

COURTESY means showing gratitude, respect, and having good manners. Showing COURTESY to others is something we can do all the time, in our words and our actions. When we talk to others, there are certain words we use that show COURTESY (thank you, please, etc). Below, for each word, describe a time when you would use that particular word to show COURTESY.

| COURTESY word         | When would you use it? |
|-----------------------|------------------------|
| <b>Thank you</b>      |                        |
| <b>Please</b>         |                        |
| <b>You're Welcome</b> |                        |
| <b>Excuse me</b>      |                        |

We can show COURTESY in our actions in a lot of different ways, some may be more obvious than others; making eye contact when speaking, staying close to our parents when you're at the store, holding a door for someone, turning in your homework assignments on time, etc. For one day, make a list of all the actions you take that show COURTESY to others. Write those actions down, all of them: \_\_\_\_\_

---



---



---



---



---

When we are training our martial arts, it's very important to show COURTESY to the people that are on the floor with us. WHY? \_\_\_\_\_

---

How do we show COURTESY on the training floor here at BOOM!?! (Hint: there's a lot of different ways! Name at least four)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

Outside of martial arts, why is it important for us to show COURTESY to those around us? \_\_\_\_\_

---

