



For event info, hosting or attending, email "RWF Events" to [info@thtbloodstock.com](mailto:info@thtbloodstock.com)

THT Bloodstock's  
Ride With Fluency; *Seminar & Clinic*

*Discover the Magic of Herd Dynamics*

Presented by  
Kerry M Thomas

*Herd Dynamic Edu Seminar*

*“Where concept and discovery merge, a doorway into the unknown, can be found.” Kerry*

**Topics**

Introduction to Herd Dynamics

- \*The journey begins...
- \*Herd Structure, Leadership & Hierarchical Roles
- \*Emotional Communication, the Fabric of Life
- \*Dependency & Co-Dependency, Surviving Changing Environments
- \*Understanding Group & Individual Herd Dynamics

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Sensory Soundness, the Psychology of Navigation

- \*What does it mean to be Sensory Sound?
- \*The Relationship between Corporeal & Cognitive Senses
- \*Mapping the Senses, Aspects in Focus
- \*Sensory Lead Changes; What, When, Why & How?
- \*Keys to Independent Nature

(Sensory Soundness Map available here > <https://www.thtbloodstock.com/tht-online-store>)



Riding With Fluency; the Psychology of Performance

\*The Power of Emotional Intelligence

\*Talent V/S Ability

\*Physical Expression; Driven by Emotion

\*Improving Performance through Intention, Interpretation, Anticipation

\*Mental Stimulus; Nurture the Horse, Develop the Athlete

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Equine PTSD.

\*Hidden Trauma and the Dynamics of the Associative Aspect

\*Emotional Stress & the Anticipatory Response Mechanism

\*Self-Preservation; Atavism in the Domestic World

\*Performance Anxiety; Coaching through the Wormhole

\*Reflective Learning Therapy; Emotional Healing & Wellness

*“Therapy is not the process of trying to erase the trauma, it is the process of working toward changing your relationship, with it.” Kerry M Thomas*

## Ride With Fluency; *The Clinic*

It is imperative to identify the rate of existing psychological rhythms in order to find cadence with the horse's physical movement. Gaining an understanding of their functionality allows for talent development and optimization. In this clinic, we will develop the horse's herd dynamic profile and create a mental stimulus obstacle course uniquely fitted to them. Fashioning their emotional expressions into physical movement creates purity in mind-to-body fluency. Within the sentient relationship between horse and human are found the keys to cooperative growth in changing environments. Sessions avg., 30 to 40 minutes.

*Ride With Fluency; because the equine athlete, is driven by emotion...*

## Evaluation & Sensory Mapping

In hand, standing and walking, the horse's herd dynamic profile & sensory mapping begins as we identify basic mental rating & pace through a series of presented stimuli both emotional and physical. The first step in understanding the horse is to determine their competency for and manner of, environmental processing. In order to appreciate their *view from the hoof*, we must see the world through the emotional horse before we feel it through the physical body. Separating "who" from "what" is the first step in this journey.

*To not work with the nature of the horse, is to work against it...*

## Mental Stimulus Obstacle Course

After the initial evaluation is complete, it is time for *riders-up!* A cursory obstacle course will be in place as the horse & rider partnership gets in motion. Here we begin to map rate-of-interpretation, fluency, and efficiency of communication. Subsequent course modifications are based upon several factors, key among these; stimulus identification, sensory lead change efficiency and anticipatory response. The leading edge of controlled movement, these factors operate juxtaposed with the riders' communicated intent. Exercising the mind or, *warming-up of the mental athlete*, is vital for learning and critical to performance. The horse must be allowed to harmonize with the environment in order to comprehend it and minimize stress.

*When you nurture the horse, you develop the athlete...*

## Coaching Forward with Herd Dynamics

Once harmonized, both course and cadence are manipulated to enrich horse & rider communication that facilitates proficiency of execution, mind-to-body. The rider is coached on how to adjust and identify required pace and focus-of-intent, creating efficiency *from the riders' mind through the horses' body*. The horse is coached through the phases of *intention, interpretation & anticipation* in order to achieve sustained purposeful motion. The herd dynamic make-up determines the manner of learning; tendency (GHD environmental) or learned behavior (IHD target based). As the rider learns how to identify these and communicate with them, the human/horse partnership elevates through the natural herd dynamic.

*Herd Dynamics; the operating system, that runs the machine...*