



Rutland Early Years



# Health and Sickness Policy

NAME:

REYAL registration number: RA000520

## Existing long-term conditions:

Prior to commencing a childminding relationship, I will ask the child's parents/carers whether the child has a long-term medical condition that I should be aware of.

I will seek information from the child's parents/carers and other suitable sources concerning the management of the condition and will aim to work with the parents/carers to provide the most suitable care for the individual child.

I will do my best to accommodate all existing or newly developed long-term conditions, however if I feel I am unable to do so I will discuss the best route forward as soon as I realise this is the case.

## Childminder Illness:

I know that as a parent, you require a childminder that is reliable. I will endeavour to work on all my contracted days. I am happy to work with mild illness such as a cold, however I will not work if I have sickness or diarrhoea or any other highly infectious infection. In the event of my illness all parents will be contacted as soon as is possible to inform them. If I am unable to work because of illness, then no fee will be payable for the sessions affected. If my children are ill, I shall follow the same protocol – informing parents as soon as is possible and no fee will be payable for the sessions affected.

## Child Illness:

Parents should inform me of any illness or ailment that their child has, whether or not it may affect other children I care for. If the child is unwell alternative caring arrangements for the child should be made unless the illness is a cough or cold or unless agreed otherwise at the time.





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If a child becomes sick whilst in my care, I will endeavour to contact the parent and discuss the best course of action, which might be for the parent (or agreed alternative) to pick the child up early.

For the wellbeing of other children in my care, as well as for the unwell child, the child cannot return to my setting until they are well. On occasions I may insist on the child visiting their local GP prior to them being allowed to return.

I am unable to care for an ill child whilst taking care of other children.  
Usual fees are payable for any sessions not attended due to a child being ill.

If a child has been sick or has diarrhoea, in normal circumstances the child cannot return to my setting until they have been clear for 48 hours.

In accordance with the Children Act regulations, I will notify **Rutlands** of any notifiable diseases as defined by the Health Protection Agency. **Rutlands** will also be notified if two or more children are affected by food poisoning or if any child has a serious disease. Notification must be made as soon as is reasonably practicable, but in any event within 14 days of the incident occurring.

### **Antibiotics**

Children who have been prescribed antibiotics will not be admitted to the setting for 48 hours from the start of their treatment. This is to avoid any cross infection and for the wellbeing of the child. On returning to the setting, parents must complete a medicine form for me to administer the medication. All medication must be in the original canister with its prescriptive label on containing the child's details and directions for administration on it.

### **Medicines**

No medicines can be administered without prior written consent from a parent. Parents give permission for me to administer medicines in their contract/permission form and by completing a medication form. Should I feel a child needs a dose of Calpol due to teething or for a cold, I will ring parents before administering to inform the parent of their child's





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condition and to ensure that it is safe to administer. Other medicines such as Nurofen can be administered after completing a medication form.

### Infectious Diseases and Illness:

In the event of your child suffering from one of the following illnesses, please be aware that your child will need to stay away from the childminding environment for at least the time stated below. I have taken guidance on these timescales from the Health Protection Agency. It is unfair to the other children in my setting and myself if you knowingly allow your child to attend whilst suffering from any of the listed illness.

<u>Illness</u>	<u>Time away from setting</u>
Chicken pox	5 days from the onset of the rash/until all spots have scabbed
German Measles (Rubella)	6 days from the onset of the rash
Hand foot & mouth	GP advice/ when the child is well enough to return
Impetigo	Until the lesions have crusted and healed or 48 hours after commencing antibiotics
Covid-19 (Corona Virus)	7 days from developing symptoms whole house 14 days the child will need to be kept off for 14 days
Measles	4 days from onset of rash
Molluscum contagiosum	None
Ringworm	Exclusion not normally required but treatment will be needed
Scabies	Child can return after first treatment
Scarlet fever	Child can return 24 hours after starting antibiotics
Slapped cheek	None as long as child is well
Diarrhoea & Vomiting	48 hours from last episode
Flu (influenza)	Until recovered
Whooping cough	5 days after starting antibiotics or 21 days after onset of illness if no antibiotic treatment.
Conjunctivitis	None
Tuberculosis	GP advice
Diphtheria	Exclusion always necessary, consult GP
Mumps	5 days after onset of swelling
Tonsilitis	Until child is well
Head lice	Treatment required before returning





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Slapped Cheek  
Temperature

No exclusion but child must be well  
Until temperature subsides

For any other illnesses please consult your GP or refer to the HPA website.

**If you think your child is unwell, for any reason, and will struggle to cope with the busy day, please keep your child at home. It is unfair to expect them to keep up with the busy pace of the day.**

**Please also remember that should you send your child in, knowing they are unwell, and not meant to be in according to this policy, your child may infect myself or members of my family, causing me to close, which in turn causes inconvenience to all of the families using my service.**

**I retain the right to send a child home if that child is unwell.**

Further information:

[www.hps.org.uk](http://www.hps.org.uk)

Policy Reviewed Date: June 2020

