

## In This Month's Voice...

## St. Paul Star of The Month

A strong, quiet worker

**Trustee's Tablet** 

High Accolades from our President

4644 Snap

Another Grant Writer's Words

**Recipe of The Month** 

A young chef shares

## **Black History Corner**

## W.E.B. Dubois

See Us Back In The Building & Back To Work...of Course We Never Stopped!

Share the newsletter with someone and invite them to experience St. Paul



Edited, Published & All Articles Written by Traci Simmons unless otherwise indicated. Proof-reading by Nelson H. Simmons



#### "Jesus Christ The Same Yesterday, And Today, And Forever."

How do you deal with change? I don't like it. If it's completely on my terms and within my control, I'm fine with change; but life doesn't tend to dish it out that way. So as the saying goes, "Too bad, so sad!" Change is inevitable.

Recently my family got up very early in the morning and set out on foot to take the train from our house to Lincoln Park High School so that our rising freshman would have a clue on how to navigate their way in a couple of weeks. As we went through the entire process (which is as natural as breathing for many folks), from walking down the steps, loading our Ventra cards, pointing out which side to board, making sure they kept their belongings in their laps and listened for their stop, I realized just how much they don't know. We are completely done with door-to-door automobile service to the small private Christian school in the "safe" and peaceful suburb of Oak Lawn. Now comes Chicago's public transportation, feet on the concrete, into a 2,100 student public high school. My children's elementary school had a dress and appearance code. The girl? in line in back of us at orientation had green hair. From kindergarten through 8th grade, there were no locks on students' lockers. Nothing was ever stolen. Now they must learn that they cannot ever leave their items unattended. Every errand I ran in Oak Lawn or Evergreen Park featured wide streets, little to no traffic and large parking lots. Lincoln Park is bustling, void of parking lots, and filled with meters. Change.

So how will I manage? I will invite the Holy Spirit to go into overdrive! It is the very purpose of God's Holy Spirit to direct us when we are lost; to surround us when we are vulnerable; to recall things to our remembrance; to lead us in the right direction and turn us away from danger. We only need to submit!

I watched a toddler last week crossing from one side of North Lake Shore Drive to the other as her mother held her hand and her father walked on the outside as if he could protect her in case traffic began to move again. Once they were all safe onto the sidewalk, the little girl stopped and looked back across the street. It was obvious that where she had just come from was more appealing to her than the unknown that was ahead. Her parents let her look for a moment, but then grabbed her small hand and gently pulled her forward to continue their journey. Those leading and protecting her knew what was ahead, and they had a plan for that day.

As our family faces the changes that lie ahead—some known and others not, we may look back fondly, but we will each hold to God's unchanging hand, grateful, confident, and trusting that the Holy Spirit is our leader, that God is our protector, and that He has an unfailing plan for our lives. *Do you not know? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary, and his understanding no one can fathom.* Isaiah 40: 28

#### 2 Corinthians 4:16-18



"Therefore, we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day. For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. So, we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal."

Dear St. Paul, I am so excited about this new season in the life of our Church. God has truly been faithful to His Promise on our lives and our Church. Like so many others, we too have had to deal with Change. For some, Change can be challenging, and anxiety filled. Yet, if we trust God, the same God that kept us before will keep us now. Many people said that they could never change and embrace technology to do things. Well, Covid 19 came and blew that whole theory out of the water. It is amazing how challenges force us to do things we would not have done had the challenge not come. The passage of scripture I allude to in the very beginning

of my statements, I believe captures what I feel is important for the believer whenever they encounter change. Always remember to keep your eyes fixed on the Agent (God) in the Change. To God be the Glory!!

## **Trustee's Tablet**

#### WELCOME BACK ST. PAUL, WE MISSED YOU!

#### "I was glad when they said unto me , Let us go into the house of the Lord." Psalms 122:1

I am so glad to be back at in-person service. I missed seeing everyone's faces and smiles. The Trustee Board wants to first give a great big shout out to all the St. Paul Church Family for your support and participation in the church clean up day. It was a day filled with joy and hard work. It amazed me to see everyone enjoying cleaning up the church. We had youth, young adults and seniors working together. No complaints, just everybody asking what could they do. We have to give

kudos to the dynamic duo that did the job that nobody wanted to do (drum roll pls) Peggy and Ardella. They volunteered to clean all of the bathrooms. It made our hearts glad. The Trustees planned the day, donated the food and served. Thank you St. Paul for your participation. We could not have done it without you. TEAMWORK MAKES THE DREAM WORK!

The Trustees have been very busy preparing for the re-opening. Some of the other work that has been completed in addition to the cleaning include:

- installed a new toilet in the men's bathroom in Murchison Hall (notice the bad smell is gone)

- installed a new air conditioner in the Pastor's office (installed by Jeff O. and Clarence H.)

- installed a new faucet and repaired utility sink in the boiler room (now Bobby doesn't have to get his mop water out of the kitchen)

- installed new curtains in the prayer room (Twanda and Mrs. Norvell)
- hung new art posters around the building (Twanda)
- repaired the cylinder wall by front door stairs
- painted the outside awning posts
- implementation of COVID-19 protocol for re-entry to the church (with help from re-entry committee)



#### Trustees Continued...

We also observed Trustee's Annual Day on Sunday July 4th. Our messenger for the day was none other than our own Chaplin, Dr. Rutherford Simmons Jr. He was introduced by his talented and comical twin sons, Nelson and Rutherford III. He challenged the congregation to examine themselves and to ask themselves if they were "high-value Christians?"

We acknowledged Bobby Golden for 21 years of employment with St. Paul and Clarence Highsmith (past President, now Emeritus) with a plaque of appreciation for his service to St. Paul and the Trustee Board. I will end this article with Haggai 1:8 which says, *Now go up into the hills, bring down timber, and rebuild my house. Then I will take pleasure in it and be honored, says the Lord.* Hats off to the Trustee Board members: David Hibbbler, Francettia Worlds, Twanda Carroll, Robert Adams, Dr. Rutherford Simmons Jr., and Robert Davenport

To God Be The Glory,

Blessings,

Trina



Two handsome young men compliment one another and the chapel exterior



New curtains help create a more private, peaceful atmosphere inside our Faith Chapel

Thank You St. Paul! Your labor has not been in vain!



New carpet and wall décor inside Faith Chapel; Written on the tiles underneath the carpet are names of many faithful St. Paul members



"I'll just hold the screen while our guest pastor delivers the sermon!"

A teacher asked the children in her Sunday School class, "If I sold my house and my car, had a big garage sale and gave all my money to the church, would I get into heaven?"

"NO!" the children all answered.

"If I cleaned the church every day, mowed the yard, and kept everything neat and tidy, would I get into heaven?"

Again, the answer was "NO!"

"Well," she continued, "then how can I get to heaven?" In the back of the room, a five-year-old boy shouted out, "You gotta be dead!"

# Welcome Back Rev. Dr. Curlee Adams & Family!



St. Paul is overjoyed to welcome back for the 9th year of ministry, Pastor Curlee and First Lady Lisa Adams.

When the Adams family first arrived at St. Paul, they were a clan of nine, including Pastor Adams always supportive mother, Mrs. Brenda Broadus. However, the past few years have taken some of them away and onto new pathways of growth and opportunity. They joined us for this wonderful and action-packed day.

During Pastor's Appreciation Sunday on July 18th, the St. Paul family showered Pastor Adams with gifts and sentiments of love and appreciation for his years of Godly leadership and outstanding example of a pastor loving his church. Mrs. Lisa Adams was celebrated by the women of the church with a basked loaded with more than a few of her favorite things. If she decides to share with her husband, they will be able to dine, shop, bathe, sip, and relax together for quite a while! We are happy in our hearts knowing that we are bound together for at least one more year as we continue doing God's work here on earth.



## And Speaking of Welcomes...

Rev. Kalif & Mrs. Brittney Crutcher welcomed

#### Layla Marie Crutcher

August 13, 2021 12:31 p.m.

7lbs 8 oz Congratulations Parents & big brother Cameron (far right)!





## Mattie E. Coleman Continues To Be Celebrated by St. Paul Missionaries

The Mattie E. Coleman Missionary Circle continues to keep the memory and purpose of its namesake alive each year in fresh and creative ways. This year, Sunday July 11th, was a festive morning of worship as St. Paul youth Matthew Doss, Maya Doss, Francettia Ford, Trinity Long (not MEC), Cameron Rayford, Lauren Simmons, Nelson Simmons, and Rutherford Simmons III lead the service. Every song, scripture, and prayer was anointed and delivered with sincerity. A highlight of the day was a dance by the MEC Dancers, "Won't He Do It" by Koryn Hawthorne. The prerecorded video didn't cooperate on that morning, but our teenage dancers didn't hesitate to rise and present the dance on the spot! The video, which was recorded prior to knowing whether or not the church would be open, also included Francettia Ford. Many thanks to the MEC Circle Leader, Judge Bertina Lampkin for the idea, and for providing the cool purple T-Shirts.

Perhaps the most inspiring part of service was witnessing Matthew Doss approach the podium with excitement and discipline to lead the congregation in, "Every Praise." Two responses to that are, "Matthew has been holding out on us"; and "Won't He Do It?!" Missionary President Autumn Evins thanked encouraged the young people and congregation to continue in service to their God and church.



L to R: Nelson, Lauren and Rutherford Simmons III perform in praise to, "Won't He Do It!"



Matthew Doss leads, "Every Praise."



L to R: Nelson Simmons, Maya Doss, Lauren Simmons, Matthew Doss, Autumn Evins, Rutherford Simmons III, J. Bertina Lampkin, Frances Evins, Yolanda Doss **Front:** Trinity Long

## St. Paul C.M.E. Church Welcomes Cambridge Classical Academy

Our church is thrilled to open its doors to a full preK-8 private elementary school Monday-Friday during

regular school and aftercare hours. Cambridge Classical Academy will begin its tenancy with an official address of 4650 S. Dearborn St. at the end of August and will occupy eight rooms on the second floor of the educational building. We are hopeful that the one year leasing agreement will turn into a longer and fruitful partnership. Let us pray that new opportunities and blessings arise for all parties involved as St. Paul ventures to enlarge its territory. Please be pa-



tient as you may notice changes during the move-in period. If you should encounter a little or big person from Cambridge school, be sure to show them some of that world-famous **St. Paul hospitality!** 

# Summertime Brings Special Visitors





Pictured with Nelson (L) and Rutherford III (R) Simmons, Rev. Helen Sinclair aka Queen Mother stopped by to worship and say good-bye on July 11th before moving with her sons to Jacksonville, FL



Our musicians greatly enjoyed jamming with drummer Ryan Sinclair, son of Rev. Sinclair during morning worship.



Former First Lady Mrs. Lucille Owens stopped by on July 11th while in town celebrating her grandson BJ's graduation



The second grandson of Rev. Dr. & Mrs. Adams was baptized on July 18th



In from Jacksonville, FL to celebrate the baptism of little Grayson Gray are Dad, Isiah and mom, Diamond



Tyree (L) and Zaniya (R) along with cousin Kadon and Mom Latoya visited their Mitchell and St. Paul family for a couple of weeks.

## REV. HELEN SINCLAIR

## "ONE OF GOD'S CHOSEN SERVANTS"

#### By Rev. Dr. Curlee Adams

"When I was hungry, you gave me something to eat, and when I was thirsty, you gave me something to drink. When I was a stranger, you welcomed me, and when I was naked, you gave me clothes to wear.

When I was sick, you took care of me, and when I was in jail, you visited me." (Matthew 25:35-36-CEV)

On July 10, 2021, one of Saint Paul CME Church's very own, Rev. Helen Sinclair celebrated her 101st Birthday. To commemorate this wonderful celebration, family, friends and community members came together and met at Jessie "Ma" Houston Park, in Chicago's Kenwood Community. They not only celebrated her birthday, they also unveiled the soon to be painted Mural of her image next to her mom, who was a Civil Rights Activist and first African American Woman allowed into the



Prison System to minister to inmates. The Park where the celebration took place is named after her mother.

For many years, Rev. Sinclair was identified as Jessie Ma Houston's daughter. However, over a short amount of time, Rev. Sinclair as well solidified herself as a Champion for those incarcerated. Rev. Sinclair made it her life's mission to not only visit and minister to those in jail, but also advocate for them before Governors, Wardens, Mayors, Prosecutors, Judges and Police. She is well known around the City of Chicago and the State of Illinois for being a voice for the voiceless.

Surrounded by family, friends and her Pastor, Rev. Sinclair stated, "I am grateful to God for giving me the energy and drive to be a blessing in this manner. I am also grateful for Bishop Dotcy I. Isom for assigning me to the Prison Ministry through the CME Church. Everyone present listened as friends shared her history and long time membership with the CME Church.

Because of recent health challenges, Rev. Sinclair will be moving to Jacksonville, Florida to live with her son. However, she reminded us that living in another state will not stop her from continuing to be a voice for God's Creation.

Thank You Mrs. Peggy Brown for donating school supplies to our children! Our families truly appreciate you!



## **Black History Corner**

ByJustice Bertina Lampkin

W.E.B. DuBois



W.E.B. DuBois (William Edward Burghardt DuBois), an American sociologist, socialist, historian, civil rights activist, Pan-Africanist, author, writer, and editor, was born in 1868 in Massachusetts. He grew up in an integrated community. His mother's family was part of the very small free black population and had long lived on land owned by the State. She was of Dutch, African, and English ancestors. His great-great grandfather was Tom Burghardt, a slave born in West Africa. Because Tom served in the Continental Army during the American Revolution that is probably how he gained his freedom. William's paternal great-grandfather was James DuBois of New York, an ethic French American who fathered several children with slave women. William's father, Alfred DuBois, migrated to the United States where he married William's mother Mary in 1867. He left her in 1870, two years

after William was born. She moved back to her parent's home in Great Barrington, Massachusetts. After a few years working to support her children, she had a stroke and died in 1885. William attended an integrated public school. As an adult he wrote about the racism that he felt as a fatherless child and as a minority in town. Teachers recognized his abilities and encouraged his intellectual pursuits and those rewarding experiences and with his academic studies, he believed that he could use his knowledge to empower African Americans. After he graduated from the town's high school, he wanted to attend college and his church raised the money for his tuition.

DuBois attended Fisk University, a historically Black college in Nashville, Tennessee from 1885-1888. To help support himself he held intermittent teaching jobs, beginning in his sophomore year. His travel to the South, was his first experience with southern racism, which at the time encompassed Jim Crow laws, bigotry, suppression of black voting and lynching, which reached a peak in the 1890's.

After receiving his bachelor's degree from Fisk, he attended Harvard College (which did not accept course credits from Fisk) from 1888 to 1890. He was strongly influenced by Professor William James, prominent in American Philosophy. DuBois paid his way through 3 years at Harvard with money from summer jobs, an inheritance, scholarships, and loans from friends. In 1890 Harvard awarded DuBois his second bachelor's degree, *cum laude*, in history. In 1891 he received a scholarship to attend the Sociology Graduate School at Harvard.

In 1892 he received a fellowship from the John F. Slater Fund for the Education of Freedom to attend the University of Berlin for graduate work. While in Berlin, he traveled extensively throughout Europe. He studied with some of the nations most prominent social scientists. Writing about his time in Germany, he stated, "I found myself on the outside of the American world, looking in. With me were white folk – students, acquaintances, teachers – who viewed the scene with me. They did not always pause to regard me as a curiosity, or something sub-human; I was just a man of the somewhat privileged student rank, with whom they were glad to meet and talk over the world; particularly, the part of the world whence I came."

After returning from Europe, DuBois completed his graduate studies. In 1895 he was the first African American to earn a Ph.D. from Harvard University.

He received several prestigious job offers, including Tuskegee Institute. He accepted a teaching job at Wilberforce University of Ohio. While at Wilberforce, DuBois was strongly influenced by Alexander Crummell, who believed that ideas and morals are necessary tools to effect social change. In May 1896, DuBois married Nina Gomer, one of his students.

In 1896 he accepted a one-year research job from the University of Pennsylvania. There he performed sociological field research in Philadelphia's African American neighborhoods.

In 1899, while he was teaching at Atlanta University, he published "The Philadelphia Negro," the first case study of a black community in the United States.

#### ...W.E.B. DuBois Continued

In the 1890's Philadelphia Black neighborhoods had a negative reputation in terms of crimes, poverty, and mortality. DuBois's book undermined the stereotypes of blacks with empirical evidence and shaped his approach to segregation and its negative impact on black lives and reputations. His studies helped him to realize that racial integration was the key to democratic equality in American cities.

The methodology he used in "The Philadelphia Negro" in describing and mapping of social characteristics on the neighborhood areas became the forerunner to the studies under the Chicago School of Sociology.

While taking part in the American Negro Academy, DuBois presented a paper in which he rejected Frederick Douglass' plea for Black Americans to integrate into white society.

He wrote: "We are Negroes, members of a vast historic race that from the very dawn of creation has slept, but half awakening in the dark forests of its African fatherland."

In 1897 DuBois published "Strivings of the Negro People," in which he enlarged upon his thesis that African Americans should embrace their African heritage while contributing to American Society.

This, my brothers and sisters, is the first installment of DuBois. More next month. (Exerted from Wikipedia.)



Your temperature will be taken upon entry to the church every Sunday. Masks must be worn at all times unless socially distanced in the choir stand or with same household family.



Anyone can join 11 a.m. worship virtually on Sundays by us-

ing our Zoom link. Services are also recorded for viewing on YouTube. For easy access, visit our website: stpaulcme-chi.com



Bible Study is still virtual on Wednesdays at 6:30 p.m. It has been on hiatus for the month of August.



**Cambridge Classical Academy** will occupy several parking spots inside the fence on the south end of the building. Increased traffic will be noticed as school begins with drop-off and pick-up of students.

First Sunday Communion is done safely using individual celebration cups.

You may also pick up your cups for at-home/virtual communion by calling the church.



## St. Paul Star of The Month



Say Hello to the August Star, Jeffrey Owens! If you don't ask him a question, you may not even know this month's star is in the room. Brother Owens feels no need to make a lot of noise. His method is to handle his business, respond to questions, sneak in a few jests, and keep it moving. Of course his wife Kimberly says that the *real* Jeff makes a lot more noise at home, and is a comedian all of the the time. Of course, he is very well-behaved around his St. Paul family.

Brother Jeff as many around church call him, is responsible for things

that most folks aren't aware of. We were blessed several years ago with a multitude of novelty kitchen equipment and office furniture that we will be able to use for years to come. When the opportunity arose through his place of employment, Bro. Jeff made sure his church was the beneficiary of what was available.

Favorite scripture: Lord, how many are my foes! How many rise up against me! Many are saying of me, "God will not deliver him." But you, Lord, are a shield around me, my glory, the One who lifts my head high. I call out to the Lord, and he answers me from his holy mountain. ~Psalm 3

Did you know that the well manicured lawn at St. Paul is not kept by a professional lawn service? Bro. Jeff is the man! Usually finely dressed from head to toe, landscape time is one of the only times you may get a peek at him looking less than GQ.

This November baby, born in Decatur, Alabama is one of eight siblings. He is a husband, and father to Jasmine, Kyla, and Jeffrey (BJ). Bro. Jeff came to St. Paul in 1983 along with his siblings and his parents, the late Rev. Dr. W. Nathaniel and Mrs. Lucille Owens. He is a member of the Steward Bd and an integral part of St. Paul's technology team. His expertise in management and computer technology have been an integral part of the church being able to upgrade its systems, and continue to deliver service to those who are virtual. Bro. Jeff has a giving heart and supports his church financially in various ways and ministries. Give this month's star a big thumbs up next time you encounter him!

Favorite Foods: orange chicken with noodles, squash

Hobbies: relaxing, lawn care, listening to jazz

**Favorite St. Paul Memory:** when he, Tellis, and some other guys would do dance steps singing in the D.I. Isom Choir







Nelson Henry Simmons from Southwest Chicago Christian School with High Honors American Legion Award Will attend Lincoln Park H.S. Drama Major Program



Rutherford B.H. Simmons III from Southwest Chicago Christian School with Honors Will attend Lincoln Park H.S.

Music Major Program

Ryan Neely from Learn Charter Hunter Perkins School with Honors Will Attend Mother McAuley H.S.



Gabrielle Davenport from Butler College Prep with High Honors Will attend Northern Illinois University Majoring in Nursing



Jeffrey D. Owens from Thornwood H.S. with Honors Will attend Chicago State University Majoring in Secondary Mathematics Education



Raymond Navarro Hamb III from Lane College BA Communication Arts





Autumn Evins From Drake University Bachelors of Arts Law, Politics, and Society

Malachi Lamont Adams from Oakton Community College Associates of Arts Will attend Tiffin University - Ohio



Nelson Simmons is a 9th grader at Lincoln Park High School. He is a professional actor and enjoys riding his bike, You Tube videos, inventing and cooking new recipes, and traveling.

Elizabeth Johnson Encouragement Grant Essay

## "How I Apply The Fruit of The Spirit In My Everyday Life"

Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness, and Self-Control. These are all attributes we as Christians should be using in our day to day lives.

Love, Joy, and Peace; These traits fit together perfectly. You need to have Love to have Joy, and Joy to have Peace. Love in my life may look like shoveling someone's driveway, and helping some of my classmates with their homework. Showing Love to others brings me a multitude of Joy. Joy is a great thing to have because it signifies a state of happiness. I can share my Joy with others by telling a joke to someone who's feeling sad, inviting friends to hang out, or just having a fun conversation with a peer. To me, Peace is being content with what you have and knowing that God will make a way. There are many kinds of Peace; spiritual Peace, physical Peace, mental Peace, financial Peace, and many more examples. Peace may be a very hard characteristic to master for some people. When I am in a rough spot, I just look to God and say, "God, I trust you. it's in your hands now. I know that you will get me through this." This gives me a sense of Peace.

Patience, Kindness, and Goodness are all influential things in our Christian lives. Patience is a very critical habit to obtain during this time. Because of COVID-19, I have had to have a lot of patience with others. I have implemented Patience into my life by not complaining when my teachers couldn't quite understand the new technology. I have also had to have patience with myself because of the new system my school is using. I have also had to be Kind with my friends, classmates, and family. One of my teachers was having a very hard time with setting up the online classes. But instead of grunting, huffing, or complaining, I was kind and tried to help him with some of the problems. To me, Goodness is having a willing spirit to help and to do good for others. Recently, my brother tore his hip-flexor and I had to help him with certain things. Even though some of those things may have been a little extra work, I still was a Good brother and helped him because of his injury.

Faithfulness, Gentleness, and Self-Control are all things that we need to sustain a spiritually healthy life. Faithfulness, on the surface may seem easy to have, but deeper, it has more meaning. As Christians, we will 100% doubt our Faith, but that's okay because Faith was born from doubt. When I doubt my Faith, I just remember Scripture and pray. Gentleness is an attribute that everybody needs. If we are angry, we can't take our frustration out on others, we need to be gentle with them. Self-Control is also a big part of our lives. If we are aggravated with others, we need to discipline ourselves and Control our anger. It may be hard, but it will be worth it. Christianity comes with challenges, but if we have these fruits, we'll be alright.



# **Recipe Of The Month**

# Spicy Corn Garden Salsa

Submitted by Nelson Simmons

## What You'll Need:

1 spicy jalapeño	
1small ear of corn	
2 roma tomatos diced	

Garlic salt Black pepper Mexican oregano Fresh white onion diced

## Now The Question Is: How spicy do you like it?

Cut the kernels from the ear of corn and begin to sauté in the olive oil. Add the diced onion and jalapeño. About four slices diced will heat up your senses; more than that will set your mouth on fire. Begin to sauté, and add 2-3 shakes each of garlic salt and Mexican oregano, and 1 good shake of pepper. Add the tomato last.

Continue to sauté for 5—7 min until tender and well blended. Dish into a salsa dish or decorative bowl. Serve and enjoy over tacos or nacho chips.





