



LOTUS CHILD

CARING FOR THE STREET CHILDREN OF INDIA

The Louis and Zelig Martin Foundation

MARCH THROUGH MARCH FOR LOTUS CHILD

Get active while helping vulnerable children on the streets of India.

We challenge you to 200,000 steps in March

Get stepping (socially distanced of course) and keep track of your daily and weekly steps here.

Don't forget to send your weekly steps every Saturday to the Lotus Whatsapp Group, Instagram/facebook; @lotuschildcharity; or email; info@lotuschild.ie

Step the most and win the Lotus Team or Individual Challenge Prize!!

Have fun!!!

**DON'T FORGET TO TAG US WITH
YOUR PROGRESS ALONG THE WAY
@LOTUSCHILDCHARITY
#MARCHFORLOTUSCHILD**

Name

DAILY STEPS

Day 1

Day 2

Day 3

Day 4

Day 5

Day 6

Week 1 total

Day 7

Day 8

Day 9

Day 10

Day 11

Day 12

Day 13

Week 2 total

Day 14

Day 15

Day 16

Day 17

Day 18

Day 19

Day 20

Week 3 total

Day 21

Day 22

Day 23

Day 24

Day 25

Day 26

Day 27

Week 4 total

Day 28

Day 29

Day 30

FINAL TOTAL

Day 31