**Marshall County Group Homes, Inc.**

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| **PERSON CENTERED TEST** |

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1. What is the purpose of Person-Centered Planning?
2. What is one definition of Person-Centered Planning?
   1. An approach to forming life plans that are centered on the individual for whom they are built.
   2. A plan to eliminate all “bad” behaviors because they are a nuisance to staff
   3. A plan to keep the person from making their own decisions because they do not know any better.
   4. An approach to forming life plans that is based on what the guardian wants, not what the person supported wants.
3. When identifying and supporting person centered planning it is important to focus on personal preference, goals the person desires, their strengths and opportunities and their vulnerabilities and risk.
   1. True
   2. False
4. Why is it important to learn about an individual’s preferences?
   1. So that when we are having difficulty working with them, we can use their preferences as an incentive for good behavior
   2. It will make you look good in front of your boss
   3. Knowing a person’s preferences and supporting them in these preferences can increase their quality of life
   4. All the above
5. Values of Person-Centered Planning include (select all that apply)
   1. Developing goals based on our belief that we know what is best for the person served
   2. Understanding the whole person, including their strengths and abilities.
   3. Honor their right for respect, dignity, and control over their lives.
   4. Commitment to support individuals in achieving goals of their choice at home or in the community.
6. The most important thing to remember when relating to people with disabilities is that they are more like you than unlike you. Their needs are similar to those of other people. In some areas of their lives, they need additional assistance and support.
   1. True
   2. False
7. Select all the ways you can convey respect to people you support.
   1. Asking someone in a wheelchair for permission before moving them
   2. Talking for someone who is able to speak for themselves
   3. Talking directly to the person instead of about the person in front of them
   4. Discussing Steve’s recent behavior in front of peers.