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| July | A picture containing text  Description automatically generatedHH Apothecary and Wellness |
| 2022 |  |
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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  |  | HOLIDAY |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
|  | Happy 4th!  Fireworks with solid fill | Noon: Yoga  **Farmers Market**  **4pm-7pm** | Wellness Wednesdays  6pm | 4pm: Gentle Yoga  5pm: Pilates  6pm: Meditation | Private Training Appointment Only | **Farmers Market**  **9am-1pm** |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
|  | Private Training  6pm:  Monday Meditation | Noon: Yoga  **Farmers Market**  **4pm-7pm** | Full Buck Moon  Moon Ritual  8pm  New Moon with solid fill | 4pm: Gentle Yoga  5pm: Pilates  6pm: Meditation | Private Training Appointment Only | **Farmers Market**  **9am-1pm**  Oldham County Day! |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
|  | Private Training  6pm:  Monday Meditation | Noon: Yoga  **Farmers Market**  **4pm-7pm** | Wellness Wednesdays  6pm | 4pm: Gentle Yoga  5pm: Pilates  6pm: Meditation | Private Training Appointment Only | 9:15am Yoga & Pilates at the Market!  **Farmers Market**  **9am-1pm** |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
|  | Private Training  6pm:  Monday Meditation | Noon: Yoga  **Farmers Market**  **4pm-7pm** | Wellness Wednesdays  6pm | 4pm: Gentle Yoga  5pm: Pilates  6pm: Meditation | Private Training Appointment Only | 9:15am Yoga & Pilates at the Market!  **Farmers Market**  **9am-1pm** |
| 31 |  |  |  |  |  |  |
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|  |  | Wednesday Weigh In @ 6:30pm! |  | Qr code  Description automatically generated | Questions:  Call Holly  @ (502) 419-3211 |