### HEALTH & BEA

# Introducing . . . SUSAN ASHLEY, THE SYDNEY ADVERTISER'S CLAIRVOYANT

Susan Ashley, an experienced and recognised clairvoyant will be joining The Sydney Advertiser each issue.

A clairvoyant has the ability to see the future and spirit as well as use the body as a third party in communication with spiritual beings.

Susan Ashley is a qualified hypnotherapist and counsellor. She is a pastlife therapist as well as a specialist inusing crystals, flower essences essential oils and colour therapy to facilitate personal healing and the understanding of a person's own psychic ability.

She has channelled her abilities into helping others and is ready to help you.

Knowledge and understanding of the spiritual world will assist you to discover all that is positive. Susan will explore colour, aroma, crystals and flower remedies as well as special requests.

I have been psychic as far back as I can remember and used to play games with it. I always talked to spirit and remember Devas (earth spirits for the flowers etc) acting out little plays me. My family would say I had a very active imagination. As I grew older I became scared of my abilities as I and others didn't understand them, so I shut myself down, which is what I believed many of us do. However, I kept my ability to communicate with people's spirit and heal. Healing is also the ability to listen and speak when the time is right. I would walk up and place my hand on their back and they would just start telling me all their pain. There would be many of you who have this ability and do not realise it is a very special gift. Communication is not just words it's healing. I later discovered my hands instinctively gave out a healing energy and by placing one on a persons back, I was sending healing to the heart which in turn opened them up to communicating about the pain they were feeling without me actually having to entice them.

In 1982, I started to experience quite bizarre psychic phenomenon such as, very large objects (bookcase) moving within the house hearing voices, seeing things on people or seeing them injured when they weren't and then having very strange people attracted to me. The reason for this ... my psychic energy had nowhere to go, it was not being channelled properly so I was creating things outside myself to make me look at it and own it. It's like a person who is calm and focused conducts their work in a very orderly manner and things all fall into place. However, the person who is not focused and angry and has too much unused energy becomes destructive and creates havoc, you need only look at some of their misguided youth to see the confusion and turmoil not being focused can bring. All these happenings led me to discover my latent abilities.

I dedicated my life to this discovery and development, gave up alcohol, meat, cigarettes, dairy products over the years and took up meditation, yoga and studied and experienced healing through every thing from Clinical Hypnosis, Reiki, crystals, past life therapy, rebirthing, pre-birth analyses, tarot, many counselling and psychic development techniques.

In 1987 I actively commenced work as a spiritual

therapist and reader developing many techniques to guide others to eliminating their fears, opening their psychic and understanding its use. I would experiment on my friends techniques given to me by my guides with amazing results each week introducing them to new and wonderful abilities that they could utilise in their daily lives.

In 1990 I opened one of the first healing centres in Sydney that openly advertised psychic healing and trance channelling called the 12th Ray Healing Centre in Annandale. There I developed many more techniques to open up abilities in a gentle way, my philosophy always being handle the person gentle with love and they will flower. I found myself mostly working with professionals, solicitors, acupuncturists, managers other therapists and to my surprise many incest victims. I quickly realised that 85% of the people who walked in the door were victims of incest and there were an equal amount of men to women, which is something most people fail to realise there is no discrimination between the sex of a little boy or girl by the offender.

For the past two years I have conducted workshops on crystals, healing, channelling and spiritual development and seminars on "world changes and what to expect" in Sydney, the Blue Mountains and Country N.S.W.

I am currently working with Robyn Caughlan on the Western Soul Connection which is an Alternative Expo, held at the Joan Sutherland Performing Arts Centre, High Street, Penrith. On 5th and 6th November, 1994, I believe the Western Suburbs is the next big growth spurt spiritually and want to assist others in their development of knowledge and understanding of their total energy, by presenting them with a variety of avenues to obtain information. You can attend seminars and workshops on personal power, crystals, spirit guides, aliens, firewalks and more by well knowns like Matthew Favaloro, Dawn Rawlings, Paul Rawlings, Steve Anthony, Pauline Braddon, Norma Webster, John Corneillus, Robyn Caughlan, myself and others. A variety of readers from Tarot to Astrology as well as healers, exhibitors and Art work from many cultures.

I will conduct a channelling seminar evening with Lisa Joyce, which will demonstrate and introduce you to channelling and the wonderful resource of information from spirit.

This Expo is part of the Penrith City Festival, Festival of youth a number of festival holders have joined forces to create this month long event. There is a free family day concert, The Riverfest and Winefest, competitions and much more. Each event will endorse a charity by way of promotion and donation. We believe the face of business is changing and we wish to head this change. From event holders making money for themselves to event holders making money for the community. The key philosophy of this festival is to inject into the community through financial assistance, promotion and pride.

Write to Susan with questions or suggestions, or for private readings. Direct mail to P.O. Box 116, Rydalmere NSW 2116.



110, Rydalmere NSW 2116.



#### Western Soul Connection Expo 1994 - 5th-6th November

Joan Sutherland Performing Art Centre High Street Penrith 5th & 6th Workshops & Seminars by Matthew Favaloro - Dawn Rawlings Pauline Braddon - Norma Webster

John Cornelius - Chris Newley Robyn Caughlan - Col Clarke Entry from \$10.00

5th - 6pm Channelling Seminar by Susan Ashley - Lisa Joyce \$20 entry

5th-8pm Fire-walking Workshop Paul Rawlings - Steve Anthony \$60 entry

6th - 8pm Aboriginal Fashion Parade
Featuring: Miss Australia Miss Van Emeren
Designs by: Robyn Caughlan
Entry \$25

Readings - Tarot - Astrology - Past Life etc Art Exhibition - Stalls - Healers Entry \$5

## SEXUAL HEALTH CENTRE

Yesl We are still nee

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Services provi

- HIV/AIDS screening and care
   STD
  - Hepatitis B vaccinations 
     Condoms (lube 
     No. 1)
  - Free condoms/lube Needle

### Let's talk ab

Nightingale Wing Sydney Hospital (next to Parliament House) Macquarie Street, Sydney