



Lap Result List

Plac	Bib Name	Team	Gend	Lap Finish	Lap 1	Lap 2	Lap	Lap	Lap	Time
Cat 3 Male 10-12										
Male										
1.	327	O'Donnell, Jack	M	50:51.2	50:51.2					-
2.	362	Walker, Rory	M	55:08.0	55:08.0					+04:16.8
3.	311	Landa, Reed	M	55:50.9	55:50.9					+04:59.7
4.	204	Pelletti, Chase	M	1:01:41.3	1:01:41.3					+10:50.1
5.	326	O'Connor, Roenn	M	1:20:50.8	1:20:50.8					+29:59.6
6.	345	Ruppe, Parker	M	1:21:06.0	1:21:06.0					+30:14.8
7.	294	Hodgson, Ben	M	1:21:08.4	1:21:08.4					+30:17.2
8.	325	O'Connor, Quinn	M	1:26:45.8	1:26:45.8					+35:54.6
9.	244	Butler, Logan	M	1:34:33.5	1:34:33.5					+43:42.3
Cat 3 Male 13-15										
Male										
1.	291	Higgins, Riley	M	45:25.4	45:25.4					-
2.	192	Lobosco, Jonathan	M	45:44.1	45:44.1					+00:18.7
3.	370	Ingleston, Liam	M	47:30.6	47:30.6					+02:05.2
4.	285	Hart, Brayden	M	47:44.8	47:44.8					+02:19.4
5.	319	MacNaughton,	M	48:05.4	48:05.4					+02:40.0
6.	364	Wells, Jason	M	50:33.9	50:33.9					+05:08.5
7.	287	Healey, James	M	51:47.4	51:47.4					+06:22.0
8.	350	Sprague, Talon	M	53:15.7	53:15.7					+07:50.3
9.	198	Morrison, Collin	M	59:22.5	59:22.5					+13:57.1
10.	284	Harris, Connor	M	1:03:31.2	1:03:31.2					+18:05.8
11.	317	Lewis, Bryson	M	1:03:32.1	1:03:32.1					+18:06.7
Cat 3 Male 16-18										
Male										
1.	296	Hodgson, Jack	M	51:29.7	51:29.7					-
Cat 3 Male 19-29										



Lap Result List

Plac	Bib Name	Team	Gend	Lap	Finish	Lap 1	Lap 2	Lap	Lap	Lap	Time
Male											
1.	381	Tarbay, Jacob	M	1	54:02.4	54:02.4					-
Cat 3 Male 30-39											
Male											
1.	274	Gobel, Peter	M	1	38:39.9	38:39.9					-
2.	24	Walton, Michael	M	1	39:46.0	39:46.0					+01:06.1
3.	16	Gendron, Antoine	M	1	42:16.4	42:16.4					+03:36.5
4.	387	Frank, Johsua	M	1	44:14.5	44:14.5					+05:34.6
5.	384	Lad, Ryan	M	1	53:48.4	53:48.4					+15:08.5
6.	275	Goodwin, Matthew	M	1	59:34.0	59:34.0					+20:54.1
Cat 3 Male 40-49											
Male											
1.	382	Moore, Anthony	M	1	41:42.9	41:42.9					-
2.	390	Layman, Kevin	M	1	43:44.6	43:44.6					+02:01.7
3.	258	Dickinson, Adam	M	1	44:13.4	44:13.4					+02:30.5
4.	292	Higgins, Robert	M	1	46:43.0	46:43.0					+05:00.1
5.	252	Colling, Gerard	M	1	47:19.4	47:19.4					+05:36.5
6.	385	Jaskolka, Joe	M	1	50:26.8	50:26.8					+08:43.9
7.	243	Butler, David	M	1	51:38.6	51:38.6					+09:55.7
8.	206	Pellet, James	M	1	52:12.8	52:12.8					+10:29.9
9.	306	Koniowka, Paul	M	1	52:35.5	52:35.5					+10:52.6
10.	23	Valladares,	M	1	53:49.2	53:49.2					+12:06.3
11.	346	Smith, Vincent	M	1	54:13.1	54:13.1					+12:30.2
12.	85	Kaladjian, Greg	M	1	56:10.8	56:10.8					+14:27.9
13.	323	Mills, Chester	M	1	57:58.4	57:58.4					+16:15.5
14.	221	Stingel, Justin	M	1	59:03.9	59:03.9					+17:21.0
15.	240	Breslin, Samuel	M	1	5:55:40.2	5:55:40.2					+313:57.3
Cat 3 Male 50-59											
Male											

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Lap Result List



Plac	Bib Name	Team	Gend	Lap	Finish	Lap 1	Lap 2	Lap	Lap	Lap	Time
1.	265 Evangelista, Paul		M	1	44:42.1	44:42.1					-
2.	286 Hart, Daniel	R-Cubed	M	1	45:04.2	45:04.2					+00:22.1
3.	312 Landy, matthew	Capital Bicycle Racing Club	M	1	47:23.7	47:23.7					+02:41.6
4.	64 francisco, Erwin	Bumaks Outdoors	M	1	49:13.4	49:13.4					+04:31.3
5.	320 MacNaughton,	Nisky Mohawk Mountain Goats	M	1	50:41.3	50:41.3					+05:59.2
6.	372 Kinal, Brent	Niskayuna Mountain Goats	M	1	51:42.3	51:42.3					+07:00.2
7.	293 Hodgson, Andy		M	1	54:05.3	54:05.3					+09:23.2
8.	297 Hodgson, John		M	1	54:07.7	54:07.7					+09:25.6
9.	375 Mosher, Don		M	1	57:53.4	57:53.4					+13:11.3
10.	374 Lynch, Shaun		M	1	58:17.6	58:17.6					+13:35.5
11.	295 Hodgson, David		M	1	1:13:52.5	1:13:52.5					+29:10.4
12.	380 Tarbay, Charles	CBRC	M	1	1:40:16.5	1:40:16.5					+55:34.4
Cat 3 Male 60+											
Male											
1.	242 Bryant, Mark		M	1	45:29.6	45:29.6					-
2.	234 Baird, George		M	1	49:12.1	49:12.1					+03:42.5
3.	161 Byrne, Christopher	BYRNE Racing LLC	M	1	1:18:47.2	1:18:47.2					+33:17.6
Cat 3 Female 10-12											
Female											
1.	341 Romlein, Abby	Saratoga Shredders	F	1	54:05.0	54:05.0					-
2.	262 Dinolfo, Hannah	Flow Riders	F	1	58:26.2	58:26.2					+04:21.2
3.	259 Dickinson, Anna	Saratoga Shredders	F	1	58:39.5	58:39.5					+04:34.5
4.	355 Tucker, Megan		F	1	1:01:23.8	1:01:23.8					+07:18.8
5.	282 Hanna, Lillian	CBRC Juniors	F	1	1:02:48.0	1:02:48.0					+08:43.0
6.	304 koniowka, Ava	Capital Bike Racing Club	F	1	1:13:28.0	1:13:28.0					+19:23.0
7.	238 Breslin, Liddy	FlowRiders MTB	F	1	1:15:03.1	1:15:03.1					+20:58.1
Cat 3 Female 13-15											
Female											
1.	7 Stingel, Aurora		F	1	57:43.6	57:43.6					-
2.	245 Butler, Shayla	Niskayuna Mohawk Mountain Goats	F	1	1:04:44.3	1:04:44.3					+07:00.7

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Lap Result List

Plac	Bib Name	Team	Gend	Lap	Finish	Lap 1	Lap 2	Lap	Lap	Lap	Time
Cat 3 Female 19-29											
Female											
1.	144	Foti, Vittoria	F	1	55:58.4	55:58.4					-
2.	318	Loiter, Talia	F	1	58:24.9	58:24.9					+02:26.5
Cat 3 Female 40-49											
Female											
1.	330	O'Donnell, Staci	F	1	49:56.5	49:56.5					-
2.	281	Hanna, Jessica	F	1	50:10.0	50:10.0					+00:13.5
3.	260	Dickinson, Elysa	F	1	1:00:02.6	1:00:02.6					+10:06.1
4.	313	Langton, Samantha	F	1	1:04:42.6	1:04:42.6					+14:46.1
Cat 3 Female 50-59											
Female											
1.	366	Alber, Shanley	F	1	45:54.7	45:54.7					-
2.	349	Sprague, Kara	F	1	1:05:06.7	1:05:06.7					+19:12.0
3.	279	HANABURGH,	F	1	1:05:56.1	1:05:56.1					+20:01.4
4.	15	Florentino, Mary	F	1	1:14:47.1	1:14:47.1					+28:52.4
Cat 2 Male 13-15											
Male											
1.	33	Ward, Cooper	M	2	1:18:24.3	37:59.8	40:24.				-
2.	189	Letterman, Owen	M	2	1:19:31.9	38:27.9	41:04.				+01:07.6
3.	270	Garrelts, Sylvan	M	2	1:22:38.9	41:04.5	41:34.				+04:14.6
4.	289	Hendrickson, Jack	M	2	1:24:07.7	41:08.9	42:58.				+05:43.4
5.	256	Denis, Lawton	M	2	1:25:10.9	42:20.3	42:50.				+06:46.6
6.	230	Zorn, Oskar	M	2	1:26:07.9	42:19.8	43:48.				+07:43.6
7.	357	Tucker, Owen	M	2	1:28:47.7	43:51.7	44:56.				+10:23.4
8.	235	Baker, Braedon	M	2	1:28:54.6	43:01.1	45:53.				+10:30.3
9.	300	Johnson, Noah	M	2	1:29:20.9	42:42.0	46:39.				+10:56.6
10.	360	Walker, Carson	M	2	1:35:30.7	46:50.6	48:40.				+17:06.4
11.	373	Kinal, Landon	M	2	1:40:40.1	46:23.4	54:16.				+22:15.8

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Lap Result List



Plac	Bib Name	Team	Gend	Lap	Finish	Lap 1	Lap 2	Lap	Lap	Lap	Time
12.	264 Downs, Alex	R-Cubed	M	2	1:48:36.0	54:19.0	54:17.				+30:11.7

Cat 2 Male 16-18

Male											
1.	193 Lobosco iii, Charles	R-Cubed	M	2	1:16:59.9	38:14.5	38:45.				-
2.	378 Shattuck, Brayden	Grey Ghost	M	2	1:17:46.4	38:54.6	38:51.				+00:46.5
3.	371 Kinal, Bohdan	Niskayuna Mountain Goats	M	2	1:31:18.5	45:20.8	45:57.				+14:18.6
4.	32 Valladares, Ben		M	1	48:22.1	48:22.1					-1 LAP
5.	205 Pellett, Cooper	R cubed	M	1	1:04:36.6	1:04:36.6					-1 LAP

Cat 2 Male 19-29

Male											
1.	174 Ehrichs, Jack	R-Cubed	M	2	1:33:15.9	46:06.1	47:09.				-
2.	250 Chen, Jeremy	Steiner's Sports Glenmont	M	2	1:35:49.2	47:08.6	48:40.				+02:33.3
3.	308 LaBella, Aidan		M	2	1:57:04.0	59:02.4	58:01.				+23:48.1

Cat 2 Male 30-39

Male											
1.	273 Girard, Aaron	Capital Bicycle Racing Club	M	2	1:15:03.9	37:20.1	37:43.				-
2.	67 Garland, Chris	Overlook Bicycles	M	2	1:18:09.1	38:13.1	39:56.				+03:05.2
3.	307 Kramer, Ryan		M	2	1:19:07.1	38:12.5	40:54.				+04:03.2
4.	336 Porambo, James		M	2	1:25:00.0	41:24.2	43:35.				+09:56.1
5.	261 Dimeo, Alfonso	Round Top Rebels	M	2	1:25:38.2	42:42.6	42:55.				+10:34.3
6.	182 Hoffstatler, Ryan		M	2	1:27:03.5	42:58.2	44:05.				+11:59.6
7.	335 Poli, Anthony	Flow Riders	M	2	1:28:30.7	42:54.1	45:36.				+13:26.8
8.	332 Paredes, Gustavo		M	2	1:44:04.5	51:00.0	53:04.				+29:00.6
9.	247 Caputti, Jose	Pumbaya	M	2	1:53:28.7	56:50.5	56:38.				+38:24.8

Cat 2 Male 40-49

Male											
1.	343 Romlein, Tyler	Saratoga Shredders	M	2	1:15:36.9	36:43.8	38:53.				-
2.	103 Potter, William	Dick Sonne's Bike Shop	M	2	1:16:09.9	37:33.5	38:36.				+00:33.0
3.	191 Lobosco, Charles	R-Cubed	M	2	1:19:10.0	38:48.1	40:21.				+03:33.1

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Lap Result List



Plac	Bib Name	Team	Gend	Lap	Finish	Lap 1	Lap 2	Lap	Lap	Time
4.	391	Camey, Patrick	M	2	1:19:24.3	38:39.3	40:45.			+03:47.4
5.	237	Bartlett, Carl	M	2	1:20:09.4	38:47.2	41:22.			+04:32.5
6.	340	Rizzi, Andrew	M	2	1:24:51.9	41:14.9	43:37.			+09:15.0
7.	361	Walker, Kristoffer	M	2	1:26:11.5	42:38.7	43:32.			+10:34.6
8.	212	Rapp, Ron	M	2	1:26:14.2	42:17.5	43:56.			+10:37.3
9.	241	Brooks, Ron	M	2	1:33:01.1	45:24.1	47:37.			+17:24.2
10.	253	Corbett, Max	M	2	1:33:17.4	46:37.3	46:40.			+17:40.5
11.	322	McNamara, Jeremy	M	2	1:35:04.8	47:25.6	47:39.			+19:27.9
12.	280	Hanna, Jason	M	2	1:35:27.0	46:44.7	48:42.			+19:50.1
13.	392	Vanslyke, Matthew	M	2	1:35:46.1	46:01.6	49:44.			+20:09.2
14.	248	Cassady-Dorion, Nisky	M	2	1:39:23.5	47:42.0	51:41.			+23:46.6
15.	47	Cass, Marc	M	2	1:44:53.5	52:19.4	52:34.			+29:16.6
16.	271	Gilson, Dave	M	2	1:52:14.9	56:18.0	55:57.			+36:38.0
Cat 2 Male 50-59										
Male										
1.	254	Daus, James	M	2	1:15:35.7	38:08.2	37:27.			-
2.	216	Rose, Christopher	M	2	1:15:43.8	38:07.9	37:36.			+00:08.1
3.	127	Trifunovic, Boris	M	2	1:16:57.7	38:07.5	38:50.			+01:22.0
4.	353	Travis, David	M	2	1:22:10.6	40:44.7	41:25.			+06:34.9
5.	321	McDonnell, Paul	M	2	1:23:39.3	42:00.0	41:39.			+08:03.6
6.	111	ryan, keith	M	2	1:25:36.2	42:49.2	42:47.			+10:00.5
7.	376	Popp, Gregory	M	2	1:26:53.8	42:47.6	44:06.			+11:18.1
8.	309	Landa, Bernard	M	2	1:27:08.2	42:04.6	45:03.			+11:32.5
9.	60	Ehrichs, Edward	M	2	1:30:15.7	44:05.4	46:10.			+14:40.0
10.	80	Hymes, Robert	M	2	1:31:30.6	43:42.8	47:47.			+15:54.9
11.	236	Baker, Robert	M	2	1:35:34.9	46:05.5	49:29.			+19:59.2
12.	257	DePuy, Garth	M	2	1:36:23.4	47:07.6	49:15.			+20:47.7
13.	3	White, Brian	M	2	1:37:57.4	48:14.5	49:42.			+22:21.7
14.	393	Splendido, John	M	2	1:39:00.0	48:23.9	50:36.			+23:24.3
15.	135	WARREN, PHILLIP	M	2	1:47:30.9	52:00.4	55:30.			+31:56.2
16.	303	Kietzman, James	M	2	1:48:30.4	53:59.7	54:30.			+32:54.7
17.	338	Raymonda, Gerry	M	2	1:58:36.8	58:28.0	1:00:0			+43:01.1

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Lap Result List

Plac	Bib Name	Team	Gend	Lap	Finish	Lap 1	Lap 2	Lap	Lap	Lap	Time
18.	389 Werthner, Stephen		M	2	2:00:52.3	59:16.5	1:01:3				+45:16.6
19.	388 Fesler, Bryan		M	2	2:05:26.5	1:00:49.5	1:04:3				+49:50.8

Cat 2 Male 60+

Male											
1.	185 Kingsley, Marc		M	2	1:23:30.8	41:44.6	41:46.				-
2.	337 Primomo, Gene	CBRC	M	2	1:23:33.8	41:59.7	41:34.				+00:03.0
3.	246 Butler, Thomas	CBRC	M	2	1:25:09.1	42:40.1	42:29.				+01:38.3
4.	79 Houghton, Steven		M	2	1:32:37.0	46:02.3	46:34.				+09:06.2

Cat 2 Female 13-15

Female											
1.	310 Landa, Raquelle	R-Cubed	F	2	1:32:24.0	44:25.5	47:58.				-
2.	368 Baks, Janneke	Hudson Valley Velocity Raptors	F	2	1:36:14.8	46:50.8	49:24.				+03:50.8
3.	298 Hodgson, Talia		F	2	1:39:40.2	49:03.3	50:37.				+07:16.2
4.	195 MacIntosh, Kiera	R-Cubed	F	2	1:41:25.8	49:02.8	52:23.				+09:01.8
5.	283 Hanna, Madeline	Niskayuna mountain goats/CBRC	F	2	1:48:46.2	52:31.2	56:15.				+16:22.2
DNF	369 Brackett, Olivia	Saratoga Shredders	F	0							

Cat 2 Female 16-18

Female											
1.	232 Aspholm, Finley	FinKraft Cycling Team	F	2	1:20:06.3	38:34.6	41:31.				-
2.	288 Healey, Maya	Niskayuna Mohawk Mountain Goats	F	2	1:29:34.5	43:30.9	46:03.				+09:28.2
3.	352 Travis, Amber	R-Cubed	F	2	1:34:04.3	45:55.5	48:08.				+13:58.0
4.	151 Ryan, Agatha	Catskill Claws	F	2	1:35:09.6	46:52.5	48:17.				+15:03.3
5.	276 Guzzo, Olivia	Niskayuna Mountain Goats	F	2	1:49:38.7	52:16.3	57:22.				+29:32.4
6.	268 Galluccio, Lily	R-Cubed	F	2	1:49:53.5	52:12.6	57:40.				+29:47.2
7.	159 Brooks, Emma	Galena Growlers	F	2	1:59:50.5	1:01:47.7	58:02.				+39:44.2
8.	290 Hendrickson, Vida	Chenango Shredders/Chenango Point	F	2	2:03:49.9	1:02:08.0	1:01:4				+43:43.6

Cat 2 Female 30-39

Female											
1.	342 Romlein, Sarah	Saratoga Shredders	F	2	1:34:42.1	46:50.8	47:51.				-



Lap Result List

Plac	Bib Name	Team	Gend	Lap	Finish	Lap 1	Lap 2	Lap	Lap	Lap	Time
Cat 2 Female 50-59											
Female											
1.	400	Conboy, Sarah	F	2	1:28:12.7	46:21.0	41:51.				-
2.	367	Baks, Heidi	F	2	1:43:55.9	51:06.7	52:49.				+15:43.2
Cat 1 Male 13-15											
Male											
1.	162	Calice, Jaxson	M	3	2:03:26.6	37:59.5	41:23.	44:03.			-
2.	255	De Launière,	M	3	2:27:24.4	46:41.0	48:48.	51:54.			+23:57.8
Cat 1 Male 16-18											
Male											
1.	211	Rapp, Kloden	M	3	1:52:54.6	35:15.6	38:53.	38:45.			-
2.	54	Dahrouge, Jac	M	3	1:53:56.7	36:29.8	37:15.	40:11.			+01:02.1
Cat 1 Male 19-29											
Male											
1.	377	Sblendorio,	M	3	1:48:02.0	35:06.2	35:41.	37:14.			-
2.	126	Trifunovic,	M	3	1:48:06.5	35:05.9	35:41.	37:19.			+00:04.5
3.	181	Hinkle, Ephraim	M	3	2:12:00.7	47:57.1	40:42.	43:21.			+23:58.7
Cat 1 Male 30-39											
Male											
1.	351	stritsman, jared	M	3	1:53:31.4	37:02.5	37:51.	38:37.			-
2.	39	Benson, Brian	M	3	1:53:55.2	36:53.6	37:59.	39:02.			+00:23.8
3.	61	Ellinghaus, Steven	M	3	1:54:07.6	37:03.2	37:49.	39:15.			+00:36.2
4.	116	Serra, Lorenzo	M	3	1:58:45.5	37:05.4	40:22.	41:17.			+05:14.1
5.	215	Remington, Jason	M	3	2:04:07.8	41:07.3	41:33.	41:27.			+10:36.4
Cat 1 Male 40-49											
Male											

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Lap Result List



Plac	Bib Name	Team	Gend	Lap	Finish	Lap 1	Lap 2	Lap	Lap	Lap	Time
1.	224 Trumper, Alex	Chasm riders	M	3	1:49:05.0	34:57.9	36:11.	37:55.			-
2.	263 Dinolfo, Peter	North American Velo	M	3	1:49:15.8	35:53.1	36:08.	37:14.			+00:10.8
3.	62 Favata, Jonathan	Favata's TRT Bicycles	M	3	1:52:17.6	36:35.9	38:16.	37:25.			+03:12.6
4.	105 Radulovic, Marc	River Bicycles	M	3	1:53:48.7	36:52.0	38:04.	38:52.			+04:43.7
5.	301 Jones, Q	Team Brewery Ommegang	M	3	1:54:24.3	37:03.4	37:53.	39:27.			+05:19.3
6.	75 Henke, William	Grey Ghost Bicycles	M	3	2:15:19.7	44:01.6	44:33.	46:45.			+26:14.7
Cat 1 Male 50-59											
Male											
1.	266 Francisco, Luis		M	3	1:43:30.6	34:41.8	34:29.	34:19.			-
2.	233 Aspholm, Roger	Finkraft Cycling Team	M	3	1:46:52.4	35:48.2	35:15.	35:49.			+03:21.8
3.	134 Vogel, Zach		M	3	1:48:10.5	35:47.8	35:29.	36:52.			+04:39.9
4.	86 Kelley, Brian		M	3	1:50:15.3	35:51.5	36:40.	37:43.			+06:44.7
5.	109 Roskin, Alex	BIKEMAN.COM / Funk cycles	M	3	1:52:46.0	35:51.8	38:13.	38:40.			+09:15.4
6.	40 Blanchet, Terry	North American Velo	M	3	1:53:37.7	37:41.7	38:18.	37:37.			+10:07.1
7.	106 Reglar, Carl	Aistriu Mountain Bike Team	M	3	1:56:45.9	37:42.1	38:17.	40:46.			+13:15.3
8.	315 Law, Lance	FinKraft Cycling Team	M	3	1:58:24.6	37:15.7	40:08.	41:00.			+14:54.0
9.	395 Romero, Steven	North American Velo	M	3	2:16:56.4	43:33.9	46:01.	47:21.			+33:25.8
10.	314 Lansing, Tim	Unattached	M	3	2:26:23.2	47:05.3	48:06.	51:11.			+42:52.6
Cat 1 Male 60+											
Male											
1.	363 Welch, Ken	Bryan's Bikes	M	3	1:56:22.0	37:46.9	39:18.	39:16.			-
Cat 1 Single Speed											
Male											
1.	175 Gagnon, Niles	Grey Ghost Bicycles	M	3	1:51:30.5	36:24.7	37:07.	37:58.			-
2.	55 Davall, James	A Dogs Day Out	M	3	1:51:30.8	36:25.0	37:18.	37:47.			+00:00.3
3.	136 Werner, Gary	NSVC/TTS	M	3	2:06:34.7	43:07.3	41:04.	42:22.			+15:04.2
Mens Pro											
Male											
1.	167 Collins, Patrick	Assabet River Bicycles	M	3	1:39:30.6	32:28.8	32:54.	34:07.			-

Helderberg Cliff Hanger

Lap Result List



Plac	Bib Name	Team	Gend	Lap	Finish	Lap 1	Lap 2	Lap	Lap	Time
2.	118 Shive, Steven	Shive Coaching	M	3	1:40:03.9	32:30.0	33:33.	34:00.		+00:33.3
3.	267 Frank, Patrick	JAM / NCC	M	3	1:41:50.4	32:38.3	34:27.	34:45.		+02:19.8
4.	112 Samko, Palo		M	3	1:42:42.3	33:03.8	34:09.	35:29.		+03:11.7
5.	272 Gilson, Jacob	AP Junior Development p/b Corner	M	3	1:42:44.3	33:06.0	35:11.	34:26.		+03:13.7
6.	365 wissell, michael	B2C2 p/b JRA Cycles	M	3	1:42:54.8	33:55.1	35:06.	33:53.		+03:24.2
7.	154 White, Brian	R cubed	M	3	1:45:19.6	34:00.9	35:39.	35:39.		+05:49.0
8.	383 Tortorici III, Richard	R-Cubed	M	3	1:45:21.9	33:28.2	35:33.	36:20.		+05:51.3
9.	334 Perry, Spencer	Ferretti Cycles	M	3	1:59:54.6	38:01.7	40:32.	41:20.		+20:24.0
10.	41 Brooks, Drew	Galena Growlers	M	3	2:01:25.2	33:54.8	36:27.	51:03.		+21:54.6
11.	249 Castellanos, Jose	The Kemadores	M	2	1:38:02.4	39:42.6	58:19.			-1 LAP
12.	231 Aloisio, Jason	McCormick BI, LLC	M	1	33:28.5	33:28.5				-2 LAP
Cat 1 Women 30-39										
Female										
1.	190 Wei-Fang, Lin	TREK NEW HARTFORD	F	3	2:08:12.0	42:39.4	42:52.	42:40.		-
Cat 1 Women 40-49										
Female										
1.	148 Pearson, Jane		F	3	2:11:34.7	43:11.8	44:09.	44:13.		-
2.	142 Dean, Jennifer	North American Velo	F	3	2:18:29.2	44:24.3	46:18.	47:46.		+06:54.5
3.	153 White, Melinda	R Cubed	F	3	2:21:20.7	45:22.8	47:28.	48:29.		+09:46.0
Cat 1 Women 50-59										
Female										
1.	149 Reale, felicia	Windham mtn outfitters	F	3	2:39:07.8	50:09.3	51:29.	57:28.		-
Womens Pro										
Female										
1.	146 Milton, Kimberly	R-Cubed	F	3	1:51:51.2	36:42.2	37:43.	37:26.		-
2.	152 Smith, Erin	R-Cubed / Burton Coaching	F	3	1:59:24.7	38:18.3	39:49.	41:16.		+07:33.5
3.	223 Trifunovic, Andrea	INSIGHT Development Team	F	3	2:11:22.8	44:14.4	43:46.	43:22.		+19:31.6
4.	397 Sebastian		F	3	2:28:39.1	51:12.4	48:11.	49:15.		+36:47.9

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Lap Result List

Plac	Bib Name	Team	Gend	Lap Finish	Lap 1	Lap 2	Lap	Lap	Lap	Time
Flow Riders Boys 1-6										
Male										
1.	203	Haugen, Liam	M	07:21.5	07:21.5					-
2.	205	Maxwell, Enzo	M	07:26.7	07:26.7					+00:05.2
3.	208	White, Anders	M	07:37.9	07:37.9					+00:16.4
4.	209	Ulmer, Chase	M	07:46.7	07:46.7					+00:25.2
5.	205	Mills, Parker	M	07:53.3	07:53.3					+00:31.8
6.	203	Griswold, Owen	M	08:19.3	08:19.3					+00:57.8
7.	200	Aitchison, Lochlan	M	08:42.8	08:42.8					+01:21.3
8.	200	Antalek, Jace	M	09:22.8	09:22.8					+02:01.3
9.	203	Gobel, Riley	M	09:38.7	09:38.7					+02:17.2
10.	201	Butler, Luke	M	10:48.1	10:48.1					+03:26.6
11.	210	Riley, Dan	M	10:53.0	10:53.0					+03:31.5
12.	207	Tolley, Emile	M	11:45.9	11:45.9					+04:24.4
13.	210	Riley, Zeke	M	11:50.0	11:50.0					+04:28.5
14.	202	Gilmour, Liam	M	11:51.6	11:51.6					+04:30.1
15.	203	Haugen, Rowan	M	13:03.2	13:03.2					+05:41.7
16.	202	Girard, Anderson	M	13:34.3	13:34.3					+06:12.8
17.	207	Ross, James	M	13:36.2	13:36.2					+06:14.7
18.	200	Anderson, Emmett	M	17:38.7	17:38.7					+10:17.2
Flow Riders Boys 7-9										
Male										
1.	205	Marinelli, Nico	M	21:06.9	06:18.5	08:21.	06:27.			-
2.	207	Southwick, Alex	M	21:07.9	06:17.9	08:23.	06:26.			+00:01.0
3.	208	Zehnder-Banks, Kai	M	21:13.8	06:42.9	07:59.	06:31.			+00:06.9
4.	205	Mills, Luke	M	21:23.4	06:23.3	08:15.	06:44.			+00:16.5
5.	209	Joskalka, Sam	M	21:24.7	06:21.3	08:23.	06:40.			+00:17.8
6.	206	Romlein, Ethan	M	21:26.8	06:22.9	08:28.	06:35.			+00:19.9
7.	201	Cascione, Hutton	M	21:46.4	06:48.3	08:01.	06:56.			+00:39.5
8.	205	Morrison, Parker	M	21:51.9	06:38.7	08:08.	07:04.			+00:45.0
9.	208	Larsen, Beckett	M	21:55.1	06:46.5	07:59.	07:08.			+00:48.2

Helderberg Cliff Hanger

Lap Result List



Plac	Bib Name	Team	Gend	Lap	Finish	Lap 1	Lap 2	Lap	Lap	Lap	Time
10.	207 Stadelmeyer, Sam		M	3	21:55.7	06:17.6	08:34.	07:03.			+00:48.8
11.	202 Dinolfo, Aaron	Flow Riders	M	3	22:33.4	07:19.3	08:15.	06:59.			+01:26.5
12.	206 O'Connor 2, Roenn	Flow Riders	M	3	23:45.2	07:20.5	08:23.	08:00.			+02:38.3
13.	205 O'Connor 2, Quinn	Flow Riders	M	3	23:45.9	08:29.5	08:02.	07:14.			+02:39.0
14.	200 Aitchison, Calum	Chainlinks / Albany / Flow Riders	M	3	23:47.6	08:32.9	07:42.	07:32.			+02:40.7
15.	201 Cassidy-Dorion,	Flow Riders	M	3	24:04.7	08:35.4	07:55.	07:34.			+02:57.8
16.	208 VanZutphen, Max	Flow Riders	M	3	24:57.1	08:56.8	07:57.	08:03.			+03:50.2
17.	208 Winn, James	Flow Riders	M	3	25:01.7	08:36.7	08:20.	08:04.			+03:54.8
18.	200 Bissonette, Bodie		M	3	25:11.5	08:05.1	08:39.	08:27.			+04:04.6
19.	202 Conley, Pierce	Flowriders	M	3	26:27.7	09:28.7	08:24.	08:34.			+05:20.8
20.	202 Dickinson, Matthew	FlowRiders	M	3	26:56.9	10:26.3	08:13.	08:17.			+05:50.0
21.	207 Shufelt, Jack	Albany Flow Riders	M	3	27:07.3	09:33.8	08:50.	08:42.			+06:00.4
22.	204 Koniowka, owen	FlowRiders	M	3	28:12.4	10:18.8	08:35.	09:18.			+07:05.5
23.	206 Pellett, Camden		M	3	28:28.3	10:03.5	08:39.	09:45.			+07:21.4
24.	206 Pendergast, Jack		M	3	29:27.5	10:24.5	09:25.	09:38.			+08:20.6
25.	209 Stadelmeyer,		M	3	29:43.3	10:45.4	09:14.	09:43.			+08:36.4
26.	202 DiMeo, Dylan	Flow Riders	M	3	31:38.9	10:28.9	10:03.	11:06.			+10:32.0
27.	206 Rogerson, Jonah		M	1	08:25.7	08:25.7					-2 LAP
28.	202 Coleman, Joseph	Flowriders	M	1	11:44.3	11:44.3					-2 LAP
Flow Riders Boys 10-12											
Male											
1.	205 Leone, Marco	CBRC Junior Cyclocross Development	M	4	28:02.1	05:51.2	07:33.	07:24.	07:13.		-
2.	201 Bunney, Reese	Rensselaer Redtails	M	4	28:09.0	06:18.1	07:57.	07:12.	06:41.		+00:06.9
3.	203 Harbison, Cliff		M	4	29:43.3	06:17.3	08:09.	07:58.	07:18.		+01:41.2
4.	204 Hetherington, Luke		M	4	30:02.4	06:38.9	08:53.	07:13.	07:16.		+02:00.3
5.	206 Rogerson, Ethan		M	4	30:03.2	06:15.3	08:17.	08:05.	07:25.		+02:01.1
6.	208 VanZutphen, Noah	CBRC	M	4	31:38.9	06:46.0	08:50.	07:25.	08:36.		+03:36.8
7.	210 Prock, Bennington		M	3	27:38.8	10:27.3	09:02.	08:09.			-1 LAP
Flow Riders Girls 1-6											
Female											
1.	205 Millwood, Rosie		F	1	08:17.4	08:17.4					-

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Lap Result List



Plac	Bib Name	Team	Gend	Lap	Finish	Lap 1	Lap 2	Lap	Lap	Lap	Time
2.	203 Glass, Elora	Flowriders	F	1	09:38.0	09:38.0					+01:20.6
3.	204 Honda, Evee	Flow Riders	F	1	10:52.4	10:52.4					+02:35.0
4.	204 Leone, Alice	Flow Riders	F	1	12:10.9	12:10.9					+03:53.5
5.	209 Stollwater, Adriana		F	1	13:01.3	13:01.3					+04:43.9
6.	202 Curri, Jessamine	Hudson Valley Velocity Raptors	F	1	34:40.9	34:40.9					+26:23.5

Flow Riders Girls 7-9

Female

1.	208 Wozniak, Willow	RAD Racing	F	3	21:15.1	06:19.2	08:23.	06:32.			-
2.	201 Castelli, Abigail	Albany flow riders	F	3	21:45.9	06:37.1	08:11.	06:57.			+00:30.8
3.	209 Lettermen, Alice		F	3	22:39.9	07:06.0	07:59.	07:34.			+01:24.8
4.	203 Haugen, Izzy	Flow Riders/Schenectady	F	3	23:37.7	08:33.6	07:27.	07:36.			+02:22.6
5.	204 Hetherington, Kate		F	3	24:35.8	08:31.6	08:17.	07:46.			+03:20.7
6.	210 Prock, Amelia		F	3	25:27.2	08:30.9	08:21.	08:34.			+04:12.1
7.	204 Jones, Sasha	Team Brewery Ommegang/Flow Riders	F	3	25:36.2	09:02.9	08:14.	08:19.			+04:21.1
8.	201 Breslin, Emma	Flow Riders MTB	F	3	27:03.8	08:55.0	08:45.	09:23.			+05:48.7
9.	200 Anderson, Ella	Flow Riders	F	3	30:30.5	09:12.0	09:49.	11:28.			+09:15.4
10.	200 Baker, Adelynn	Galena Growlers	F	3	31:35.0	10:27.0	10:15.	10:52.			+10:19.9
11.	208 White, Annabel	Flow Riders	F	2	27:04.0	06:27.6	20:36.				-1 LAP

Flow Riders Girls 10-12

Female

1.	202 Dinolfo, Hannah		F	4	27:53.1	05:39.2	07:27.	07:17.	07:29.		-
2.	201 Breslin, Liddy	CBRC	F	4	29:41.1	06:15.9	08:10.	08:08.	07:06.		+01:48.0
3.	204 koniowka 2, Ava	Capital Bike Racing Club	F	4	30:03.3	06:37.0	08:54.	07:05.	07:27.		+02:10.2
4.	204 koniowka 2,	Capital Bike Racing Club	F	4	32:41.5	07:27.8	09:56.	06:58.	08:18.		+04:48.4
5.	207 Santacroce, Eva	Flow Riders/Red Tails	F	2	33:12.8	08:30.3	24:42.				-2 LAP
6.	210 Dinolfo, Hannah	Flow Riders	F	1	34:40.4	34:40.4					-3 LAP

Flow Riders Boys Parent Assisted

Male

1.	204 Hetherington, Zack		M	1	00:08:51.6	00:08:51.6					-
2.	202 Cheplowitz,	Flow Riders	M	1	00:13:20.5	00:13:20.5					+04:28.9



Lap Result List

Plac	Bib Name	Team	Gend	Lap	Finish	Lap 1	Lap 2	Lap	Lap	Lap	Time
3.	207 Tiberio, Max	Nomad Endurance	M	1	00:15:12.1	00:15:12.1					+06:20.5
4.	206 Pellett, Carson		M	1	00:17:39.8	00:17:39.8					+08:48.2
5.	209 Stollwater, Aaron		M	1	00:20:36.0	00:20:36.0					+11:44.4
Flow Riders Girls Parent Assisted											
Female											
1.	210 Prock, Charlotte		F	1	00:07:05.2	00:07:05.2					-
2.	204 LaRose, Maya	Flow Riders	F	1	00:08:42.7	00:08:42.7					+01:37.5
3.	200 Antalek, Jenna	Flow Riders	F	1	00:12:32.8	00:12:32.8					+05:27.6
4.	207 Tolley, Liliane		F	1	00:13:34.1	00:13:34.1					+06:28.9
5.	209 Bonesteel, Sally		F	1	00:17:27.2	00:17:27.2					+10:22.0

Number of records: 301