

KAMA SUMMER SCHEDULE

Starts July 20th, 2021

TIME:	MON	TUE	WED	THU	FRI	SAT
10:00 AM						Tiny Tigers
10:45 AM						BJJ Kids
11:30 AM						BJJ Blue MT Open
12:00 PM			Fit4All		Fit4All	
5:15 PM	BJJ Kids	NinjaFit		No-Gi Kids		
5:15 PM		Muay Thai Kids Adv.	Tiny Tigers	MMA Kids	Tiny Tigers	
6:00 PM	Muay Thai Kids	Muay Thai Kids	Muay Thai Kids	Muay Thai Kids	No-Gi Randori	
6:00 PM	Fit4All	Fit4All	BJJ Kids	Fit4All		
6:45 PM	Muay Thai Conditioning	Muay Thai Conditioning	Muay Thai Conditioning	Muay Thai Conditioning	Muay Thai Open Mat	
6:45 PM	BJJ Blue	BJJ Blue	BJJ Comp	BJJ Blue	Adult No-Gi	
7:30 PM	Muay Thai Technique	Muay Thai Technique	Muay Thai Technique	MMA		
7:30 PM	Randori	Randori	Randori	Randori		
8:15 PM		Sparring		BJJ Advanced		