassion.com.au

### Re content you might want to submit for future newsletters.

If you have something for the next issue, you can send it to me anytime between now and the deadline, you don't need to wait until I call for it. Its a pretty big job putting this together so helps me to spread the workload. Just email me with '**CAG newsletter**' in the subject line ( I get a lot of emails, and if I don't know the address it can get missed) So anytime you think of something or have it ready, just send it through to

chris@posterpassion.com.au

(not the CAG office, Selena has enough to do without forwarding emails :))

### Works in Progress

I hope some more of you will consider doing a WIP of your paintings or ceramics, these are always interesting for others to see, we can all learn so much from each other.

iChris Goldberg

chris@posterpassion.com.au

## *A Warm Welcome to our new members*

Marie Lakin

Sharon Bunter

Kylie Barry

Annette Kim

Mark Parkinson

Dionne Patrick

Colin Muscroft

Lisa Coombe



72 Riley Road, Cnr High Road  
RIVERTON WA 6148  
Phone: 08 9457 9600  
Fax: 08 9354 7079  
Email: office@canningartswa.org.au Web: www.canning-artswa.org.au



This Newsletter is kindly printed by the Office of Ben Morton,