**Lonesome Swing**

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| **Choreographed by** | Dave & Lesley Mather (See silverwingswdc.co.uk) (Contact davemather@excite.com) |
| **Description** | Partner Dance, 64 count. Starting Man on inside, both facing LOD, holding inside hands.  Opposite footwork throughout. |
| **Music** | A Real Good Way To Wind Up Lonesome by James House, CD ‘Days Gone By’  Teaching Track: Take Me Away by James House, CD ‘Days Gone By’ |

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| **1 - 8** | **Rt Kick ball-change x2, walk, walk, shuffle.** |
| 1&2, 3&4 | Rt kick ball-change twice*. (Lady kicks on Lt.)*. |
| 5,6, 7&8 | Walk fwd Rt, Walk fwd Lt, Rt shuffle fwd. |
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| **9 - 16** | **Lt Kick ball-change x2, walk, walk, shuffle.** |
| 1&2, 3&4 | Lt kick ball-change twice*. (Lady kicks on Rt)*. |
| 5,6, 7&8 | Walk fwd Lt, Walk fwd Rt, Lt shuffle fwd. |
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| **17 - 24** | **Step turn ½ Lt, Step turn ¼ Lt, Weave, point Lt.** |
| 1 - 4 | Step fwd Rt, ½ turn Lt, Step fwd Rt ¼ turn Lt. |
| 5 - 8 | Cross Rt over Lt, step Lt to Lt, cross Rt behind Lt, point Lt to Lt side*. (Lady: cross Lt over Rt.)*  *(Note: Count 18 Lady turns Rt.)*  *Hands: Release hands on count 17. Pick up double hand hold on count 21* |
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| **25 - 32** | **Step Lt, point Rt, Step Rt, touch Lt, Lt Shuffle ¼ Rt, Rt shuffle ¼ Rt.** |
| 1 – 4 | Step Lt in place, point Rt to Rt, Step Rt in place, touch Lt in place. |
| 5&6, 7&8 | Turning clockwise, shuffle ¼ turn LRL and ¼ turn RLR.  *Hands: Count 29 change to swing hold.*  *Note: Counts 29 – 40 danced as East Coast Swing* |
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| **33 - 40** | **Rock, Step, Lt Shuffle ¼ Rt, Rt shuffle ¼ Rt, Rock, Step** |
| 1–2, 3&4 | Rock Lt behind Rt, Recover on Rt, Turning clockwise, shuffle ¼ turn LRL. |
| 5&6, 7-8 | Turning clockwise, shuffle ¼ turn RLR, Rock Lt behind Rt, Recover on Rt. |
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| **41 – 46** | **Lt Shuffle Fwd, Turn ½ Lt & Rt shuffle Bwd, walk back Lt Rt** |
| 1&2, 3&4 | ¼ turn Lt & Lt shuffle down LOD, Turn ½ Lt and Rt shuffle back. |
| 5-6, | Step back Lt, Rt.  *Hands: Count 41 hold inside hands. Count 43 release hands to turn and pick up inside hands.* |
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| **47 - 52** | **½ Lt & Lt shuffle Fwd, changing sides. Rt shuffle Fwd, walk fwd Lt, Rt** |
| 1&2, 3&4  5 - 6 | Turn ½ Lt and Lt shuffle diagonally fwd,(**Changing sides**), Rt shuffle fwd  Step fwd Lt & Rt |
| **53 – 56**  1 - 2  3 - 4 | *Hands: Counts 47 & 48, Lady turns & changes sides under gent’s Left hand*  **Step turn ½ Rt, Step turn ¼ Rt**  Step fwd Lt, ½ turn Rt,  Step fwd Lt ¼ turn Rt.  *Hands: Release hands on count 53, rejoin in double hand hold on count 56.* |
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| **57 – 64** | **Weave, point Rt, ¼ Rt shuffle to Rt, Lt shuffle fwd.** |
| 1-4  5&6  7&8 | Cross Lt over Rt, step Rt to Rt, cross Lt behind Rt, point Rt to Rt side*. (Lady: cross Rt over Lt.)*  ¼ turn Rt on Rt shuffle crossing behind lady. *(Lady shuffles to outside LOD)*  Lt shuffle fwd.  *Hands: Count 60 release gents Lt hand. Count 61&62 lady changes side under gent’s right hand.* |