



JANUARY

INSPIRATIONS 2019

Pastor's Page

Greetings:

Happy New Year 2019! I would like to take this opportunity to thank everyone for a great 2018 for without you, Asbury and Northwood would not exist. Also, thank you for the many prayers, gifts, and kindness given to me and my family this past year – they are very much appreciated.

There were some important events that took place in both churches in 2018 and I want to remember them together. In April there was a first for me, cancelling church because of a blizzard. Hopefully that will not happen again in 2019. Other highlights were: I lead the Baccalaureate service at Lake Mills High School, which was extra special since 5 of the graduates were a part of Asbury. Carter and I went to D.C. over spring break, lead the science station at VBS in Bolan – along with Wade Bendickson, Hannah and Carter and Terry Steinmetz were a part of the church service at the Worth County Fair, played some golf, formed an ecumenical band for the joint service in Lake Mills, survived seminary, was appointed for another year, and we had a wonderful Advent and Christmas Eve services. To name a few.

Along with the joys, there were also some sad times as we said good-bye to members of our church family. At Asbury: Roxanne Irons, DJ Skellenger, Terry Gasper, Emma Jane Roberts, and Jerry Higbee. At Northwood: Shirley Vorland, Elaine Olson, Lynn Chapin and Bev Pangburn. We remember these lives and what they meant to each church and community.

There were other celebrations: baptisms and new members joining the church. 100th birthday celebration with her own parade down Central Avenue. Many health and school kits assembled and sent off to people in need, Mission dinners, Harvest Fest, Thanksgiving Meal, etc. The Body of Christ is alive and active in Lake Mills and Northwood and I am glad to be a part of it as your pastor.

What do I expect for 2019? More of the same, knowing that each day brings its own set of challenges but that those challenges only last for a season. God is moving in our communities and I want to be a part of it. I look forward to what 2019 brings, make plans to join us on Sunday mornings: 9am at Asbury and 10:30 at Northwood. January 13th, is the Baptism of our Lord Sunday where we remember Christ's baptism and will have a time in the service to remember our own baptism. Starting back on the 20th, we will continue in our series on the Gospel of John and take a closer look at who Jesus is and what this gospel is saying to us today. Blessings and a Happy New Year.

Pastor Rob

**No Food 4 Thought in
January– will resume
in February**



With the help of many community members and other churches, Asbury UMC hosted a free meal open to the community on Thanksgiving Day. A total of 244 meals were served, including those by take-out or home delivery.



Youth from Asbury UMC went shopping for Toys for Tots gifts thanks to the generosity of Asbury member Betty Langpap.

“The Top of Iowa Welcome Center donated four poinsettias to the Northwood United Methodist Church in memory of Bev Pangburn to honor and acknowledge her vision and work to make it a reality.



Asbury's Annual Valentine Spaghetti Meal Saturday, February 9th 11:30a.m – 1:00p.m.

Asbury UMC is hosting their annual “Valentine Spaghetti Meal” to support camperships for children, youth and adults who wish to go to a United Methodist Camp this summer. The Italian dinner menu includes: spaghetti and meat balls with sauce, French bread, relish, a beverage and ice cream Sundaes. The cost of the meal is: adults - \$8, children 12 and under - \$4 and children 3 and under – Free. Take outs are available by calling 592-4484 before February 9th, or by calling Asbury UMC at 592-1106 on the day of. Everyone is welcome, so come and enjoy a great Valentine's Day meal on Saturday, February 9th at Asbury UMC in Lake Mills.

Thank you so much for your help in making the 2018 Clothes for Kids drive such a success! We were able to provide for 102 children in our community this year, which wouldn't have been possible without your participation in hosting our Giving Tree. We feel so blessed and proud to be a part of such a giving community that allows us to make such a positive impact on so many kids each Christmas season.

Please be sure to pass along our sincere thanks to your entire congregation at Asbury - their support of this project is greatly appreciated!

Casey Singelstad, Nicole Nelson, Samantha Petersburg, Krishna Hanan, Tina Henely

*Thank
You*



HUMAN RELATIONS DAY SUNDAY, JANUARY 20, 2019

(Sunday before the national observance of Dr. Martin Luther King Jr.'s birthday) strengthens United Methodist outreach to communities through Community Developers, United Methodist Voluntary Service and Youth Offender Rehabilitation programs. Human Relations Day as a Special Sunday calls all of our churches to participate in helping all God's children to realize their potential. As a member of The United Methodist Church, your gift, on this day, allows the work to continue with persons Jesus called "the least of these." Those living in the margins of society, struggling to survive. People like:

An immigrant teenager in Texas' poorest county, being recruited by a local gang

A father struggling for sobriety in Little Rock, Arkansas

An Oklahoma woman recently released from incarceration looking for work

Your gift on Human Relations Sunday in Jesus' hands will help persons like these recover from the wounds of social inequality.

Asbury UMC – January Noisy Offering

Church World Service has distributed thousands of blankets around the world in 2018. Our congregation can be part of an even greater response in 2019. We will reach families fleeing their homes, recovering from disaster and more. Share blankets, warmth and comfort with our neighbors by giving generously each Sunday in January through our children's Noisy Offering.



Operation Christmas Clothes – Asbury UMC

There is still time for persons or families who donated to Operation Christmas Clothes at Asbury UMC and who would like the church to receive credit for the value of the gift(s) donated on the churches giving to mission report may give the monetary value amount of the gift(s) to Rev. Jerry Robertson by **January 10th**.

THANK YOU FROM SUMMER CAMP

Dear Asbury, Thanks for sending me to camp. I had a lot of fun. I got to ride horses.

Sincerely, Ryan Skellenger



Thank You From Our Mission Partners



Dear Asbury, Thank you for your generous contribution of \$160.06 to fund the well water work of El Porvenir, Nicaragua. Your support helps us empower the people of Nicaragua to improve their living standards through sustainable water, sanitation and reforestation projects. These changes decrease workloads and illness, increase school attendance, and ensure continues access to clean water. We're most thankful for your support at this especially difficult time. In gratitude, Jo Buescher

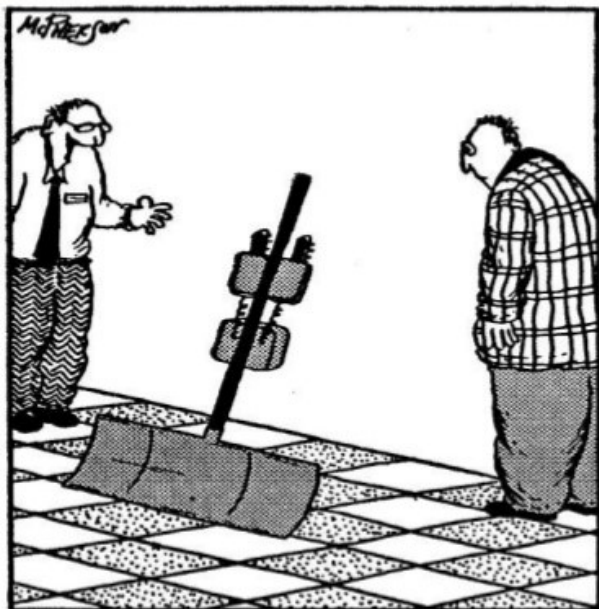
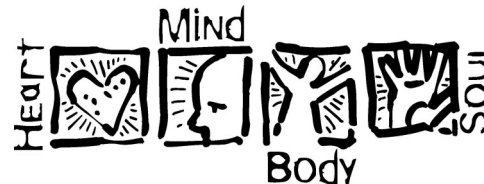
Dear Friends in Mission, Thank you for your gifts to The United Methodist General Board of Global Ministries in support of Katherine Parker our missionary to Nepal and for your gifts to Disaster Response both in the U.S. and Globally. One hundred percent of your gift is applied to the designated projects or to missionary support. Your generosity makes it possible for the church to extend God's mission across the globe to more than 60 countries and to many areas of the United States. Your gift supports missionaries and projects focused on evangelism, church development, education, disaster relief and rehabilitation, health services, and programs for children, and young people. May God grant you a sense of hope and joy as you continue your support for mission. Grace & Peace Roland Fernandes General Board of Global Ministries

Dear Asbury UMC, Thank you for gift \$441.68 to Tree of Life Ministries, Mission, South Dakota. Your gift will directly benefit many families and individuals on the Rosebud Indian Reservation. Thank you SOOO....much.... and we look forward to your continued support. Linda Garriott, Executive Director

Health Notes...

By Betty Chapin, RN, PH

641-390-0619 (Cell) chapinbl@gmail.com



"And this is our top-of-the-line snow shovel, complete with a pair of defibrillation paddles."

I found this cute and OH SO TRUE comic which is perfect for a January reminder of another thing one can do to take care of your health. I doubt we can find a shovel like this in our local hardware store, but it gives us something to think about.

Inactive people at risk for heart disease should be warned about a potentially hazardous winter exercise— snow shoveling. Indeed, four inches of heavy, wet snow on a 50 foot, 2-car driveway can weigh as much as four tons. Besides the hazards of frostbite and low-back strain, snow shoveling can be deadly.

Those who are over 45 years old who have a history of heart disease, symptoms suggestive of a cardiac problem (exertional chest pain, palpitations, dizziness) or major coronary risk factors (cigarette smoking, high blood pressure, elevated blood cholesterol and sedentary lifestyle) are at increased risk of cardiovascular complications during strenuous

physical exertion. Persons with these characteristics would be well-advised to consult with their physician before shoveling snow, or hire someone else to do their snow removal.

Finally, as a reminder of the potentially threatening cardiac demands of snow shoveling, cut out and past this label to your snow shovel:

 **WARNING**
Use of this instrument for
snow removal may be
hazardous to your health

Prayer Request

Karen Abrahams
Donna Lair
Bryan Hooks
Carole Yocum
Kathy Voorhes

our military and their loving families,
the unemployed, Iowa UMC Cabinet and Bishop.

In Our Thoughts...

Lake Mills Care Center...

Carol Griffiths

Good Shepard Mason City...

Ivan Olson

Lutheran Retirement Home in Northwood...

Sandy Nitcher

Bernice Estes

The Pines— Winona Hennigar

Norma Kay Martinson

Nancy Whitesell

(any names added to the prayer list will be kept on for 3 weeks unless the office is contacted with updated information to keep on for an addition amount of time. Thank you. NorthwoodUMC@msn.com)

Northwood Sunday Schedule

10:30 am Worship Service-N

11:45 am Fellowship -N

**Asbury Sunday Schedule**

9:00 am Worship -A

10:00 am Fellowship -A

10:00 am Sunday School-A

Sun**Mon****Tue****Wed****Thu****Fri****Sat**

		1	2 2pm=Rachel-A	3	4	5
6	7	8 5:30pm AdCo-A	9 7pm Esther-A	10 10am Nwd Council Mtg	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



SUNDAY WORSHIP VOLUNTEERS NORTHWOOD

2019	6-Jan	13-Jan	20-Jan	27-Jan
Scripture Reader	Margie Barber			
Ushers	Jack & Margie Barber	Jack & Margie Barber	Jack & Margie Barber	Jack & Margie Barber
Coffee Servers	Karen & Chuck Hove	Mary & CK Christianson	LeAnn & Glenn Steiff	Kathy Voorhes & Bobbi Hooks
Communion Steward	Bobbi Hooks			

We are always in need of volunteers! Check the sign up sheet in Wesley Hall to let us know when you can help. **If you find that you are unavailable to help on the Sunday assigned, please trade with someone else on the list** and let the Office know (641-324-1557).

STAFF PARISH PASTOR RELATIONS COMMITTEE

If you have concerns or compliments regarding the church, please talk to Pastor Rob first. If you talk to Pastor Rob and still have a concern, please contact a SPRC member.

ASBURY UMC

2019

Betty Robertson
Joyce Sherman
David Taft
Richard Schwarm
Megan Peterson
Donna Lair

NORTHWOOD UMC

2019

Bobbi Bendickson
Joanne Steinmetz
Karen Abrahams
John Greve
Nancy Mathahs
Mike Bode

Church Attendance

Worship	N	A
Nov 25	34	60
Dec 2	Cancelled	
Dec 9	45	61
Dec 16	37	95
Dec 23	35	95
Dec 24	24	

**If you have any compliments about your church,
share them with everyone!**

Happy Birthdays! Happy Birthday! Happy Birthday!

Asbury

- 1 Brad Grotewold
- 3 Gail Greco
- 7 Kayla Hanna
- 8 Trent Tiedeman
- 10 Carol Yocum
- 14 Jenny Thompson
- 15 Jackie Imler
- 16 Rebecca Dahn
Hengesteg
- 18 Joyce Sherman
- 23 Sue Ostrander
- 26 Vicki Eden
- 27 Betty Angel
- 27 Jessi Mary
- 30 Wendi Skellenger
- 31 Hannah Slattum

Northwood

- 1 Michelle Paulsen
- 3 Shari Sietsema
- 4 Michael Steiff
- 5 Tim Akemann
- 8 Jan Wright
- 10 Gabrielle Fridley
- 16 Gregg Olson
- 18 Carl Jaspers, Jr.
- 20 Sarah Madson
- 20 Kole Parks
- 21 Shana Brunsvold
- 22 Harvey Patterson
- 23 Terry Steinmetz
- 24 Betty Chapin
- 25 Mary Christianson
- 25 Nathan Wilder
- 27 Lance Fridley
- 29 Joshua Walker
- 30 Jean Arrett

Thank you to the congregation and UMW for the gifts at Christmas. They are much appreciated and I am very blessed to have a job I enjoy doing. Merry Christmas and Happy Holidays! Ona VanHeiden

Thank all of you, congregation & UMW for the gifts at Christmas.

Charlie & Karen Hove



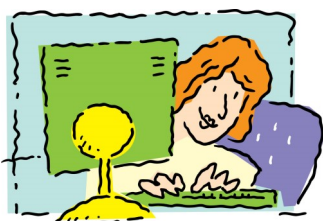
Year End Paperwork

It is that time again, we have year end statistics requiring membership numbers for the congregation, Sunday School and UMW. We need income and expenses. Forms will be sent to chairs to assist the office in completing these reports.

Please turn all required paperwork for auditing into the Auditors or church office by Jan 15th. You will need to submit only the following items :

Bank Statements, Checkbook or savings book

The auditor does not need any other paperwork. Thank you



The Newsletter Team
WANTS YOU!

call the office at

641.324.1557

*We appreciate receiving
your articles for
upcoming church events!*

If you have material that you would like included in the newsletters or bulletins or any corrections to information, please contact us in one of these ways:

send the information via email
northwoodUMC@msn.com

or mail to

Northwood UMC ATTN Newsletter
PO Box 104, Northwood IA 50459

Northwood and Asbury United Methodist Churches

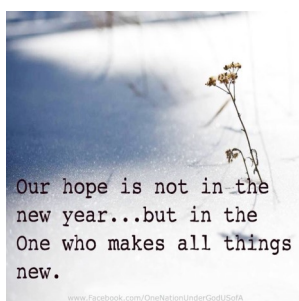
PO Box 104
1000 1st Avenue North
Northwood IA 50459-0104

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Northwood IA
50459
Permit No, 46

Return Service
Requested



January INSPIRATIONS-2019

Asbury United Methodist Church
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Lake Mills IA 50450

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Northwood IA 50459

Phone 641.324.1557 (N)
NorthwoodUMC@msn.com

**THE MISSION OF THE UNITED METHODIST CHURCH:
TO MAKE DISCIPLES OF JESUS CHRIST FOR THE TRANSFORMATION OF THE WORLD.**



OPEN HEARTS. OPEN MINDS. OPEN DOORS.

THE PEOPLE OF THE UNITED METHODIST CHURCH.

