

Oakland Caribbean Sounds 5k/10k Race 10k

Age Group Results

November 06, 2010

Results by Synergy Race Timing (www.srtiming.com)

Men: [0-0](#) [1-19](#) [20-29](#) [30-39](#) [40-49](#) [50-59](#) [60-99](#)

Women: [0-0](#) [1-19](#) [20-29](#) [30-39](#) [40-49](#) [50-59](#) [60-99](#)

Female no age provided

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Vien Truong		209	0	64	1:03:47.6
2	Yvette Gamble	San Lorenzo CA	161	0	157	1:41:14.1
3	Azuka Nwigwe	Oakland CA	127	0	158	1:44:44.9

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Female 1 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	betty melero	san leandro CA	463	18	6	44:43.2
2	Heather Bourne	Kensington CA	718	15	23	53:31.7

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Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Jacqueline Fix	San Francisco CA	754	29	4	43:43.2
2	Nancy melero	san leandro CA	442	22	7	44:45.6
3	Alexandria Dangerfield	Campbell CA	735	25	15	51:10.7
4	Julie McAvoy	Lafayette CA	813	24	29	54:07.6
5	Nadezhda Lozhkina	Moraga CA	805	22	34	55:27.4
6	Rachel Wong	Huntington Beach CA	881	24	37	57:21.9
7	Taylor Mitchell	Oakland CA	820	24	42	58:16.6
8	Minou Krissy Rhoades	San Jose CA	475	27	44	59:14.2
9	Lauren Kim	Berkeley CA	792	23	46	59:25.8
10	Kristi Spittle	Berkeley CA	486	27	47	59:28.7
11	Leah Newman	Oakland CA	831	24	51	1:00:40.0

12	Cynthia Palwick	Pinole CA	839	29	52	1:00:46.8
13	Jami Herbst	Oakland CA	778	26	53	1:01:20.1
14	Cindy San	Oakland CA	857	26	56	1:02:04.2
15	Becky Frank	Oakland CA	760	27	58	1:02:49.3
16	Abigail Goetz	Oakland CA	764	27	59	1:02:59.1
17	Sandy Tsang	Oakland CA	871	26	61	1:03:25.6
18	Anna Clayton	Oakland CA	893	29	66	1:03:50.5
19	Tahl Sendowski		98	24	70	1:04:26.1
20	Amber Miller	San Francisco CA	819	25	71	1:04:26.1
21	Hali Richardson	San Francisco CA	122	22	73	1:04:52.4
22	Jenny Tasoulinh	Berkeley CA	864	28	78	1:05:22.7
23	Phuong Vuong	Oakland CA	874	23	79	1:05:31.2
24	Samantha Bagwell	Fremont CA	707	29	84	1:05:53.2
25	Danika Wong	san francisco CA	93	26	86	1:06:32.6
26	jennifer Wu		110	26	87	1:06:37.8
27	Sarai Williams	Walnut Creek CA	880	26	88	1:06:39.6
28	Jessica Celovsky	Walnut Creek CA	730	27	89	1:06:40.2
29	Rebecca Schultz	San Francisco CA	860	28	91	1:07:52.8
30	Catherine Jones	Oakland CA	791	28	92	1:08:24.3
31	Maggie Taylor	Berkeley CA	865	23	94	1:08:29.2
32	Linn Le	CA CA	899	24	97	1:08:59.8
33	Jennette Sison	Oakland CA	861	28	100	1:10:07.6
34	Ginnie Iletto	Pacific Grove CA	785	27	103	1:10:33.6
35	Minh-Giang Nguyen	San Jose CA	835	23	105	1:10:48.5
36	Rachel Gregg	Oakland CA	895	29	108	1:11:14.8
37	Krystle Lynne Tianero	San Jose CA	867	25	109	1:11:47.6
38	Nicole Gonzalez	colma CA	767	22	111	1:12:09.4
39	tina nguyen	oakland CA	832	27	115	1:13:11.8
40	Manuela Saftoiu-Kumar	Union City CA	855	25	116	1:13:55.5
41	Dena Cook-Milligan	San Francisco CA	903	24	117	1:14:00.8
42	Kellyn Foxman	Oakland CA	759	23	118	1:14:18.5
43	paula luu	san francisco CA	806	22	119	1:14:19.3
44	Debra Wong	San Jose CA	883	26	120	1:14:26.6
45	Beatriz Perez	Oakland CA	466	28	121	1:15:03.6
46	Laura Righetti	Santa Clara CA	477	26	127	1:17:50.6
47	Maya Bueno	San Leandro CA	723	27	130	1:18:34.6
48	Anne DeJesus	San Leandro CA	739	27	131	1:18:34.8
49	Kelly Hoeschen	San Lorenzo CA	781	23	132	1:20:29.8
50	selene vazquez	san leandro CA	488	22	133	1:20:34.8
51	Tracy Doo	Daly City CA	747	29	141	1:24:21.1
52	Cathy Au	San Francisco CA	704	26	142	1:24:26.3
53	Anushree Dekhane	San Jose CA	740	29	144	1:25:51.9
54	Alexandra Cook	San Bruno CA	138	27	147	1:27:18.9
55	Emily Plug	Saratoga CA	846	23	151	1:30:39.2

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<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Ama Jackson	Oakland CA	898	31	5	44:17.5
2	Sheryl Thomas	Castro Valley CA	487	31	9	47:10.3
3	Yvette Nout	oakland CA	464	37	11	49:14.4
4	Jenna Chung	Emeryville CA	34	39	17	51:37.6
5	Parrish Placencia	Castro Valley CA	845	34	19	52:26.4
6	Stacy Baas	Oakland CA	705	35	30	54:17.8
7	Maria Briggs	Hercules CA	720	39	31	54:44.7
8	Salena Copeland	El Cerrito CA	732	32	36	56:38.0
9	Diana Romo-Nicols	Oakland CA	851	36	38	57:47.6
10	Jenn Schindel	Berkeley CA	480	33	40	57:57.8
11	Tabitha Paculba	San Ramon CA	838	36	48	59:30.5
12	Laura Mason	Oakland CA	810	31	55	1:01:31.6
13	Tami Imai	Salinas CA	897	30	57	1:02:14.7
14	Nyaradzo Kundidzora	Oakland CA	794	34	65	1:03:50.0
15	Noel McArdell	Oakland CA	812	34	81	1:05:42.1
16	Stace Clause	San Leandro CA	129	37	82	1:05:42.1
17	Melissa Palwick	Fairfield CA	840	31	90	1:07:17.3
18	Jamie Manalang	Oakland CA	808	32	95	1:08:29.7
19	Sirena Wong	Emeryville CA	468	30	96	1:08:33.3
20	Sarah Strand	Sacramento CA	863	33	98	1:09:00.1
21	Myrna Delgadillo	San Lorenzo CA	741	34	99	1:09:12.1
22	Cynthia Gong	San Mateo CA	766	32	104	1:10:45.8
23	Janice Yenpasook	Oakland CA	886	34	106	1:10:50.7
24	Cathy Ongiri	Oakland CA	465	30	112	1:12:33.9
25	Stacy Miller	Sacramento CA	818	34	122	1:16:15.8
26	Leslie Neugebauer	El Sobrante CA	828	30	123	1:16:16.4
27	Jenny McGinnis	Belmont CA	814	31	125	1:17:05.3
28	Bonnie Yu	Berkeley CA	887	32	128	1:17:51.4
29	Antoinette Lee	San Francisco CA	796	32	137	1:21:57.8
30	Leah Mize	Alameda CA	821	33	145	1:26:22.9
31	Jennifer Leung	Fremont CA	799	38	149	1:27:50.2
32	Larissa Pico	Berkeley CA	844	38	150	1:29:39.3
33	Melissa Krein	Hayward CA	793	30	152	1:30:40.4
34	rebecca Brown	fremont CA	721	35	153	1:30:40.5
35	Wendy Patterson	Novato CA	842	38	156	1:35:05.9

[Top](#)**Female 40 to 49**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
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1	Grace Fong	San Jose CA	757	40	54	1:01:24.7
2	Janeen Jackson	Oakland CA	787	42	93	1:08:28.0
3	Karen Beato	Alameda CA	710	46	101	1:10:30.7
4	Amy Hutton	Oakland CA	784	40	143	1:25:44.5
5	Sylvia Redweykies	Oakland CA	469	45	148	1:27:49.8
6	Kristine Smith	Richmond CA	101	44	155	1:34:01.1
7	Mary Ann Anders Anderson	Alameda CA	703	46	160	1:44:47.4

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Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Melba Dangerfield	san ramon CA	734	55	16	51:11.1
2	Janice Prudhomme	Kensington CA	848	50	25	53:34.2
3	Venette Cook	Pacifica CA	902	56	146	1:27:16.5
4	Sandra Robinson	San Leandro CA	850	59	154	1:34:00.6
5	suzanne harris	oakland CA	775	53	159	1:44:46.6

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Female 60 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Marty Williams	Oakland CA	879	66	75	1:05:06.4

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Male no age provided

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Praveen Neppalli	San Jose CA	130	0	62	1:03:37.4
2	Lalindro Wickrcmasiyhr	San Francisco CA	123	0	67	1:04:01.2

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Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Derek Turbin	San Francisco CA	124	26	1	42:59.8
2	Alonso Davila Lourenco	San Bruno CA	737	21	2	43:03.0
3	Giancarlo Leonio	San Bruno CA	798	21	3	43:16.0
4	Robert Altmiller		148	27	10	48:20.2
5	Steve Burion	San Francisco CA	725	29	12	49:22.5
6	Brendan Lo	San Francisco CA	802	25	18	51:51.6

7	Jonathan vazquez	san leandro CA	497	26	24	53:33.5
8	Daniel marquez	san leandro CA	431	22	26	53:34.6
9	Daniel Hill	Kirkland WA	779	25	27	54:05.5
10	Adam Yamaguchi		119	26	28	54:05.6
11	Dip Ghuman		121	28	35	56:27.1
12	vay hoang	Oakland CA	780	27	39	57:57.0
13	Michael Tran	Concord CA	869	22	41	58:08.5
14	Kevin Tsou	Richmond CA	872	27	43	58:40.1
15	Jonathan Fong	San Leandro CA	756	26	45	59:14.7
16	Victor Cardenas	berkeley CA	889	27	49	59:42.2
17	John Yamane	San Francisco CA	885	25	50	59:57.3
18	Samneil Samson	San Jose CA	856	28	60	1:03:17.4
19	SenthilKumar Gunasekaran	Union City CA	771	28	63	1:03:39.6
20	Amol Neurgaonkar	SAN JOSE CA	829	28	74	1:05:00.4
21	Spencer Williams	Fremont CA	418	24	76	1:05:17.8
22	Glenn Howe	CA CA	782	29	77	1:05:21.4
23	Ravi Billa	Newark CA	713	29	80	1:05:38.0
24	Josh Weber	Fremont CA	876	26	83	1:05:52.5
25	Jason V lleto	Pacific Grove CA	786	29	102	1:10:33.0
26	Paul Buckley	San Francisco CA	722	29	107	1:10:51.1
27	Jason Toovey	Lafayette CA	868	23	110	1:12:08.4
28	Simon Kang	Brentwood CA	132	27	113	1:13:09.0
29	victor Cruz	oakland CA	733	27	114	1:13:11.4
30	Kevin Mah	Piedmont CA	807	29	126	1:17:44.4
31	Ashwin Neurgaonkar	SAN JOSE CA	830	24	135	1:20:47.5
32	tim yu	davis CA	888	25	136	1:21:04.7

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Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Charlie Rockman	Berkeley CA	479	33	8	46:54.6
2	Alex Merchant	Oakland CA	816	32	13	49:30.6
3	Will Schramm	Castro Valley CA	859	34	14	50:58.4
4	Doug Dormandy	Fremont CA	748	36	33	55:10.4
5	Clint McArdell	Oakland CA	811	37	68	1:04:16.1
6	Yee-min Lin	Oakland CA	801	32	69	1:04:20.0
7	Matthew Liebman	El Cerrito CA	800	31	85	1:06:02.0
8	ki chung	oakland CA	131	31	124	1:16:31.2
9	Chrsistopher Calvert	Berkeley CA	726	32	129	1:17:51.5
10	Chris Palwick	Fairfield CA	841	31	139	1:23:07.9
11	George Perry	San Mateo CA	843	37	140	1:24:04.1

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Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Chris Conroy	Berkeley CA	894	41	20	52:26.5
2	Glenn Goldbeck	Moraga CA	87	46	21	52:26.8
3	Scott Polston	Oakland CA	847	43	22	52:37.3
4	Mathew Lomas	Oakland CA	803	46	32	55:02.2
5	timothy hamp	pinole CA	773	41	138	1:22:57.3

[Top](#)**Male 50 to 59**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Francisco vazquez	san leandro CA	407	52	134	1:20:36.1

[Top](#)**Male 60 and over**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	George Hauser	Oakland CA	776	62	72	1:04:44.2
